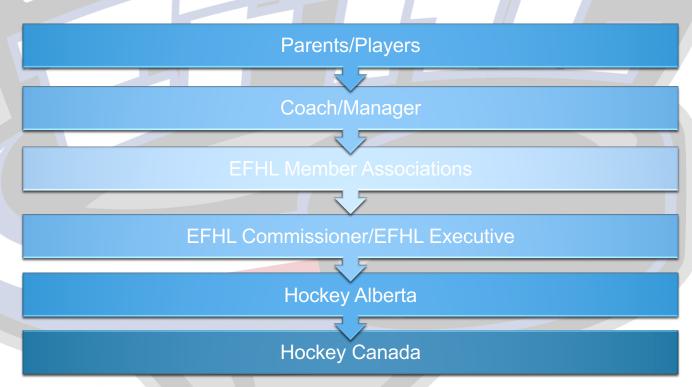


Administration, Registration and Ice



EDERHIUM HORSE CENTRAL COMMUNICATION Hierarchy





Guidelines of Play

EFHL League Play

2021-22

		EFHL Season Leauge Games
Community Tiere	d Hockey	1/2
Division	Games*	
U9 (NOVICE)	18	
U11 (ATOM) Tier 1-2	24	
U11 (ATOM) Tier 3-6	18	
U13 (PEEWEE 1 to 6)	20	
U15 (BANTAM)	20	
U18 (MIDGET)	20	

*Games - exclusive of QEMHW and Playoffs

	Game	Lengths and F	orm	nats		
Division	Category	Length		For	mat	
U9 (Novice)	1 to 6	1 HR		2-25 minute periods, 90	second shifts	
U11 (Atom)	2 to 6	1 HR		13 - 13 - 13		1
U11 (Atom) Tier 1	1	1.25 HR		16 - 16 - 16		No Floods
U13 (Peewee)	1 to 6	1.5 HR		15 - 20 - 20		
U15 (Bantam)	1-3 BC, 1-3 NBC	1.5 HR	1	15 - 20 - 20	Stop Time	
U18 (Midget)	1-3 BC, 1-3 NBC	2.25 HR		20 - 20 - 20		2 Floods
U21 (Junior)	Recreational	1.5 HR		15 - 20 - 20	1	No Floods

Division	St	art: Earlie	st	Finish: Latest		st
Division	Mon - Thu	Mon - Thu Fri Sat - Sun		Mon - Thu	Fri	Sat - Sun
U9 (Novice)					20:00	
U11 (Atom)	18:00	8:00	21:00			
U13 (Peewee)					22:00	
U15 (Bantam)			16:00		22:00	
U18 (Midget)	18:0	0	16:00		22:30	
U21 (Junior)			12:00		22:30	

The League reserves the right to provide ice times outside of the above recommendation if association ice is not availble to accommodate from time to time.

Hockey Alberta Minor Leagues – Tiering Standardization Grid



Appendix A

One Team Two Teams Three Teams Four Teams Five Teams Six Teams Seven Teams Eight Teams	1 1 1 1	1	1	1	1		2
Three Teams Four Teams Five Teams Six Teams Seven Teams	1 1 1	1 1 1	1	1			
Four Teams Five Teams Six Teams Seven Teams	1 1 1	1	1				
Five Teams Six Teams Seven Teams	1	1					3
Six Teams Seven Teams	1	1			1	1	4
Seven Teams				1	1	1	5
	1	- 1	1	1	1	1	6
Eight Teams		1	1	1	1	1	7
	1	1	1	1	1	1	8
Nine Teams	1	1	1	1	1	1	9
Ten Teams	2	1	1	1	1	2	10
Eleven Teams	2	2	1	1	2	2	11
Twelve Teams	2	2	2	2	2	2	12
Iweive reams	2	2	2	2	2	2	12
Thirteen Teams —	2	2		1	2	2	13
Fourteen Teams	2	2	2	2	2	2	14
Fifteen Teams	2	2	2	2	2	2	15
	3	2	2	2	2	3	
Sixteen Teams	3		1 2		1	3	16
Seventeen Teams	3	2	2	2	2	3	17
		1		1	-		
Eighteen Teams	3	3	3	3	3	3	18
Nineteen Teams	3	3	3	3	3	3	19
Twenty Teams	3	3	3	3	3	3	20
Twenty-One Teams	3	3	3	3	3	3	21
Twenty-Two Teams	4	3	3	3	3	4	22
Twenty-Three Teams	4	3	3	3	3	4	23
Twenty-Four Teams	4	4	4	4	4	4	24
Twenty-Five	4	4	4	4.	4	4	25





EFHL Rules and Regulations

The Edmonton Federation Hockey League in partnership with Hockey Alberta have adopted the following rules for the upcoming season.

Full rules and regulations are available by the below link:

EFHL Rules and Regulations



Co-Ed Dressing Room Policy



HOCKEY CANADA CO-ED DRESSING ROOM POLICY

The following is the policy of Hockey Canada with respect to co-ed dressing:

Hockey Canada firmly believes in accommodating both genders in our great game. We further believe in balancing this goal with the safety, privacy, modesty and wishes of ALL our members without compromising the aspects of camaraderie, social integration and bonding inherent in a team sport. This policy attempts to meet all these goals while providing a safe and respectful environment for our participants.

- Hockey Canada stresses the importance of coaches in ensuring both male and female players have equal access to pre and post team sessions and to all team related activities.
- Hockey Canada recognizes the physical limitations of some facilities and encourages our members to work with local facility management to ensure that appropriate changing facilities are available to both genders.
- 8. Hockey Canada allows co-ed dressing room situations to exist at the Initiation Program, Novice and Atom levels, 5-10 years of age provided participants in a co-ed situation either arrive in full equipment or wear at a minimum gym shorts or long underwear as well as a full t-shirt (no tank tops) all of which must be in good condition and without holes/tears.
- 4. At the Pee-Wee (11 years old) level and above the following conditions will apply in all co-ed team environments:
 - Females and males will change in separate rooms
 - Both genders shall congregate in one dressing room fully prepared to participate in the game/practice not more than 15 minutes prior to the scheduled ice time unless otherwise indicated (to be there earlier) by the coaching staff.
 - The lesser represented gender shall depart the dressing room not more than 15 minutes after the game/practice unless otherwise indicated (to stay longer) by the coaching
 - The gender in the majority shall not begin changing, helmets, gloves and skates excepted, prior to the departure of the lesser represented gender.



 When necessary, due to facility limitations, dressing and showering shall be done in shifts with the gender in the majority dressing and showering first. Once the room with shower facilities has been fully vacated the lesser represented gender may use the shower facilities.

It is the belief of Hockey Canada that these provisions adequately address issues of team unity/camaraderie and provide for the modesty/privacy of all participants.

Note: Hockey Canada Branches that have mediated Human Rights settlements within their Province/Territory with respect to specific co-ed dressing room parameters are exempted from this policy within their jurisdictions and may continue to adhere to previously mediated settlements.

EDMONTON BEST Practices

Two Deep Cover

- Throughout the hockey season appropriate player supervision should be a priority for all EFHL Member Associations and their teams.
- As such, the EFHL endorses the use of the "Two Deep Method" of supervision that is mentioned throughout Hockey Canada HCSP material and Hockey Canada coaching materials. This list describes the "Two Deep Method".
- It is recommended that these guidelines are followed by all.

