

Starting the season List

- □ Your team has been picked! Let the work begin!
- Writing your season plan. Please refer to the following .pdf and contact the Director of Development for a template: <u>Dev1 Season Plan.pdf (hockeyeasternontario.ca)</u>
- □ Planning for a team-parent meeting. Which will include:

Note: Check with the parents to establish a date for the meeting as soon as possible.

1. The coaching philosophy is shared, questions about the coming hockey season (Share and reference the season plan) are answered, or postponed to a later date after facts can be checked.

2. Lineup the team's volunteers. (Assistant Coaches, On-ice helpers, Manager, Trainer (preferably female)Den Moms, Treasurer, Time Keepers for Home games, Fundraising...etc)

3. Discuss tournaments. They should be identified in the season plan.

4. Discuss team rules and discipline. 24 hour rule. Equal ice (House league) vs Fair ice (Competitive).

5. Do not adjourn the meeting until you have all the volunteers necessary.

- Documents required by the association or league should be signed and returned preferably at the team meeting if the manager is already in place or as soon as possible so the team can hit the ice.
- Work with the manager—booking exhibition games, choosing from available practice times, and ensuring all of these, again, fit into the team budget and don't interfere with tournament dates.
- □ Work with the Treasurer to come up with a draft budget for the parents to sign off on based on the season plan. Also arrange to get the team bank account open as soon as possible.
- □ Write practice plan for your first practice and distribute to your Coaching staff with enough lead time so it can be reviewed.
- **Equipment list: Team attire (Jacket, pants, Skates, Gloves, Stick and Helmet).**
 - 1. Ensure the Trainer has a proper trainer first aid kit.
 - 2. a whistle
 - 3. coaching board
 - 4. dry erase markers
 - 5. pucks
 - 6. a puck bag
 - 7. pylons/markers
 - 8. in some cases practice jerseys.