

Highland Soccer League - Under 9 Jamborees

Soccer Clubs in the Highland region organize a number of one-day jamborees over the summer for Under 9 teams from each club. Clubs can send as many teams as they choose, separate teams for boys and girls where possible.

Jamborees are usually hosted by 4 of the Highland clubs – Guysborough United (Guysborough), Antigonish Celtics (Antigonish), Northen Nova United (Stellarton), and CC Riders (Truro).

Each host club is responsible for organizing the jamboree (schedules, fields, officials, etc.), and all attending clubs are expected to let the host club (at least a week in advance if possible) know in advance how many teams they will be sending.

Jamborees will follow these guidelines as closely as possible:

- Field Size – 30 x 35 Yards
- Goal Size – 5 x 8 or similar
- Play – 4 v 4 and a goalie (total of 5)
- Game duration – 25 mins (2-4 min half time)
- Minimum of 3 games per team

These are similar to the Soccer NS Grassroots Guidelines that are shown below:

CRITERIA	U8-U9	CRITERIA	U8-U9
Match format (maximum)	4v4 (no GK) or 5v5 (with GK)	Offside	No
Coaching qualification	Fundamentals + MED + RiS + Making Headway + EAP	Retreat line	Yes (halfway line)
Maximum match duration	40 minutes	Substitutions	Unlimited (any stoppage or on the fly)
Maximum match time per player per day	60 minutes	Season or block length (indoor/outdoor)	6-22 weeks
Minimum rest time between matches	Duration of one [1] match	Team travel time	Under 60 minutes each way
Maximum goal size	5ft [1.52m] x 8ft [2.44m]	Playing time (players encouraged to try all positions)	Fair playing time for all players
Field size	Width: 25-30m Length: 30-36m	Player-to-coach ratio	Ideal: 8:1 Maximum: 10:1 (5v5)
Ball size	3 or 4 (or 4 super light)	Practice-to-match ratio	1:1 or 2:1
Number of memorable events (maximum)	Two [2] per year	Structured practice duration	45-60 minutes
Referee or Game Leader	Game Leader or Referee	Match day roster guidelines (game day only)	Ideal: 8 players
Restarts from Sidelines	Pass in or dribble in	Match day format	Festival format
		Number of match days (Festival or league play) per week	One [1]