Electronic Recording Devices

Electronic and Recording Devices

- Use of electronic devices at sanctioned EFHL events for the express purpose of taking, recording, and storing of inappropriate images and videos is not permitted.
- Use of electronic devices for the purpose of capturing game film for personal or team use shall comply with the policy of the venue. (Municipality)
- EFHL Discipline and Appeal Committees will not entertain receipt of, nor use of video of any nature or source in their review and decision of matters before them.

Game and Conduct Management



2.3 RESPECT the GAME Incident Reports

- Incident Report Forms for reporting conduct that contravenes the RESPECT the GAME are available on the Hockey Edmonton website.
- An Incident Report may be submitted by any spectator, parent, coach, manager, referee, league official, or rink attendant.
- c) An Incident Report must contain:
 - · the name of the offending individual,
 - the team with which the individual is associated (if applicable),
 - · the names of witnesses (if any), and
 - · a clear statement of the conduct being reported.
- d) Incident Reports must be submitted to the EFHL League commissioner.

2.4 Minimum RESPECT the GAME Suspensions

"RESPECT the GAME Minimum Suspensions" are applicable to players, coaches, or bench staff whose conduct on or off the ice is deemed to be unbecoming or detrimental to the game and was not addressed on a game sheet and game incident report (by the referee because of an infraction of a Hockey Canada playing rule), including but not limited to anyone:

- in or on arena property who are there as a spectator, player, parent, team official, referee, etc. who are not or cannot be written up on the Game Sheet for EFHL League and Championship Games Only.
- The offender shall be suspended from all EFHL Hockey activities with all teams the offender is associated with during the period of their suspension.
- In addition to the following suspensions, the offender may be required to take, and provide proof of, the online Respect in Sport program.

A table of "RESPECT THE GAME Minimum Suspensions" for typical unbecoming conduct follows:

Hockey Canada Injury Reports

See reverse for mailing CLAIMS	S MUST BE PRESI	ENTED WITHIN 90 DAY	OF THE INTURY DATE	DATE OF INJURY	1 1	
address		□ Player □ Team			Ma Day Yt	
out in full or form will be		□ Player □ lealil !	Jiliciai 🗀 Gaille Oil			
returned. This form must be completed for each				Birth	date://_ Sex: □ M	□ F
sustained by a player,						
person at a senctioned					Phone: ()	
hockey sothify Parent	/ Guardian:		Email Ac	idress:		
DIVISION Novice Bantam Midget Division Midget Division Division Midget Division Division	Atom □ Pee Juvenile □ Juni	wee AAA -	DRY A BB CC B C D	□ DD □ House □ E □ MajorJu	☐ Minor Junior ☐ Adult R inior ☐ Senior ☐ Other_	
BODY PART INJURE	D			NATURE OF	CONDITION	
		- I- ·			Laceration	
Head □ Face □ SI □ Eye Area □ Throat □ Do			□ Abdomen s □ Chest		Separation 🗆 Internal Organ I	njury
Arm: ☐ Left ☐ Collarbone			elvis	ON-SITE CA	\RF	
☐ Right ☐ Elbow ☐ Shoulder ☐ Hand/Fing	er 🗆 Shin		Hip Groin	☐ On-Site Car	e Only Refused Care	
☐ Upper arm ☐ Forearm/W	rist Other	□ Foot		☐ Sent to Ho:	spital by: Ambulance C	ar
INJURY CONDITION	S	CAUSE	OF INJURY	Was the inj	ured player in the correct league :	and level for their
Name of arena / location:	-	☐ Hit by Pi		age group? □ Yes □	No	
		□ Non-Cor	itact Injury	Was this a : □ Yes □	sanctioned Hockey Canada activi	ty?
☐ Exhibition/Regular Season ☐ Playoffs/Tournament	☐ Period #2 ☐ Period #3		on Open Ice	LI Tes LI	NO .	
☐ Practice	Overtime:	F1 F- 0 1	with Opponent	LOCATI		
	□ Dry Land Train □ Gradual Onse	ing Charles	from Behind	☐ Defensiv	re Zone	Neutral Zone Spectator Area
☐ Warm-up	Other Sport	☐ Fight		☐ Parking ☐ Other:		
☐ Period #1	Other:	☐ Blindsid	ing	Li Other:_		
WEARING	ADDITIO	NAL	DESCRIB		I hereby authorize any Health Ca Physician, Dentist or other perso	
WHEN INJURED	INFORM	IATION or sustained this injury	ACCIDEN	IT HAPPENEI	attended or examined me/my of Hockey Canada any and all info	hild, to furnish
☐ Full Face Mask ☐ Intra-Oral Mouth Guard	before?	er sustained this injury les □ No			respect to any illness or injury, n	nedical history,
☐ Half Face Shield/Visor	If "Yes" how li				consultation, prescriptions or tre of all dental, hospital, and medi	ical records. A photo
☐ Throat Protector	Was a penalty	y called as a result of th Yes. □ No	9		 static/electronic copy of this au considered as effective and vali 	
☐ Throat Protector ☐ Helmet/No Face Shield	incident?				Signed:	
☐ Helmet/No Face Shield ☐ No Helmet/No Face Shield ☐ Short Gloves	Estimated ab	sence from hockey?				
☐ Helmet/No Face Shield ☐ No Helmet/No Face Shield	Estimated ab		eeks		Signed: Parent/Guardon of under 18 years of ap Date:	(e)
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Hockey Canada Injury Reports

PHYSICIAN'S STATEMENT				
Physician:	Address:		Tel: ()
Name of Hospital / Clinic:		Address:		
Nature of Injury:			Attendance:	
			will be totally disa	bled:
		From:	-	To:
		Is the inju	ry permanent and	irrecoverable? □ No □ Yes
Give the details of injury (degree):				
e wa				
Prognosis for recovery:				
Did any disease or previous injury contribute to the current injury?	□ No □ Yes (descrit	e):		
Was the claimant hospitalized? ☐ No ☐ Yes (give hospital nam	ne, address and date ad	mitted):		
Names and addresses of other physicians or surgeons, if any, who	attended claimant:			
	. In contrator			
certify that the above information is correct and to the best of my Signed:	/ knowledge, Date:			
signed:	Date:			
Patient				
	Dentist			I HEREBY ASSIGN MY BENEFITS PAYABLE FROM THIS CLAIM DIRECTLYTO THE NAMED DENTIST
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Hockey Canada Return to Play

*	HOCKEY CANA	ADA
HOCKE	Y CANADA RETURN TO PLAY	
	Name of Player	
is able to re	eturn to play following injuries sustained on	
-	Date	
Considerations /restrictions with respect to	o poturo to play	
considerations /restrictions with respect to	этешт со рау.	
		-
		_
		-
		-
		-
Name of Medical Authority	Type of Medical Authority	
Date:	Signature:	

This information is strictly confident play. All records will be returned to	tial and will only be used to assist in the player's safe return t the player.	0
	be completed by a physician, chiropractor, physiotherapist or nurse (excluding fractures) . Fractures as well as all neurological injuries includin d off by a physician.	ng
purposes for which we collected it and in acc	osed, secured or retained by Hockey Canada will be held solely for the cordance with the National Privacy Principles contained in the Personal ments Act as well as Hockey Canada's own Privacy Policy.	

