

**HGHA AWARD APPLICATION**

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| **AWARD** | Esso Medals |
| **Due Date:** | March 14, 2025 |
| **Submit To:** |  | scholarship@rivercats.ca |
| **Eligibility:** | These medals recognize excellence in HGHA |
| **Who Can Nominate:** | Head Coach will select winners. |
| **Criteria:** | Most DedicatedMost ImprovedMost Team Spirit |
| **Application Submitted by:** |  |
| **Criteria:** |  |
| None needed. Each team will have 1 winner for each medal. |
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