

# **Hockey** **EDMONTON**



**Male Midget AAA**

**Male Midget AAA**

**Welcome**

# **Male Midget AAA**

## **Purpose: Tonight**

- ADM Decision
- Male Midget AAA Model
- Male Midget AAA High Performance Program
- Development Camp
- Coach Selection

# Male Midget AAA

## Purpose: Future Meetings

- Open Houses
- Logistics
  - Midget AAA Open Tryout Registration
  - Camp Logistics



# **Male Midget AAA**

## **ADM Decision**

The ADM decision of February 2018 explained that an analysis of player registration statistics for each category of elite hockey for each Elite Draw Zone area showed that Hockey Edmonton's Elite Draw Zone was far smaller than all others.

# Male Midget AAA

ADM Decision

MIDGET Player Registration by Elite Draw Zone			
Players	7306	Teams	18
Average	406		
Range	315 to 499	Target	400
Leduc	387	St. Albert	461
Lloydminster	407	Airdrie	475
Sherwood Park	425	Red Deer	485
Grande Prairie	435	Fort Saskatchewan	499
Okotoks	447	Calgary	1883
Lethbridge	457		
Edmonton	945	4 teams	236
		3 teams	315



# Male Midget AAA

## ADM Decision

1. The Edmonton Draw Zone to be reduced from **four (4)** Midget AAA teams to a maximum of **three (3) teams** for the 2019-20 season.

# **Male Midget AAA**

## **ADM Decision**

2. Hockey Edmonton to develop appropriate feeder systems to support the Midget AAA program in line with the other Elite Draw Zones across Alberta. This may require adjustments to numbers of teams at other levels to fit the feeder system.



# Male Midget AAA

## ADM Decision

3. Hockey Edmonton to develop an improved internal boundary system such that the registered number of players are relatively balanced to help ensure that the organizations in Hockey Edmonton are created in a way to achieve competitive balance.

# Male Midget AAA

## New Hockey Edmonton Model

### Elite Hockey Management Committee

Oversight of:

- Male ADM
- Male AA Model
- Female ADM





# **Male Midget AAA**

## **New Hockey Edmonton Model**

- **One Model, One Program**
  - Phased Implementation
- **Best Athletes**
  - 60 players selected via City-Wide Open Tryouts
- **Top Coaches**
  - Coaches via singular selection process

# Male Midget AAA

## New Hockey Edmonton Model

- Transition Committee
- Team Hosts (2019-2020)
  - Canadian Athletic Club
  - Knights of Columbus Hockey
  - South Side Athletic Club





# Male Midget AAA

## Midget AAA High Performance Program



# Male Midget AAA

## Midget AAA High Performance Program

- Revolutionary **high-performance development** opportunity, within a city-wide drafted framework.
- All three Edmonton Male Midget AAA teams will **operate within the same Hockey Program framework.**
- **Utilizing the best** Coaching Staffs in Alberta, the best mentors, the best off-ice instructors, the best skill development instructors, the best mental trainers, and the best medical practitioners, within one High-Performance Program.

# Male Midget AAA

## Midget AAA High Performance Program

- These exceptional **development personnel** will be announced annually during the Spring and will be structured seamlessly into this Hockey Program that puts the **athlete and their development first**. In addition to the exceptional development personnel, players will be provided with revolutionary materials, equipment, opportunities, and seminars to further advance their development as a student-athlete.