HOCKEY CANADA SAFETY PROGRAM

Arena Use Best Practices

General Protocols

- Staff start 1 hour prior to first booking and must open the facility do not arrive earlier
- Mid-day arrivals No more than (1) hour prior to game or practice start time.
- Dressing rooms will not be assigned earlier than 1 hour prior to scheduled start times.
- If the group ahead of you is scheduled on a one-hour slot, it is more likely than not that, the room will not be ready exactly one hour prior as teams have to change and rooms need to be cleaned.
- Equipment bags should be kept in a vehicle until assigned dressing room is available, to ensure hallways and emergency exits are accessible.
- Your understanding and cooperation is required and appreciated.
- Signage is posted at the facility with contact numbers.
- Let the arena attendant know of your concerns. He will forward the information to his supervisor.
- Additional ice bookings must go through your ice allocator
- Public Skating: hockey equipment is NOT allowed.

Arena Use Best Practices

Unattended, unsupervised participants

Coaches, managers or their designate(s) must:

- Be on site to supervise members of their team from arrival to departure
- Inspect the dressing room before/after all players arrive/leave.
- Report any damage/excessive mess to attendant.
- This will eliminate vandalism and damage caused by unsupervised times. Dressing Rooms
- Excessive mess will be billed to the user.
- Damages and are to be reported to the arena attendant and will be billed to the user.

Restricted Items

- Consumption of alcoholic beverages is prohibited in the premises.
- Smoking is prohibited in the premises.
- Chewing tobacco is not allowed in the premises and users will be billed for clean-up.
- Use of portable skate sharpeners is not allowed on the premises.
- Saws may be available for use
- Please supervise use of saws to avoid damage to dressing room benches and to garbage canisters. The garbage containers are self-contained to snuff accidental fire and cost \$300 each to replace.
- Any of these infractions may result in loss of future ice rentals

Arena Use Best Practices

Use of Dressing Room Keys

- EFHL facilities are not responsible for lost or stolen property. All dressing rooms need to be locked.
- You may sign keys out no more than 1 hour in advance of booking. Do not wait until the attendant is on the ice re-surfacer or on the ice.
- Keys must be returned in a secure location (key box, mail slot in office door or arena attendant)
- Keys gone missing will routinely be charged \$100.00 to the group who signed the key(s) out.

EFHL Referee Rates Hockey Albase To



Edmonton Federation Hockey League (EFHL) 2021-22 Season

Category	League and Pla	woff Rates		Notes:
U18 BB	\$146 \$116 \$85	(58/44/44) (58/58)	Tiers 1-6 Female B,Rec	For other rates (i.e. tournament and exhibition games) consult your assignor. Rules as per Hockey Canada Rule Book.
U15 BB		(48/34/34) (50/50)	Tier 1-4 Tier 5-6,Female A+B,Rec	NO TIMEOUTS in league or playoff games. Game Formats (All stop time) U18: Ice
U13 AA/BB		(47/34/34)	AA	slot 135 minutes • 3 twenty min periods - 2 floods U15/U13: Ice slot 90 min
	\$88	(46/46) (44/33/33) (44/44)	AA Tier 1 Tier 2-6, Rec	15-20-20 - no floods U11 Tier 1: Ice Slot 75 minutes
	\$65			 16-16-16 – no floods U11 Tier 2-6: Ice slot 60 minutes
UII		(40/40) (30/30)	Tier 1 Pilot Tiers 2-6, Rec	13-13 -13 - no floods Use the 5 minute/2 minute procedure to end the third when time of ice
U9	\$60	(20/20/20)	Tiers 1-6, Rec	slot is insufficient.

Late / Early Games:
The game fee is 1.5 times the normal game fee for any games scheduled to end after 11PM or starting before 7 AM or starting before 5 PM on weekdays (Monday to Friday inclusive). The 5 PM weekday charge does not apply to days when school is not in session.

Hockey Canada Rule 6.2b is applicable. Any player receiving a third minor penalty will be assessed a game ejection penalty. No player can score more than three goals; the timekeeper shall inform the referee who in turn shall inform the coach.

Recreational fees as are indicated in the above table, exception of U21 which will follow the U18 rate. Recreational game lengths consist of 60 minutes for U9 and U11; 90 minutes for U13, U15, U18 and U21.

Edmonton Federation Hockey League Contacts

North East	Scott Fulmer	780-777-3620	fulmer_scott@hotmail.com
South East	Ron Oscroft	780-718-9298	roscrothattelusplanet.net
South West	Gary Greenough	780-913-0249	ggreenough@greenoughcons.co
North West	Duncan MacDougall	780-439-3824	dunmac@telusplanet.net
Knights of Columbus	Dennis Arski	780-237-9245	den arski kericii gmail com
Edmonton Girls	Leland Cannon	780-691-2897	leland5@telus.net
St. Albert	Joe Becigneul	780-242-0854	refinchie für samha, ca
Spruce Grove	Durcy Carter	780-887-6736	refereeinchie f/ii/sgmha.ca
Beaumont	Lance Hyndman	780-667-8114	baharefs@gmail.com
Enoch	Login Morin	780-966-9393	loganimorin@gmail.com
Strathcona (Sherwood Park)	Ray Keller	780-243-0371	ric scra20@gmail.com
Stony Plain	Killey Vaughan	780-720-9179	ric@spmha.net
Sturgeon	Ken Dentzien	780-499-5068	kendentzien@gmail.com
Fort Saskatchewan	Tim Homeniuk	780-242-9797	fshockeyric@gmail.ca
Devon	Joe Reynolds	587-336-5295	joe reynolds825@shaw.ea
Leduc	Bryan Evans	780-667-6523	ric@lmha.ab.ca

EFHL Game Ending and Playoff Overtime Procedures

Procedure for Ending Games - (5 minute / 2 minute Method)

When there are five minutes remaining in the assigned ice slot and there are two minutes or less remaining in the hockey game, the game shall be completed by playing out the remaining time to a conclusion of no time remaining. (See example #1)

When there are five minutes remaining in the assigned ice sket and there are in excess of two minutes remaining in the hockey game, the game clock shall be set for 2:00. These two minutes of stop time shall be played to a conclusion of no time remaining using the final five minutes of the ice slot. The referee shall direct the timekeeper to set the clock at 2:00 at the stoppage of play which occurs as near as possible to five minutes of remaining ice time. (See example 22)

Any penalties which are being served or any delayed penalties shall continue to be served in the last two minutes of the game in accordance with the appropriate Hockey-Canada penalty time procedures. As an example, when the clock is set at 2020, a player has served 40 seconds of a minor penalty, such player will serve the remaining in minute and 20 seconds. The penalty sould expire with 40 seconds remaining in the game unless the opposing team scored prior to the expuration of the penalty. If the penalty restrict a manpower advantage, then the penalty would expire with the scoring of 20 and 20 seconds. The penalty restrict a manpower advantage, then the penalty would expire with the scoring of 20 and 20 seconds.

If play is stopped at anytime, and because the extenuating circumstances for the stoppage prevent resumption of play prior to there being less than five minutes remaining in the assigned ice slot, then play shall not be resumed. If such extenuating circumstances develop during the reset 200 or the final flow minutes of guare time, then the guare would end when the assigned ice is the expires. Such conditions would prevail when there is a serious injury where the injured player cannot be removed from the ice, when there is a facility equipment failure or when other such extensition circumstances exist.

The foregoing procedure shall apply to all LEAGUE games in the Hockey Edmonton's "BB" program in the categories of Midget, Bantam, Peewee, Atom and Novice where stop time is employed as the normal timing procedure.

