



# 3X3 HOUSE LEAGUE

## ***POLICY GUIDELINES***

Version V1.1 - Revised Jan 28, 2023

### **1. FACILITIES**

- 1.1. Facilities can be indoor or outdoor provided that the surfaces meet the requirements of Rule 2.3 PLAYING SURFACE.
- 1.2. Community Centre Clubs do not require their own dedicated facilities to roster teams. Community Centre Clubs can roster teams with or without their own facilities.
- 1.3. Two weeks prior to start of regular scheduled games, Community Centre Clubs shall provide a list of facility availability for scheduling of games. In the event a Community Centre Clubs has no facilities or no availability, they will be assigned home games at a neighboring facility.
- 1.4. Playing surface shall include markings for goal creases and faceoff circles as outlined in Rule 2.3 PLAYING SURFACE.

### **2. REGISTRATION**

- 2.1. Registration fees will be revisited annually. The fees will be developed by the VP of the House League in conjunction with the Community Centre Club Representatives and approved by the Gryphons Lacrosse Board.
- 2.2. Registration fees shall be approved no less than 3 weeks prior to opening of registration. If new registration fees are not approved before the deadline, registration fees will remain the same as the previous year.
- 2.3. Registration fees shall include costs for preseason development camp, games, balls, Gryphons Lacrosse Zone Fees, Manitoba Lacrosse Association fees, coach onboarding and Community Centre Club fees. Registration fees shall not include additional practices, tournaments, and any other team costs.
- 2.4. Clubs shall open registration at the same time as their other spring sports.

### **3. PRESEASON DEVELOPMENT CAMP**

- 3.1. Prior to start of regular season play, each team shall hold approximately four preseason development sessions for the purpose of discovery and development of lacrosse.
- 3.2. Due to limited facility availability during preseason at the onset of spring, preseason practices will be held indoor and combined with other clubs. Community Centre Clubs shall work together.

### **4. TEAM ROSTERS**

- 4.1. Community Centre Clubs teams will only be rostered at the 5 & 6 and 7 & 8 ages. All older ages will register directly through Gryphons Lacrosse.
- 4.2. Teams must be declared no less than 2 weeks prior to start of regular scheduled games.
- 4.3. Team rosters shall have a minimum of 6 players and no more than 9 players.
- 4.4. Call ups of associate players will not normally be permitted. Approval for call ups must be approved by the VP of the House League in writing.

### **5. COACH REQUIREMENTS**

- 5.1. Coaches are required to meet the onboarding requirements outlined by the Manitoba Lacrosse Association, including code of conduct, training requirements, respect in sport, and background checks.
- 5.2. Understanding that there are limited qualified lacrosse coaches in the province, Gryphons Lacrosse Zone in conjunction with the Manitoba Lacrosse Association will put on dedicated training session for new parent coaches. The training session will be mandatory and will be scheduled around the start of the start of regular scheduled games.



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### **6. JERSEYS**

- 6.1. Community Centre Clubs shall provide their own jerseys.
- 6.2. Eight weeks prior to start of regular scheduled games, Community Centre Clubs shall declare their team colors. In event of a colour conflict, Community Centre Clubs will be required to supply a set of both light and dark jerseys.
- 6.3. Hockey jerseys are permitted, provided they are made of light weight material and breathable.
- 6.4. Jerseys must be uniquely numbered, and numbers can be one to three digits in length.
- 6.5. Name bars are not permitted.

### **7. GOALS AND BALLS**

- 7.1. Goals will be supplied by the Gryphons Lacrosse Zone in conjunction with Manitoba Lacrosse Association. Community Centre Clubs will be responsible for maintenance, loss and repair.
- 7.2. Community Centre Clubs can opt to supply their own goals, provided that the goals meet the requirements of Rule 3. GOALS.
- 7.3. Balls will be provided by the Gryphons Lacrosse Zone and charged back to the Community Centre Clubs.

# Community Centre Zone Map



Oakbank



<http://www.gryphonslacrosse.com/>