

# Athlete's Code of Conduct

**Athletes: (PLEASE READ CAREFULLY AND SIGN)**

**PREAMBLE:** The Grande Prairie Synquatics Synchronized swim club is dedicated to providing an athlete centered sport environment in which all individuals are treated with respect. As an athlete representing The Grande Prairie Synquatics, you are expected to conduct yourselves in a manner consistent with these ideals and values. This Code of Conduct identifies the standards of behavior that is expected of all athletes of the Grande Prairie Synquatics. You are responsible and accountable for your behavior and appearance at all times.

After reading the Rules of Synchro Alberta Members Code of Conduct, We agree to comply with them.

**Specifically, I/we also agree to the following:**

1. Use of alcohol, cigarettes or illegal drugs will not be tolerated. Check all medications to ensure they are not on the list of banned substances. Random drug testing may occur at any event. If in doubt, check with your coach.
2. Good sportsmanship at all times is required.
3. Coarse language or rude behavior will not be tolerated at any time.
4. No angry outbursts or disorderly behavior at practices or meets.
5. Be courteous to your fellow athletes/swimmers and other patrons of hotels, restaurants and public places.
6. Refrain from any and all negative discussion regarding the performance and behavior of all athletes, coaches and officials at all times.
7. No form of abuse (physical, mental or verbal) of athletes, coaches, parents, and officials will be tolerated at any time.
8. Appropriate clothing will be worn at all times while at the pool during competitions.
9. Directions from coaches and team parents are to be followed in a prompt and quiet manner.
10. Hotel/motel rooms will be kept neat and in such condition that will not impede the capability of the housekeeping staff to perform their duties.
11. Be aware of the CASSA anti-harassment policy and CASSA disciplinary policy. Copies of these policies can be found at Synchro Canada's Website. <http://www.synchro.ca>

**Swimmers Name (please print):** \_\_\_\_\_

**Swimmers Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Coach's Name (please print):** \_\_\_\_\_

**Coach's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please Note-** Violation of this Code of Conduct will result in appropriate disciplinary action by the Grande Prairie Synquatics Executive.