Examples

- Ice slot ends at 19:45. At 19:40 there are two minutes or less remaining in the hockey game. Continue play in order that the game will end at or before 19:45.
- Ice slot ends at 19:45. At 19:40 there are 5 minutes and 21 seconds remaining in the game.
 Set the clock to 2:00 and continue play in order that the game will end at or before 19:45.

Playoff Overtime Procedures

- a) The teams will not change ends for the overtime period.
- b) To commence overtime:
 - The face-off will be at center ice, and
 - Each team will three players and one goaltender on the ice to commence the 5 minute overtime period.
- c) Overtime shall be
 - Stop time and 5 minutes in length.
 - Play in 3 on 3 for 5 minutes.
 - If still tied after 5 minute overtime games will move to a shoot-out.
 - Three players will be selected for each team for shoot out and all three players for each team will receive a penalty shot.
 - If still tied after the first three rounds of shoot out, sudden death shoot out until a winner is determined.
 - All players on the team must shoot prior to a player being permitted to shoot twice during shoot-out.
 - Any player issued a game misconduct, match penalty, gross misconduct, game ejection or who has not fully served a misconduct penalty is not eligible to shoot.

1.12.6 Penalties in Overtin

- a) Any penalties that are not served during regulation time will continue into overtime and must be served in their entirety.
- b) During overtime, if a team takes a penalty, the format will move to 4 on 4 with the offending team reduced to three players. If a second penalty is taken, the format will move to 5 on 5 with the offending team reduced to three players.



EFHL Affiliation Rules



AFFILIATION

The principle of affiliation to a team of a higher age Division and/or Tier is to provide replacement players when regular players are sick, injured or otherwise unavailable.

- a. Affiliation must be first declared and filed with Hockey Alberta, prior to the affiliated player being allowed to participant in any game with the Hockey Team to which he or she is affiliated. Affiliations will be accepted and endorsed by Hockey Alberta up to and including January 15 of the current hockey season.
- b. Affiliation must be secondly declared and filed with the members respective Minor Hockey League, prior to the affiliated players being allowed to participate in any League game with the Hockey Team to which they are affiliated. Affiliations will be accepted and endorsed by the Minor Hockey League up to and including January 15 of the current hockey season.
- c. Affiliation and the use of Affiliates up to and including December 1st, will only be recognized where:
 - Players are added to the Official Team Roster in the Registry and identified as 'Affiliates' with "pending' status.
 - ii) Affiliation has been approved by the Minor Hockey League for use in any League game.
 - iii) Affiliation has been endorsed by the President of the applicable LMHA.
- d. Affiliation and the use of Affiliates after December 1st, will only be recognized where:
 - Affiliation has been filed in accordance with the following tiering grid as hereby defined vertically and laterally:

U15	U18	U15		
AA	Ti 1	AA	U13	
	Tier 1			U11
Tier	Tier 2	Tier 1	AA	
	Tier 3			
Tier	Tier 4	Tier 2	Tier 1	Tier 1
Tier	Tier 5	Tier 3		
Tier	Tier 6	Tier 4	Tier 2	
Tier		Tier 5	Tier 3	Tier 2
Tier		Tier 6	Tier 4	Tier 3
			Tier 5	Tier 4
			Tier 6	Tier 5
				Tier 6

EFHL Affiliation Rules



Example: Team "A" plays in the U18 Tier 3 category of their league. Team "A" would be eligible to affiliate players from within their MHA playing on teams competing at U18 Tier 4, 5 or 6: as well as teams playing U15 Tier 1, 2, 3, 4, 5 or 6 as well.

- Players are added to the Official Team Roster in the Registry and identified as "Affiliates" and approved by Hockey Alberta and approved by the Minor Hockey Leaue.
- iii) Affiliation has been endorsed by the President of the applicable LMHA.
- e. Any Player participating in any game as an affiliated player after December 1st without the approval of the CEO, or designate and approval of the Minor Hockey League, shall be considered an Ineligible Player and teams officials are subject to discipline.
- f. A Hockey Team may affiliate up to nineteen (19) players from a lower Division, Category or Tier from within their Minor Hockey Association, as long as said players are eligible as per the Alberta One Affiliation Grid above.
- g. Teams are permitted to use affiliation for any Regional League game to return the team to their original roster size.

Example 1: A team has 14 skaters and two (2) goaltenders registered to their team for a maximum of 16 players. Should two (2) skaters be unavailable due to sickness or injury, the team would be permitted to use two (2) affiliate skaters to bring their roster size to 14 skaters and two goaltenders.

h. Affiliated players will not be permitted to replace suspended players.

Exception:

In the event a team's roster falls below ten (10) registered skaters (excluding goaltenders) due to suspensions, that team will be permitted the ability to use affiliation to return their roster size to a maximum of ten (10) skaters plus goaltenders.

- Affiliations will not be deemed to have taken place automatically without properly filing of the said affiliation.
- Affiliations will not be approved in the Registry by Hockey Alberta until first approved by the Minor Hockey League.
- Minor Hockey Leagues and Hockey Alberta reserve the right to revoke the approval of an affiliate player up and to January 15th should that player be deemed to strengthen the team in which he or she is affiliated.
- Providing Affiliation has been declared, filed and approved with the Minor Hockey League and Hockey Alberta, Affiliates are eligible to participate in all League and Playoff games.

11 | Page

EMONE Affiliation Rules



- m. In circumstances when a MHA does not have a registered team at the next lower Division, as per the tiering grid, upon consideration of application by the MHA to the Hockey Alberta appointed Minor Leagues Coordinator and Minor Administration Coordinator, in consultation with the League, the team may be permitted to affiliate player(s) from a lower Division in the next closest MHA providing that the identified MHA does not have a registered team in the same Division.
- n. Upon consideration of application to the appropriate Minor League President, in consultation with the Hockey Alberta appointed Minor Leagues Coordinator, participants registered with a "AA" Hockey Model or Elite Hockey Stream (ADM) Team may be permitted to be affiliated to a team within their resident LMHA, participating in Tiers One (1). Applications can only be submitted subsequent to November 1 of the current hockey season.
- Participants will only be permitted to affiliate to one (1) team. Once the affiliation has been filed, it is final and will not be reversed during the current Hockey season.
- p. Providing affiliation has been properly filed, an affiliated Player may play with the Hockey Team to which the Player is affiliated up to a maximum of ten (10) games, excluding exhibition and tournament games. Should an affiliated Hockey Player play more than ten (10) games with the Hockey Team to which the player is affiliated, he shall be considered an "ineligible Player" for the affiliated team. However, if the player's registered team completes its regular season and playoffs before the player's affiliated team, the player may thereafter affiliate an unlimited number of times.
 - Exception: Any player registered in the U9 division, affiliated to the U11 division, must have completed their hockey season in full (including exhibition games and festivals) to affiliate beyond a 10th game.
- q. Appearance of an Affiliate Player's name on the official game report shall be considered participation in the game except in the case of an alternate goalkeeper, in which case actual participation only shall be considered as taking part in the game and such participation shall be specially noted on the official game report. All Affiliated Players being used in a game must be marked "AP" on the game record.

Emergency-Substitute Goalie



HOCKEY ALBERTA Substitute Goaltender Request Form

Hockey Alberta may allow during any scheduled Exhibition, Legaue, Provincial or Tournament Game the use of a goalkeeper from another Hockey Team of equal or lower Division or Category / Tier if medical evidence or extenuating circumstance shows that a replacement goalkeeper is required by the Hockey Team concerned. Permission must be obtained from the appropriate Hockey Alberta Representative.

