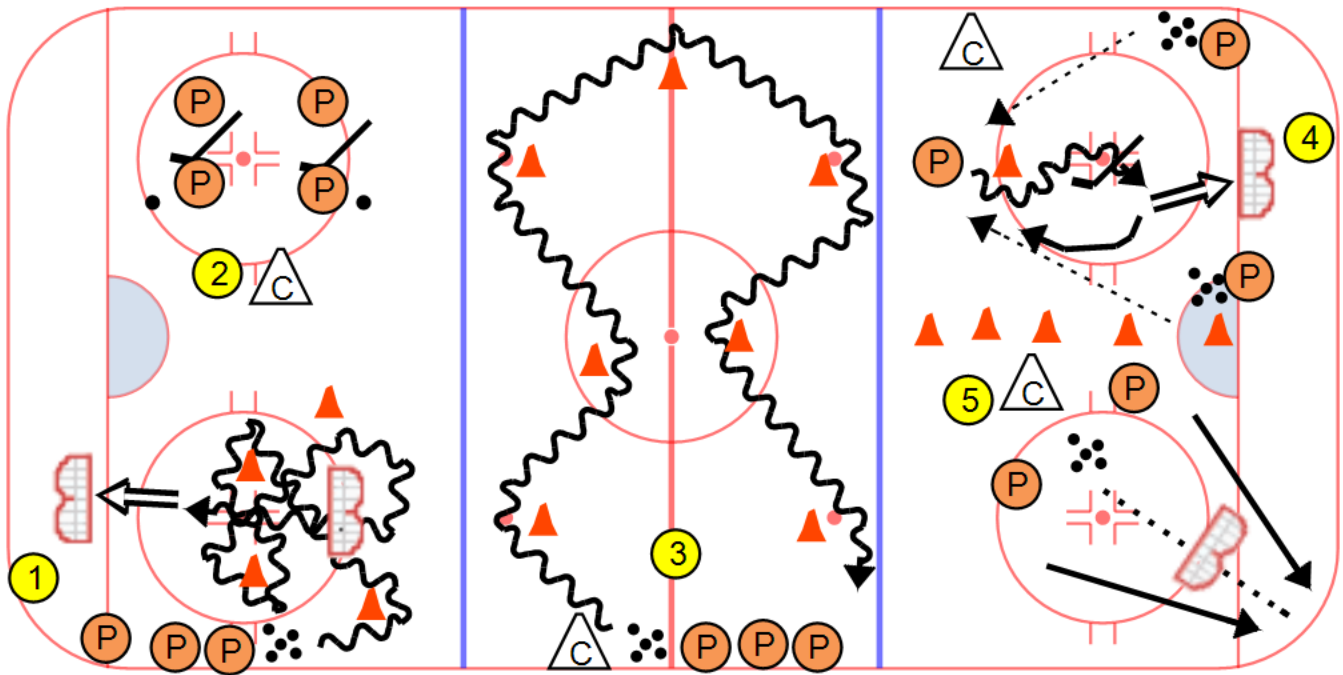


Category #1 : COACHING MANUAL

Title : CIRCUIT WITH PUCKS

Category #2 : PUCK CIRCUIT

Content elements : Components:



Key points : QUICK FEEDBACK CREATIVITY PUCK CONTROL SCORING

Description

STATION 1: CREATIVITY WITH A PUCK
STATION 2: ATTACK TRIANGLE PASSING
STATION 3: PUCK CONTROL TURNS, 360S, INSIDE AROUND AND STOPS
STATION 4: TIGHT AREA CREATE SPACE AND SHOOT X2
STATION 5: COMPETITION 1 VS 1 CREATIVITY