



December 3, 2019

## **DROP IN TUESDAYS PEEWEE SHOOTING, STICK HANDLING, PASSING AND SKILLS DEVELOPMENT SESSIONS WITH BLAIR BECKER - CORE HOCKEY**

The North West Zone Hockey Development group is pleased to announce that for the 2019-20 hockey season, the Hawks Athletic Club and the Whitemud West Hockey Association have joined forces. Our goal is to bring the players in both club's development sessions with high value and flexibility for families that have a variable schedule yet want the ability to continue with supplemental skills development for their players and goaltenders.

What is Core Hockey?

Story behind the logo:

Gold Color: The color of Gold represents the standard of "Excellence". The expectation at Core Hockey Training, is we will provide a Gold winning performance in every session. "Excellence" is what we will achieve with each player, leaving them with more knowledge and a passion to improve their Core Skills!

The Meaning of the 'C': It stands for what we believe in, Character, Commitment and Courage. These three traits are vital for a player to improve their Core skills. The player must have the character to know he/she can always improve his skills no matter how good they might be at the time. They must be committed to practicing and understanding the importance of proper technique. The player must have the Courage to know they will make mistakes (and if they stay positive and focus, their skills will be better every day! For more information on Core Hockey please visit their website at [www.corehockeytraining.com](http://www.corehockeytraining.com)

This development program will be open to our Pee wee age category exclusively:

Cost: \$25 per session

Arena: Oliver Arena 10335 – 119 Street

Days: Tuesdays starting December 10th

Time: 6:15pm – 7:15pm

Max Registrants: 5

Register for a single day session online now by clicking on the registration link specific to the date you desire below. Full payment of \$25 must be completed at the time of registration and we will not offer refunds for this program. We are accepting a maximum of five (5) registrants per session.

The following Tuesdays will make up the schedule:

[December 10 Shooting & Stick handling 6:15pm – 7:15 pm](#)

[December 17 Skill Development & Passing 6:15pm – 7:15pm](#)

If you have any questions please feel free to contact Don McArthur, VP Evaluations, Tiering & Development at [vpevaluations@hawksathletics.ca](mailto:vpevaluations@hawksathletics.ca).