## **Highland Under 9 Jamborees**

Soccer Clubs in the Highland region organize a number of one-day jamborees over the summer for Under 9 teams from each club. Clubs can send as many teams as they choose, separate teams for boys and girls where possible.

Jamborees are usually hosted by 4 of the Highland clubs – Guysborough United (Guysborough), Antigonish Celtics (Antigonish), Northen Nova United (Stellarton), and CC Riders (Truro).

Each host club is responsible for organizing the jamboree (schedules, fields, officials, etc.), and all attending clubs are expected to let the host club (at least a week in advance if possible) know in advance how many teams they will be sending.

For 2023 the dates and location for jamborees are:

- June 17 Antigonish
- July 8 Stellarton
- July 22 Guysborough
- August 19 Truro

Jamborees will follow these guidelines as closely as possible:

- Field Size 30 x 35 Yards
- Goal Size 5 x 8 or similar
- Play 4v4 and a goalie (total of 5)
- Game duration 25 mins (2-4 min half time)
- Minimum of 3 games per team

These are similar to the Soccer NS Grassroots Guidelines that are shown below:

CRITERIA	U8-U9	CRITERIA	U8-U9
Match format (maximum)	4v4 (no GK) or 5v5 (with GK)	Offside	No
Coaching qualification	Fundamentals + MED + RiS	Retreat line	Yes (halfway line)
Maximum match duration	+ Making Headway + EAP 40 minutes	Substitutions	Unlimited (any stoppage or on the fly)
Maximum match time		Season or block length [indoor/outdoor]	6-22 weeks
per player per day	60 minutes	Team travel time	Under 60 minutes each way
Minimum rest time between matches	Duration of one (1) match	Playing time (players encouraged to	Fair playing time for all players
Maximum goal size	5ft [1.52m] x 8ft [2.44m]	try all positions)	
		Player-to-coach ratio	Ideal: 8:1 Maximum: 10:1 (5v5)
Field size	Width: 25-30m Length: 30-36m	Practice-to-match ratio	1:1 or 2:1
-		Structured practice duration	45-60 minutes
Ball size	3 or 4 (or 4 super light)	Match day roster guidelines (game day only)	Ideal: 8 players
Number of memorable events (maximum)	Two (2) per year	Match day format	Festival format
Referee or Game Leader	Game Leader or Referee	Number of match days (Festival or league play) per week	One [1]
Restarts from Sidelines	Pass in or dribble in	permeen	•