PRE-REQUISITES FOR OBTAINING A SUBSTITUTE GOALKEEPER

- Medical evidence or extenuating circumstance must show that a replacement goalkeeper is required by the Hockey Team in question.

 Extenuating Circumstance include but are not limited to the following:

 - Registered goalkeeper(s) absence due to family or school events.

 Affiliated goalkeeper(s) unavailability due to registered team's commitments.
- All attempts to utilize an affiliated goalkeeper must be exhausted.
- The Substitute Goalkeeper must be from another Hockey Team of equal or lower Division or Category, For Minor Hockey, It is recommended the Substitute Goalkeeper comes from within the teams Minor Hockey Association; however, goalkeepers from outside the association may be permitted.
- · Only one Substitute Goalkeeper will be allowed per game
- Teams that choose to realster only one goalkeeper to their hockey team for the hockey season may only apply for a Substitute Goalkeeper if medical evidence or extenuating circumstance show that the registered goalkeeper and any affiliated goalkeeper(s) are not available. These teams will not be permitted to access a Substitute Goalkeeper for the purpose of having a backup on the bench (unless necessary for a Provincial

- <u>USE OF THE SUBSTITUTE GOALKEEPER</u>

 If approved as a backup, the Substitute Goalkeeper will be permitted to dress, warm-up and sit on the bench during the game in which they have been approved for.

 Output

 Description:
- The approved "Substitute Goaltender Request" form must accompany the team throughout the duration of the
- . If approved as a backup, the Substitute Goalkeeper may only enter into the game if the team's registered goalkeeper becomes sick and / or injured during game play.
- . Should the approved Substitute Goalkeeper enter into the game, an injury report must accompany the game sheet and be submitted to the appropriate Hockey Alberta Representative within twenty-four (24) hours of the

- CRITERIA FOR HOCKEY ALBERTA APPROVAL

 The teams League President/Governor must sign the "Substitute Goaltender Request" form.
- If the Substitute Goalkeeper is of Minor Hockey age, a Parent/Guardian must sign the "Substitute Goaltender
- The Substitute Goalkeeper's registered Hockey teams Coach/General Manager must sign the "Substitute
- The date, location and opponents for the games in which the Substitute Goaltender would be used for must be
- If requested for medical reasons, Physicians Information is required along with a signature on the "Substitute Goaltender Request" form.
- Once all signatures have been gathered, and all areas on the "Substitute Goaltender Request" form have been filled in, the completed form can be sent to the appropriate Hockey Alberta representative for final approval.

Emergency-Substitute Goalie



President/GM Name:

HOCKEY ALBERTA Substitute Goaltender Request Form

This form shall be completed, in its entirety, by any MHA / Club Team who wishes to request the use of a "Substitute Goalfender" during any scheduled Exhibition, League, Provincial or Tournament game. The intent of this document is to track the application and approval of replacement goalments are informed of the application. Please note that a Substitute Goalfender will only be permitted if all affiliates are also unavailable. Please submit any additional information (i.e.—letters from MHA's), along with his application, that you with.

REQUESTING TEAM:	Date:
Team Name:	MHA (if Minor Hockey):
Coach Name:	Phone:
President/Manager Name:	Phone:
President/Manager Signature:	E-Mail:
Injured Goaltenders Name:	Date of Birth: / /
Planta Identify the Division and Category /	mm aa yyyy Tier of hockey the injured goaltender plays:
Senior Junior MM AAA AA AA Tiler 1 Tiler 2 Tile League Name: Phone #: League President/Governor Signature:	Ridget Bantam Peewee Atom
SUBSTITUTE GOALTENDER:	
Name of Goaltender Requested:	Date of Birth: / / mm dd yyyy
Parent/Guardian Namo:	Signature:
	MHA (if Minor Hockey):
League Team Plays in:	
Please Identify the Division and Category of	
~ ~ ~	Ridget O Bantam O Peewee O Atom O Novice
Coach Name:	Signature:

Emergency-Substitute Goalie



Date of game(s):

PROPOSED GAMES TO USE THE SUBSTITUTE GOALTENDER:

HOCKEY ALBERTA Substitute Goaltender Request Form

IF REQUESTED FOR MEDICAL REASO	NS:	
	PHYSICIANS INFORMATION - PLEASE PRINT	
Clinic Name:		_
Address:	Phone#:	
Type of Injury:		
extent of Lavoff:		
Physician's Signature:		
F REQUESTED FOR EXTENUATING CI	RCUMSTANCES:	
F REQUESTED FOR EXTENUATING CI	RCUMSTANCES: -PLEASE PRINT-	
	-PLEASE PRINT-	
	-PLEASE PRINT-	
Reasons for Unavailability:	-PLEASE PRINT-	
Reasons for Unavailability:	-PLEASE PRINT-	_ _ _ _
Reasons for Unavoilability:	-PLEASE PRINT- HOCKEY ALBERTA USE ONLY	
Reasons for Unavailability:	-PLEASE PRINT-	_ _
Extent of Layoff:	-PLEASE PRINT- HOCKEY ALBERTA USE ONLY	



Insurance for Outdoor Rinks and Rural Arenas

OUTDOOR PRACTICES

Permits are not required for an outdoor ice practice on in you home community

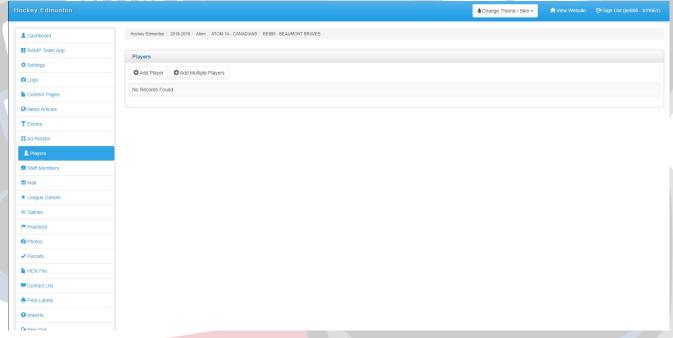
However, it is mandatory that:

- the coach/team management inspect the facility and if it is found to be unsafe, the team must not be allowed on the ice
- Full equipment must be worn





Roster Entry



- The entire roster must be entered under the Player Tab including any affiliated players.
- You may enter players individually or add them as a group.
- Please ensure that all affiliated players are checked off as being affiliated (check the box next to Affiliated (AP)). If
 you have added your players under the Add Multiple Players option, you must edit each affiliate player to ensure
 they are recorded correctly.
- Include as much information as possible.
- You are able to hide player information from the public by editing each players individual information (check the box next to Hide from Public or click the Hide box when entering multiple players at a time).

First

John

©



Staff Members

Last

Doe

◆ Add Staff Member ◆ Add Multiple Staff Members

RAMP Team App

Content Pages

News ArticlesY EventsAd Rotator♣ Players

Settings

□ Logo

★ League Games

 ★ Games

 Practices

 Photos

You must include contact information for everyone listed. Other teams and the Division and Discipline Directors will use
these emails to contact your team.



EDMONTON Scorekeeping

Correctly filling out the score sheet while in the time keepers box is essential to being able to correctly fill out the necessary items on the back end of the Hockey Edmonton website. Please ensure that all managers within your organization are knowledgeable about scorekeeping so that they are able to assist the parents on their team who will be tasked with that position.

