



HIGH RIVER LACROSSE ASSOCIATION
Player Commitment & Code of Conduct
(PLEASE REVIEW THIS DOCUMENT VERY CAREFULLY)

General Conduct:

- Have Fun!!! Lacrosse is one of the greatest team sports there is. Enjoy it, promote it and respect it!!
- Arrive on time to practice with all appropriate equipment including a mouth guard and water
- Attend all practices and games, except in the case of sickness or essential family commitments. If I am unable to attend a practice or game, I will make every effort to advise the coaches at least 24 hours in advance where possible.
- Be respectful of others at all times and will display appropriate sportsmanship to my teammates, coaches, game officials and parent volunteers.
- To respect the integrity and judgment of coaches and officials at all times.
- To refrain from displaying any inappropriate behavior including the use of any type or form of profanity, vulgarity and obscene gestures towards any volunteer, team member or league representative
- Not use any types illegal or performance enhancing drugs.
- Report any injuries to the coaching staff and to seek medical treatment when required or advised by the coaching staff. I understand that if I leave practice or a game with a potential injury that I must have permission by a parent/guardian or medical professional before re joining the team. Concussion related injuries must be accompanied by physician's note and players must be cleared by the coaching staff or team trainer before returning to play.

Athlete's Acknowledgement:

I _____ as the participating athlete have reviewed and carefully read, with my parent(s) / legal guardian the High River Lacrosse Association Code of Conduct. I agree to abide to all provisions contained within this document. Furthermore, I understand that a violation of any of the team rules may result in disciplinary action and this action may result in suspension from participation.

Athlete's Signature: _____

Please Print Name: _____

Date: _____

Parents Acknowledgement

I/We _____ as the parent(s) / legal guardian(s) of the above player have read the Player's Commitment and Code of Conduct. I understand that this document is not able to cover every potential situation that may occur and is intended to review a few basic points. I understand that any matters that may arise that are not reviewed in this document will be managed solely and as deemed necessary by the High River Lacrosse Association. I give my child permission to participate under these conditions and agree to do my best in seeing that they follow said rules and regulations. Furthermore, I understand that a violation of said rules may result in disciplinary action against my child and this action may result in suspension from participation.

Parent Signature: _____

Please Print: _____