



January 10<sup>th</sup>, 2020

## **DROP IN NOVICE SKILLS DEVELOPMENT SESSIONS WITH 200 HOCKEY**

The North West Zone Hockey Development group is pleased to announce that for the 2019-20 hockey season, the Hawks Athletic Club and the Whitemud West Hockey Association have joined forces. Our goal is to bring the players in both clubs development sessions with high value and flexibility for families that have a variable schedule yet want the ability to continue with supplemental skills development for their players and goaltenders.

200 HOCKEY is an elite hockey development/training concept to help hockey players improve their skills, mental preparedness, fitness and over all game play. 200 HOCKEY's primary goal is to develop/train hockey players to better understand the 200ft game while achieving their true potential. Along with being a skills coach for several WHL, NCAA and NHL players Wade has won a WHL championship with the Kootenay Ice and a CIS championship with Alberta Golden Bears. For more information on 200 HOCKEY visit their website – [200 HOCKEY](#)

This development program will be open to our Novice age category exclusively:

Cost: \$25 per session  
Arena: Oliver Arena 10335 – 119 Street  
Dates and times listed below

Register for a single day session online now by clicking on the registration link specific to the date you desire below. Full payment of \$25 must be completed at the time of registration and we will not offer refunds for this program. We are accepting a maximum of 5 registrants per session.

The following Tuesdays will make up the schedule:

[Jan 14](#) – 6:15 pm  
[Jan 21](#) – 6:15 pm  
[Jan 28](#) – 6:15 pm  
[Feb 04](#) – 6:15 pm

The following Thursdays will make up the schedule:

[Jan 16](#) – 6:15 pm  
[Jan 23](#) – 5:00 pm  
[Jan 30](#) – 5:00 pm  
[Feb 6](#) – 5:00 pm

If you have any questions please feel free to contact Don McArthur, VP Evaluations, Tiering & Development at [vpevaluations@hawksathletics.ca](mailto:vpevaluations@hawksathletics.ca).