Please note parents should not engage with the referees unless it is related to game scorekeeping. Timekeepers and scorekeepers are encouraged to speak to referees to ensure their intent of a call/penalty is correct. They should not "GUESS" the penalty being called but seek clarification. Example: Is the penalty a 2 minute minor or a 5 minute major plus a game misconduct?

It is the scorekeepers responsibility to ensure accurate game information is recorded on the game sheet for entering in RAMP by the team manager.

Referees must print and sign their names on the game sheet following the game.

Example Game Sheet

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EDMONTON Penalty Abbreviations



Penalty Abbreviations

Penalty Rule listing in RAMP	Time	Abbreviation
Aggressor Minor 6.7(b)(2)	2 min	AGG
Bench Minor	2 min	B.M.
Bench Minor / Delay of Game	2 min	B.M./D.G
Bench Minor / Too Many Men	2 min	T.M.M.
Boarding Major 6.2(a/b) (5 pim + GM)	5 min	BDG
Boarding Minor 6.2(a)	2 min	BDG
Body Contact Major 6.2(a/b) (5 pim +GM)	5 min	B.C.
Body Contact Minor 6.2(a/b)	2 min	B.C.
Broken Stick/Illegal Equipment 3.2(a-e)	2 min	BR.S.
Butt - Ending Match 8.1 (5 pim)	5 min	B.E.
Charging Major 6.3(a/b) (5 pim + GM)	5 min	CHG
Charging Minor 6.3(a)	2 min	CHG
Checking from Behind Major 6.4(a) (5 pim + GM)	5 min	CFB
Checking from Behind Match 6.4(b)	5 min	CFB-MATCH
Checking from Behind Minor 6.4(a)	2 min	CFB
Cross Check Major 8.2(a-d) (5 pim +GM)	5 min	C.C.
Cross Check Match 8.2(e)	5 min	C.CMATCH
Cross Check Minor 8.2(a)	2 min	C.C.
Delay of Game	2 min	D.G.
Elbow Major 6.6(a/b) (5 pim + GM)	5 min	ELB
Elbow Minor 6.6(a)	2 min	ELB
Fighting 6.7(a) (5 pim + GM)	5 min	FI
Game Ejection (stick infractions) (0 pim)	0 min	G.E.
Game Misconduct 4.6 (10 pim)	10 min	G.M.
Game Misconduct Coach 4.6 (10 pim)	10 min	G.MCOACH
Game Misconduct in last 10 min/end game 12.4	10 min	G.M.
Gross Misconduct - Harassment of Official/Unsportsmanlike 9.2(f)	10 min	G.R.M.
Gross Misconduct 4.7	10 min	G.R.M.
Harassment of Official/Unsportsmanlike 9.2(a-e, g-j) (2 pim)	2 min	U.S.C.
Harassment of Official/Unsportsmanlike/Misconduct 9.2 (a-e, g-j) (10 pim)	10 min	U.S.C.
Head Contact Double Minor 6.5(b) (4 pim)	4 min	HC
Head Contact Major 6.5(b/d) (5 pim + GM)	5 min	HC
Head Contact Match 6.5(e) (5 pim)	5 min	HC-MATCH
Head Contact Minor 6.5(a)	2 min	HC
High Stick Match 8.3 (5 pim)	5 min	H.SMATCH
High Stick Minor 8.3	2 min	H.S.
Holding Major 7.1(a/b) (5 pim + GM)	5 min	HOLD
Holding Minor 7.1(a)	2 min	HOLD
Holding Stick 7.1(a)	2 min	HOLD.S
Hooking Major 7.2 (5 pim + GM)	5 min	HKG

EDMONTON Penalty Abbreviations



Hooking Minor 7.2	2 min	HKG
Ineligible Player 2.2	0 min	INELIGIBLE
Instigator Minor 6.7(b)(1)	2 min	INST
Interference Major 7.3 (5 pim + GM)	5 min	INT
Interference Minor 7.3	2 min	INT
Kneeing Major 6.6(a/b) (5 pim + GM)	5 min	KNEE
Kneeing Minor 6.6(a)	2 min	KNEE
Match Penalty 6.1(a-f) (5 pim)	5 min	MATCH
Misconduct 4.5 (10pim)	10 min	MISC
Penalty Shot 4.9 (0 pim)	0 min	P.S.
Physical Harassment of Official/Match on Official 9.6(a-c)	0 min	MATCH ON OFFICIAL
Rough Major 6.7(k) (5 pim + GM)	5 min	RO
Rough Minor 6.7(k)	2 min	RO
Slash Major 8.4 (a-c) (5 pim + GM)	5 min	SL
Slash Minor 8.4(a)(c)	2 min	SL
Slashing Match 8.4 (d)	5 min	SL-MATCH
Slew Footing Double Minor 7.4(b) (4 pim)	4 min	SLEW
Slew Footing Match 7.4(b) (5 pim)	5 min	SLEW-MATCH
Spear Double Minor 8.5 (4 pim)	4 min	SP
Spear Match 8.5 (5 pim)	5 min	SP-MATCH
Spitting Match 9.7 (5 min)	5 min	SPIT-MATCH
Third Man - Fighting 6.7(h) (10 pim)	10 min	FIGHT-3 rd MAN
Throwing Stick 9.8(b/c)	2 min	T.S.
Throwing Stick 9.8(d) (10 pim)	10 min	T.S.
Trip Major 7.4(a) (5 pim + GM)	5 min	TR
Trip Minor 7.4(a)	2 min	TR



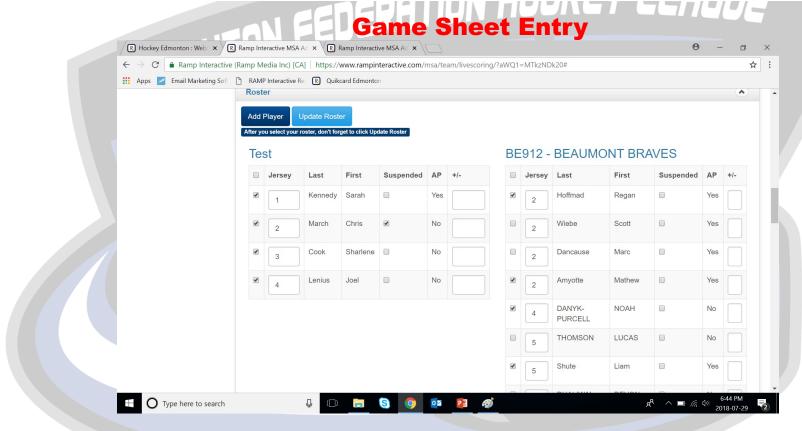
Game Sheet Management

Game Sheet Management is the process on the back end of the Hockey Edmonton website where managers will enter the score sheet information. Division Directors will be responsible for ensuring this information is recorded correctly after each game. Teams have 48 hours after their game has finished to enter the required data. Should that not be the case, the Division Director will receive an email after 48 hours notifying you that a game has not been finished, the Division Director then follow the new EFHL game sheet management sanctions.

In completed games where there is a major penalty or a minor penalty and game misconduct and a game incident report has been completed, the game sheet and incident report need to be emailed immediately to the Discipline Director, Division Director and League Commissioner to allow the proper suspension notifications to be sent out in a timely manner.

