

# CODE OF CONDUCT

## RRLA YOUTH LACROSSE LEAGUE CODE OF CONDUCT

### RRLA Rules of Conduct and Disciplinary Action

For those involved in the RRLA programs as an official, parent, coach, or player, a code of conduct is mandatory. The RRLA supports good sportsmanship and fair play. Each RRLA coach or site supervisor will be totally responsible for the conduct of himself or herself, their players and their respective spectators. Absolutely no abusive or vulgar language will be tolerated and could result in team penalties. Un-sportsmanlike conduct or disrespect towards the referees will not be tolerated. Both players and coaches will refrain at all times, from abusive and unwarranted behaviour.

### Conduct of Respect:

It is essential that Coaches, Players and League officials show respect to each other at all times on and off the floor.

### Parent Conduct:

It is imperative that parents, at all times, conduct themselves in a proper manner. No swearing or harassment will be permitted. In the event conduct is not acceptable, the Board of Directors will take disciplinary action which may include suspension from the program.

No coach or spectator shall at any time use signs, gestures, degrading personal comments, or any act, which will reflect unfavourably upon opposing coaches, players or spectators.

The RRLA encourages and requires good sportsmanship and respect from all its participants. The RRLA will enforce this policy to the maximum.

## GOOD SPORTSMANSHIP/ CODES OF CONDUCT

### Coaches' code:

- Enthusiastically supports and practices "Everyone plays". Extends positive coaching philosophies of the RRLA, all participants will be rewarded for the time and effort they put into their team
- Be reasonable in your demands on the young players' time, energy, enthusiasm and their performance on the field of play
- Impress on your players that they must abide by the rules of the game at all times
- Develop team respect for the ability of team mates and opponents, and for the judgment of referees and opposing coaches
- Ensure that your players' experience is one of fun and enjoyment (winning is only part of it). Players should never be yelled at or ridiculed for making mistakes or losing a game. This includes team management and teammates.
- Set a good example and be generous with your praise when it is deserved. Children need a coach that they can respect.
- Keep informed about sound principles of coaching, growth and development principles relating to children.
- Enlist the support of your team's parents in your efforts to develop the proper attitudes and values in the players.
- The coaching staff is responsible for the distribution of the ``Code of Conduct`` to the players or their parents plus the collection of the signed forms – to be returned to their respective Zone Executive Prior to the first season game.
- You will not allow a player to participate in team activities until they have returned a signed ``Code of Conduct``
- You will remove a player from competition if they or their parents have breached the ``Code of Conduct``

### Referee's Code:

- Always remember the game is for the players. Player safety and fair play come first.
- Study and learn the rules of the game and understand the "spirit" of the rules. Help fellow referees to do the same.
- Respect other referees and their decisions, and do not publicly criticize another official.
- Wear the proper uniform and keep it in good condition.
- Maintain good physical condition so you can keep up with the action.
- Honour accepted game assignments. In an emergency, find a qualified replacement.
- Support good sportsmanship with a kind word to the players, coaches and parents of both teams when deserved.
- Always be fair and impartial, avoiding conflicts of interest. Decisions based on personal bias are dishonest and unacceptable.
- Help all participants understand the rules of Lacrosse – be open to helping Coaches and Players in this regard

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## Parents Code:

- Do not force an unwilling child to participate in sports.
- Remember that children are involved in organized sports for their enjoyment, not yours.
- Teach your child that hard work and an honest effort are often more important than a victory.
- Help your child work toward skill improvement and good sportsmanship in every game. Your child will then be a winner, even in defeat.
- Do not ridicule your child for making a mistake or losing a game.
- Set a good example. Children learn best by good examples.
- Applaud good plays by your team and by members of the opposing team.
- Do not publicly question referee judgment.
- Recognize the value and importance of volunteer coaches, referees, and officials and give them their due respect. Without them, there would not be the RRLA.
- Support all efforts to remove verbal and physical abuse from youth sporting activities.
- Be aware any bad behaviour on your part will affect your child's participation in any RRLA activities

## Player's Code:

- Play for the fun of it, not just to please your parents or coach.
- Play by the rules.
- Never argue with or complain about the referee calls or decisions.
- Control your temper and most of all, resist the temptation to retaliate when you feel you have been wronged.
- Concentrate on playing lacrosse and effecting the outcome of the game with your best effort.
- Be a good sport by cheering all good plays, whether it is your team or your opponent's.
- Remember that the goals of the game are to have fun, improve skills and feel good. Don't be a "show-off".
- Cooperate with your coaches, teammates, opponents and referees.
- Understand that any bad behaviour will result in limiting your participation in team activities – including games & practices

Having read the above rules of conduct, I sign and date this contract as a written acceptance, and I agree to abide with all that is stated herein. I understand that by failing to follow this contract, I can be removed from the team and sent home.

**Participant or Official's Name** (print) \_\_\_\_\_

**Participant's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## PARENT/GUARDIAN AGREEMENT (required for participants under 18 years of age)

I have read the enclosed rules of conduct and I agree to support my child's following of this contract. I understand that by failing to follow this contract, my child can be removed from the team and sent home. I also understand that any bad behaviour on my part will lead to my removal from my child's game and could lead to further sanctions.

**PARENT/GUARDIAN Name** (print) \_\_\_\_\_

**PARENT/GUARDIAN Sign** \_\_\_\_\_ **Date:** \_\_\_\_\_

**PARENT/GUARDIAN Name** (print) \_\_\_\_\_

**PARENT/GUARDIAN Sign** \_\_\_\_\_ **Date:** \_\_\_\_\_