# Male Midget AAA

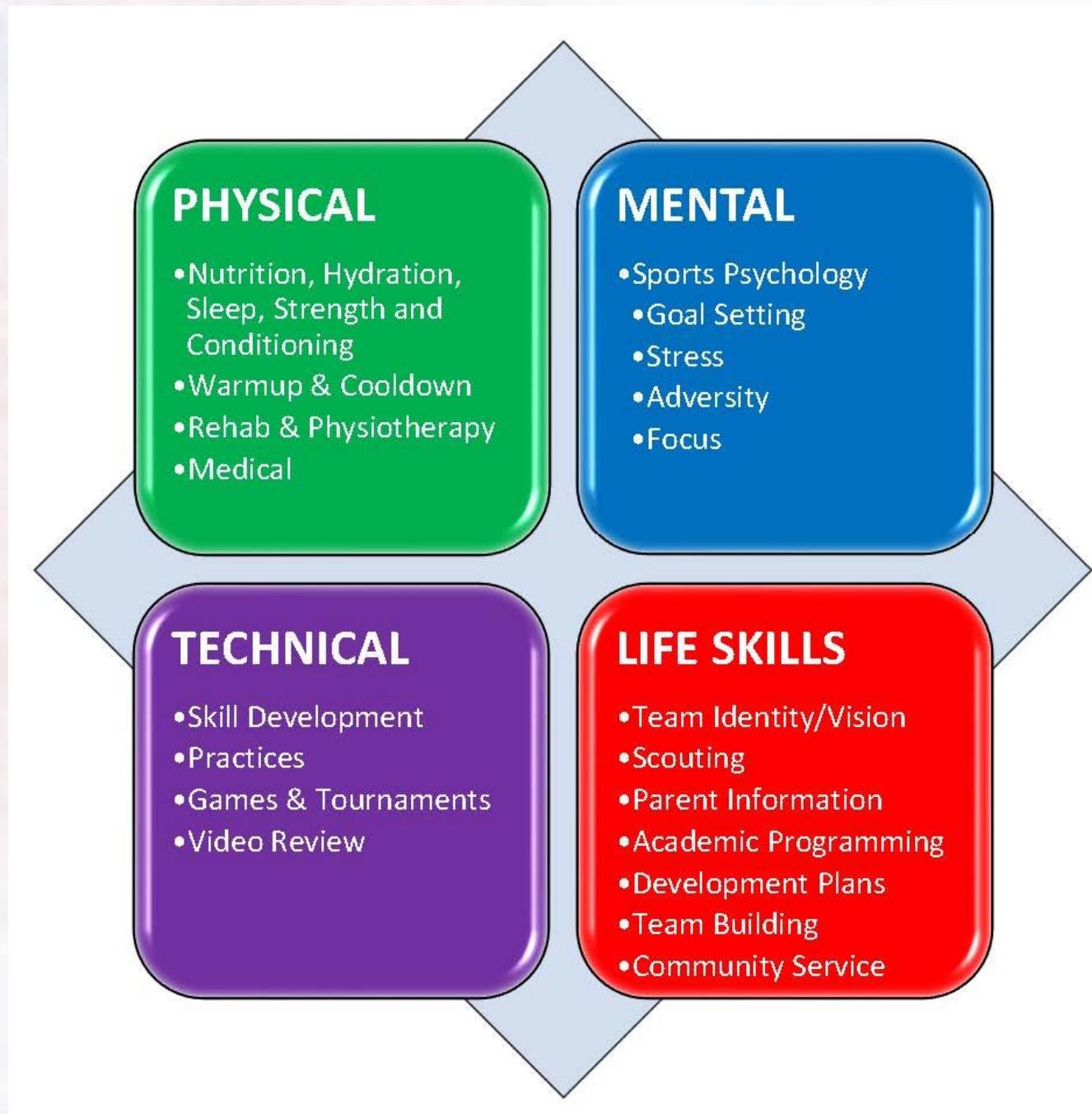
## Midget AAA High Performance Program

- Events within the Hockey Program will be **scheduled with consideration and consistency**, permitting the athlete to better rest, prepare, nourish, succeed in academics, and strategize other life activities/commitments.
- Built around the Hockey Canada/Alberta **4 Pillars of Player Development**. We invite you to review the structure of this new Hockey Program that will rival CHL, U Sports, and NCAA programming; and ultimately better prepare Edmonton's Midget AAA athletes for a successful lifestyle and career in hockey:



# Male Midget AAA

## Midget AAA High Performance Program



# Male Midget AAA

## Midget AAA High Performance Program

### Physical:

- Player Nutrition, Hydration, Sleep, Workout Information Sessions.
- (2) Fitness Testing Days.
- (20) Team Workout Sessions (1 per week) – at centralized selected gym.
- (20) Team Agility, Quickness, Plyometrics Sessions (1 per week) – before/after practice at arena.
- (6) Spin Sessions (1 per month) – at centralized selected studio/facility.
- (6) Yoga Sessions (1 per month) – at centralized selected studio/facility.
- Fitness Training App (6 months) – to be utilized to guide players' individual non-team workouts, sleep, rest, hydration, etc.
- Team Trainer (6 months) – full time.
- Hockey Edmonton Medical Process & Return to Play Guidelines.
- Designated Medical Staff, and Designated Physiotherapy/Rehab Staff.