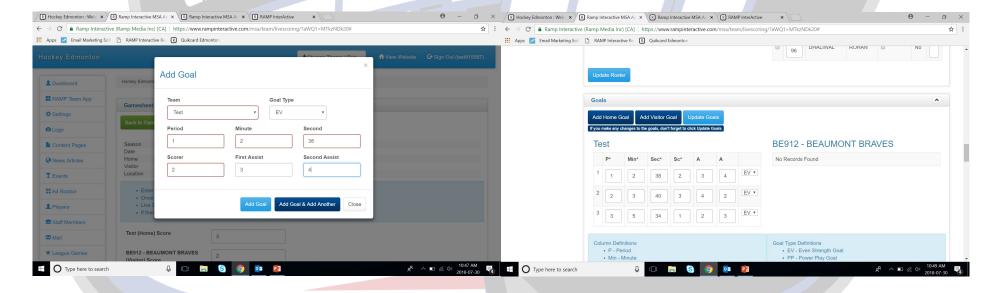
Game Sheet Entry R Hockey Edmonton : Web × R Ramp Interactive MSA Ad × R Ramp Interactive MSA Ad × ← → C | â Ramp Interactive (Ramp Media Inc) [CA] | https://www.rampinteractive.com/msa/team/livescoring/?aWQ1=MTkzNDk20 ☆ : Apps 🖊 Email Marketing Soft 🕒 RAMP Interactive Re R Quikcard Edmonton 1/0/2010 рате Home MIDGET 1 - BONNER - Test News Articles Visitor MIDGET 1 - BONNER - BE912 - BEAUMONT BRAVES Location Ardrossan Recreation Complex East **T** Events • Enter your Roster & Save # Ad Rotator • Once your roster is saved, you will be able to enter Goals, Penalties, Goalies, etc Live Scoring lets the public view the Gamesheet as the game is happening Players • If there is a shootout, the shootout section appears at the bottom of this page Staff Members Test (Home) Score 3 Mail ★ League Games **BE912 - BEAUMONT BRAVES** 2 (Visitor) Score ☆ Games Live Scores Practices Game is Finished Photos Overtime or Shootout ✓ Permits N/A HCR File Contact List Game Clock Print Labels x ^ = ((1) O Type here to search

- Prior to entering your first game you must have completed the roster and team official entering step. If this has not been done
 your roster and team officials will not show up under their assigned section.
- The **first step** of entering the game sheet information is to enter the score and click "Game is Finished".
- · Click submit and the score will show on the front end of the Hockey Edmonton website.



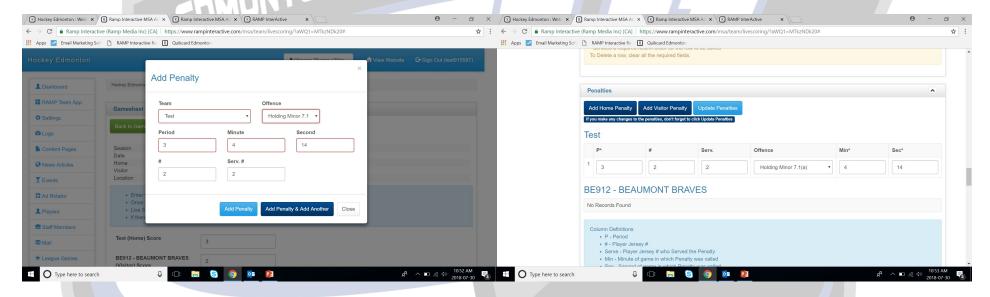
- Both the Home and Visitor team rosters should appear here. If this is not the case either team have not entered their rosters as
 described above. In the event this is the Visitor team please follow the Communication Hierarchy to have the Tiering Director contact
 the team
- Click the check box next to the names of each athlete that is listed on the game sheet. Please do not simply click the top box as this
 will check every name and may account for misleading information on games affiliate players have played.
- · If either a player or coach is listed as suspended on the game sheet please be sure to check the box in the Suspended column.
- · After completing this section you must click Update Roster so that the goal and penalty sections will appear below.

Game Sheet Entry-Goals



- Please enter goal information exactly as listed on the game sheet.
- Please also keep this in mind in reference to the Goalie statistics filling in what information is available.

Game Sheet Entry-Penalties



- With the new Individual Accumulative Penalty System this step is incredibly important. ENTER THE PENALTIES EXACTLY AS THE APPEAR ON THE GAME SHEET.
- Drop down menus have been updated to ensure all infractions are included for selection.
- Pay close attention when selecting the offence to ensure a 2 minute penalty is not recorded as a 5 minute penalty and vice versa.
- REMEMBER/IMPORTANT: When a player is assessed a penalty that includes a Game Misconduct, both the penalty and the Game Misconduct must be recorded on website.

Game Sneet Entry-Game Sneet and Incident **Report Uploads** R Hockey Edmonton: Web × R Ramp Interactive MSA A × R Ramp Interactive MSA A × R RAMP InterActive ← → C 🕯 Ramp Interactive (Ramp Media Inc) [CA] | https://www.rampinteractive.com/msa/team/livescoring/?aWQ1=MTkzNDk20# ☆ : Apps 🖊 Email Marketing Soft 🗋 RAMP Interactive Re 🔞 Quikcard Edmonton Test **BE912 - BEAUMONT BRAVES** No Records Found No Records Found **Game Files** Upload File File Choose File No file chosen File Type Other Type Notes Gamesheet Current Files No Records Found 📻 S 🧑 🔯 📴 R^R ∧ □ (€ 🗇 10:55 AM 2018-07-30 O Type here to search

- The game sheet and any incident reports received must be uploaded here.
- The system will not allow you to upload anything but a PDF file. Smart phone users can get an app which will take a picture and create a PDF for you on your phone (Tiny Scanner, World Scanner). These apps are free of charge.
- Please also ensure you have not used any symbols in the file name as that may cause an error.
- Save the PDF with the file name as the actual game number; Game Sheet 12345 or Incident Report 12345.



ENMONTON FEDERITUATION TO BETTER Penalties

- As mentioned above we are managing the Individual Accumulative Penalty System through the back end of the website. This system allows for the tracking of penalty minutes as well as suspendable penalties.
- When a suspendable penalty is entered, the Discipline and Division Directors will receive an email notification and advise the Category Director of the suspension.
- In the event that one of your players should reach their determined penalty minute threshold you will receive email notification from the Discipline Director to the Dvision Director with the attached suspension notification to be forward to the Head Coach. However please ensure you are periodically checking the penalties so you are aware of who may be approaching that threshold.

Remember: It is very important that the Timekeeper and Scorekeeper ensure the penalties recorded on the game sheet are ACCURATE. It is important that the team manager to enter the correct and complete offences into the RAMP system.



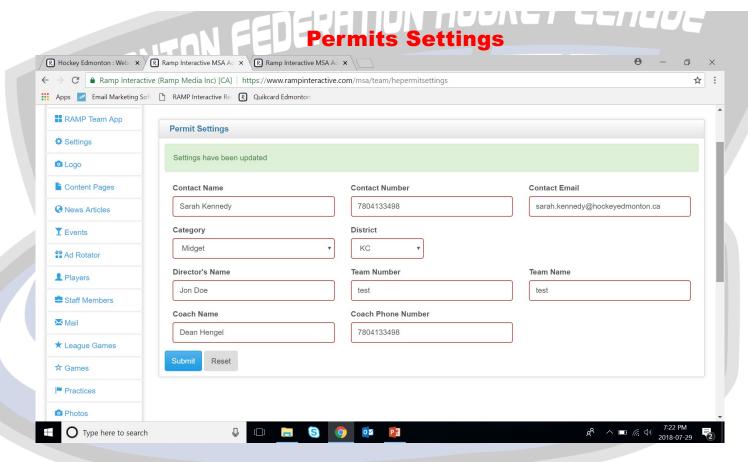
EDMONTON Fermit Management

Permit Management is the process on the back end of the Hockey Edmonton website where managers will apply for EFHL League Game Change Permits. As Managers you will be responsible for submitting permit requests. You will receive a notification when your teams permits have been approved or denied or request further information.

