**⚾ 5U - Baseball Fun Day Schedule**

**Meet at area by park and a volunteer will take you to the marked station**

**🕚 Time:** 11:00 AM – 1:00 PM
**👥 Teams:** 10 Teams
**📍Stations:** 10 Total (1 per team per round)
**⏱️ Rotation Time:** Every 12 minutes
**🔁 Total Rotations:** 10 (all teams visit all stations)

Teams will start at below locations then move to the next

**⏰ Rotations**

| **Rotation** | **Time** |
| --- | --- |
| 1 | 11:00 – 11:12 |
|  2 | 11:12 – 11:24 |
| 3 | 11:24 – 11:36 |
| 4 | 11:36 – 11:48 |
| 5 | 11:48 – 12:00 |
| 6 | 12:00 – 12:12 |
| 7 | 12:12 – 12:24 |
| 8 | 12:24 – 12:36 |
| 9 | 12:36 – 12:48 |
| 10 | 12:48 – 1:00 |
| Station Schedule- Will start then move to the next1. Athletics
2. Blue jays
3. Dodgers
4. Orioles
5. Phillies
6. Pirates
7. Red sox

8. Rockies1. Royals
2. Yankees
 |  |

**🧩 Station Ideas (Fun + Skill-Based Mix)**

| **#** | **Station Name** | **Description** |
| --- | --- | --- |
| 1 | **Home Run Derby** | Hit off a tee or soft toss—try to clear a cone-marked “fence” |
| 2 | **Base Running Relay** | Timed base running with fun twists (e.g., backward 2nd base) |
| 3 | **Target Throw** | Throw balls at bullseye targets (points per ring hit) |
| 4 | **Pop Fly Catch** | Players catch fly balls launched from a machine or coach |
| 5 | **Batting Accuracy** | Hit into zones for points (e.g., cones or hoops in the field) |
| 6 | **Pitching Challenge** | Throw into strike zone target or knock over cans |
| 7 | **Obstacle Course** | Include cones, ladders, hurdles, and end with a base slide |
| 8 | **Wiffle Ball Game** | 3-on-3 mini wiffle ball game with fast innings |
| 9 | **Glove Flip Relay** | Fielding and glove toss accuracy competition |

10 **Baseball Charades** Act out items in hat

Stations will be set up and Volunteers will be around – Coaches to assist