

PITCH COUNTS

PROVINCIAL LEAGUE PLAY

REST DAY(S)	11U	13U	15U	18U
0	1-20	1-25	1-30	1-30
1	21-30	26-35	31-40	31-44
2	31-44	36-54	41-59	45-64
3	45-54	55-64	60-74	65-79
4	55-70	65-80	75-90	80-100
MAX	70	80	90	100

PROVINCIAL LEAGUE CHAMPIONSHIP PLAY

REST DAY(S)	11U	13U	15U	18U
0	1-25	1-30	1-35	1-40
1	26-40	31-45	36-50	41-55
2	41-55	46-60	51-65	56-70
3	56-65	61-75	66-80	71-85
4	66-75	76-85	81-95	86-105
MAX	75	85	95	105

MAXIMUM PITCHES OVER 4 DAYS

MAX	115	120	135	150
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