For Edmonton Federation Hockey League – The only permit related to league play is for league game reschedule requests, all other permits should go through your Minor Hockey Association.

Tournament Permit requests for OUT OF PROVINCE Tournaments and events are managed by your Hockey Alberta Discipline Representative.

Ensure **Permit Settings** are entered prior to applying for your first permit. This information will be used for every permit so this information must be correct.



- Prior to filling out any permit requests you must fill out the Permit Settings. These will autofill on your permit requests so ensure from the beginning of the season that they are correct.
- You can edit them if needed however you don't want to be sending in incorrect information in permit requests repeatedly.

Permits Permits

PLEASE SELECT THE TYPE OF REQUEST YOU ARE SUBMITTING:

- Your completed form will be emailed directly to the League Commissioner for approval with a copy to the email address you provide.
- Please ENSURE the email address you provide is valid!
- The League Commissioner will reply to the email address you provide. They may ask for more information or clarification of information provided prior to making a decision and providing a confirmation email.
- Once approved the sanction number will be posted here: <u>APPROVED REQUESTS</u>
- Applications:
- Will usually be reviewed within 1 business days
- Are not approved until:
 - League Commissioner has reviewed and approved the game change and updated on the website
- Please contact the League Commissioner if you have any questions at efhlcommissioner@shaw.ca

Tournament/Exhibition Game and Out of Town Permit Request

- For all EFHL Member Associations, tournament permit requests will have to be obtained through their association or Hockey Alberta.
- For out of province or out of country tournament permits, you must contact your Hockey Alberta Discipline Committee member for approval as well as your EFHL member association
- Exhibition game permits will be obtained through your EFHL Member association.
- Out of town practice permits will be obtained through your EFHL Member association.
- Prior to submitting for a tournament permit, it is recommended that you have rescheduled any EFHL league game conflict.

League Game Reschedule Best Practices

3.) REQUEST TO RESCHEDULE A LEAGUE GAME

- FOR GAMES SCHEDULED ON ICE PROVIDED BY HOCKEY EDMONTON
- LEAGUE PLAY IS THE PRIORITY AND MUST COME FIRST
- League games must be rescheduled prior attending any tournaments.
 - Referee in Chief must be notified by Division Director
- Swapping games within the same category is the MOST PREFERRED option and should be attempted before rescheduling a game to a different time/location
- ONLY the team that is requesting the game swap/reschedule needs to apply for a permit.
 - Only one permit submission per swap/reschedule is required.
- Steps to take BEFORE applying:
 - Contact the opposing team to inform them you would like to reschedule the game.
 - Team rescheduling must provide ice for the make-up game and must be suitable to the opposing team.
 - Opposing team MUST play an exhibition game and pay the referees on the original ice slot as Referees are already assigned and CANNOT be cancelled, in the event a game is not possible, referees still need to be paid on City of Edmonton scheduled ice
- The final decision on the date of the rescheduled game is that of the League Commissioner so both teams are accommodated.

League Game Reschedule Best Practices

FOR ALL GAME RESCHEDULE REQUESTS, PLEASE INCLUDE THE FOLLOWING DETAILS

- In the comments section of the request provide as many details as possible preferably in this format:
- Original Games:

Game #19999 - November 29 - SW999 @ EG111 @ RBA @ 17:15

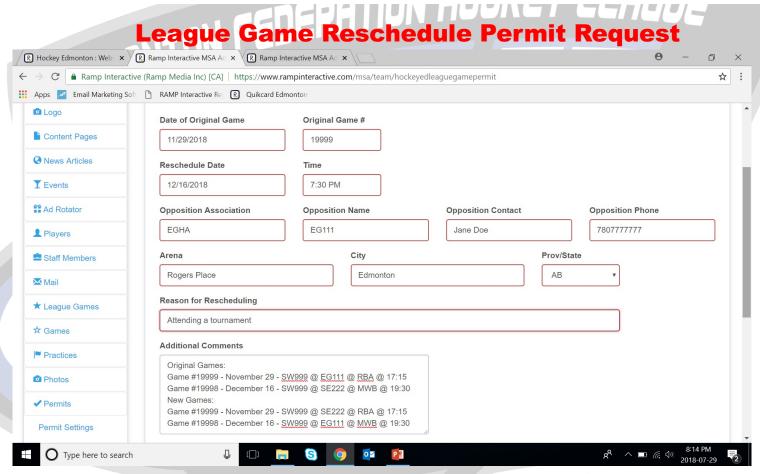
Game #19998 - December 16 - SW999 @ SE222 @ MWB @ 19:30

New Games:

Game #19999 - November 29 - SW999 @ SE222 @ RBA @ 17:15

Game #19998 - December 16 - SW999 @ EG111 @ MWB @ 19:30

Note game #s stay with the arena and time. Only the teams move



- The Additional Comments section MUST include the original and new games in the exact format as shown on the Travel/Event Permit
 page (linked below).
- When rescheduling a league game please follow all the instructions given here closely.
- Permits requests not completed with all required information will be denied.

Covid-19 Best Practices



COVID-19 Best Practices Return to Hockey

The EFHL and it's member organizations are committed to creating a fun and safe environment for all stakeholders as we enter the 2021-2022 Hockey Season. To facilitate this and alleviate some of the anxiety our participants and stakeholders may face as we return to Hockey, the Edmonton Federation Hockey League is providing the following suggestions to alleviate some of those concerns. These suggestions are not mandatory. They are recommended practices to increase both the comfortability and safety for all participants and stakeholders.

- We recommend that any player, coach, official or spectator who is not comfortable returning to a non-mask environment to wear their mask in facilities, dressing rooms or on Players benches.
 Some individuals and families are exercising different levels of risk and we want to ensure that all families feel comfortable participating in minor hockey regardless of their health decisions.
- All stakeholders should continue to socially distance as much as possible in dressing room
 environments prior to entry to the ice surface and in the stands for spectators.
- We continue to recommend cleaning and sanitizing of water bottles and equipment following each hockey activity as well as no sharing of water bottles, towels or other equipment.
- All stakeholders should continue to stay away from recreational facilities and team activities if they are sick, not feeling well or have any Covid-19 symptoms.
- Staff back up plans should be in place to ensure no staff member needs to attend any team activity if they are not feeling well or have any Covid-19 symptoms.
- 6. We continue to encourage hand hygiene and respiratory etiquette:
 - · Encourage athletes to wash hands before and after their activities;
 - If soap and water are not readily available, the use of hand sanitizer is recommended:
 - Discourage spitting and encourage everyone to cover their mouth and nose when coughing or sneezing:
 - Encourage athletes, coaches and spectators from singing, chanting or yelling as much as possible;
 - · Ensure adequate supplies to support healthy hygiene
- Continue to be mindful and have mutual respect for all participants and stakeholders regardless of the level of risk they may be exercising.

Our sport relies on a community of volunteers to provide a high level of commitment to make minor hockey a success throughout the EFHL and it's member organizations. We need to continue to work together and ensure we provide a safe and fun environment for all stakeholders as we embark on the 2021-2022 season.