# Male Midget AAA

## Midget AAA High Performance Program

### Technical:

- 20 (1-hour) Technical Skill Development Sessions – **Players** (1 per week).
  - 20 (1-hour) Technical Skill Development Sessions – **Goalies** (centralized, 1 per week).
- 20 (1-hour) Individual Tactic/Team Tactic/Position Specific Sessions (1 per week).
- 20 (1-hour) Team Play System/Strategy Sessions (1 per week).
  - 10-20 Optional Supplementary Sessions (1 per week) – **Maximum**.
- 32 Game Regular Season, Playoffs: <http://amhl.ab.ca/index.php>
- (3) Tournaments – **Maximum**.
- 20 Team Video Review Sessions (1 per week) – **Minimum**.
- Contract with VidSwap (full player/staff access).
- Live Streamed Games.



# Male Midget AAA

## Midget AAA High Performance Program

### **Mental:**

(4) Mental Development Sessions (September, November, January, February):

- **Goal Setting & Preparation.**
- **Simulation/Imagery.**
- **Overcoming Adversity.**
- **Focus.**



# Male Midget AAA

## Midget AAA High Performance Program

### Life Skills:

- (1) Team Identity/Vision/Rules Session (September) – executed by Coaching Staff.
- (2) Parent Information Sessions (September and January) – executed by Coaching Staff.
- (3) Individual Player Development/Progress Sessions & Reports (September, December, March) – executed by Coaching Staff.
- (4) Team Building Events (Bowling, Escape Room, Soccer, Volleyball, etc.) (6 months).
  - Continuous on-site Team Building Activities (6 months).
- (2) Community Service events (Coaching, Food Bank, Shelter, etc.) (6 months).
- (1) How to Get Scouted (WHL/NCAA/AJHL) Information Session (October).
- Academic Advisor service available.
  - Team Mentorship Program (Coach & Player).

# Male Midget AAA

## Midget AAA High Performance Program

### Extras:

- Designated Game Facilities & Practice Facilities (location rotation for City-wide athletes).
- Team Apparel & Team Equipment.
- Travel and bussing agreement in place.
- Team Snap accounts.





# Male Midget AAA

## Midget AAA High Performance Program



# Male Midget AAA

## Development Camp

- May 4 & 5
- May 11 & 12
  - For those who have AJHL Camp conflicts on May 4 & 5
- KC Twin Arenas
- For Information and Registration Links:
- <http://www.hockeyedmonton.ca/content/male-midget-aaa---spring-development-camp>
- Disclaimer: This is a Development not an ID or Selection Camp, it has no bearing on the Player Selections that will occur during the Fall Tryout Camp.



# **Male Midget AAA**

## **Coach Selection**

- Rigorous Application Process.
- Esteemed Selection Committee.
  - Demanding (Arduous) Interview Process.

# **Male Midget AAA**

## **Coach Introduction**

### **Derek Hemsley**

- AMBHL Coach of the Year 2017-2018
- Coached in CJHL, AMMHL, AMBHA, CSSHL Prep
- 13 + years of Elite Coaching and Playing Experience

# **Male Midget AAA**

## **Coach Introduction**

### **Nathan Papirny**

- Coached in AMHL, AMMHL, NAHL MAA
- Consecutive Sutter Cup North Champions 13-14 and 14-15.
- Hockey Alberta AMMHL Provincial Champions 2014-2015.
- 15 + years of Elite Coaching and Playing Experience



# **Male Midget AAA**

## **Coach Introduction**

### **Tony Orsini**

- Coached in AMHL, NAHL MAA
- 2016-2017 Hockey Edmonton Midget Coach of the Year
- 18 + Years of Elite Coaching and Playing Experience

# Male Midget AAA

## Moving Forward

- For Information:
- <http://hockeyedmonton.ca/content/male-midget-aaa>

<div>HOMEADMIN ▾REGISTRATION ▾OPERATIONS ▾EVENTS ▾COACH ▾PLAYER ▾TIMBITS ▾NOVICE ▾COMMUNITY ▾ELITE ▾</div>										
MALE MIDGET AAA			MALE ELITE HOCKEY				JUNIOR HOCKEY			
MALE MIDGET AAA - SPRING DEVELOPMENT CAMP			FEMALE ELITE HOCKEY				ELITE COACH EDUCATION POLICY			

- FAQs
  - Feedback loop

# Male Midget AAA

## Moving Forward

- Open Houses
  - Logistics
    - Midget AAA Open Tryout Registration
    - Camp Logistics



# Male Midget AAA

Thank You!



Have a Great Off-Season!