



## S4 SKILL Development

SKATING | SHOOTING | SCORING | STICK HANDLING

S4 Hockey Super Skills Spring Prep

ULTIMATE SKILLS FOR HOCKEY

Specialized hockey specific Elite hockey skill development

Sunday February 23rd, 2020 – Kinsman Arena B

By: Serdachny Power Skating & Hockey

Group	Birth Year	Time
Session 1	2011	10:45am – 11:45am
Session 2	2010/2009	12:00pm – 1:00pm
Session 3	2009/2008	1:15pm – 2:15pm
Session 4	2007/2006/2005	2:30pm – 3:30pm

### S4 SKILLS

This program & initiative is provided free of charge to all players & coaches. This is made possible by the generous support of the Stollery Family Day Classic tournament. This special event is dedicated to promoting active, healthy kids who care and play the greatest game in the world. It supports the world class Stollery Children's hospital and promotes kids staying active through the game of hockey. Special thanks to our partners that help make this happen. ATB Financial, Murray's Trucking, B-Wright Drywall, D'Amores Mercato, South Edmonton Blades Skating Club, Hockey Edmonton, Serdachny Powerskating & Hockey. S4 Superskills is the Ultimate program for players wanting to elevate their game and skills! This specialized program has been specifically developed for our players to learn and develop skills for success. The S4 Skating and skills System™ is specifically designed to give serious players the competitive edge they need for ultimate skating and hockey performance. Players will train with purpose with the S4 hockey specific skating and skills instruction.

COMMAND & CONTROL THE PUCK LIKE NEVER BEFORE! DEVELOP EXPLOSIVE HANDS & PUCK SKILLS!

SERDACHNY POWERSKATING & HOCKEY will be providing this unique and dynamic skill development program. The program focuses upon Skating and Elite hockey skill development. This program teaches and emphasizes proper technique, form, speed and skill as they apply to the game of hockey. All camps



will provide and implement a positive and productive learning environment for the students to gain maximum benefits.

Too many times skills are taught by demonstrating the result. When students fall short of achieving them, they do not know why. There are basic building blocks to learning all skills. With better understanding and a clear knowledgeable instruction, they are able to accelerate their learning and develop their skills to a new plateau

Serdachny Powerskating & Hockey is player centered for maximum learning potential. The system will demonstrate excellent technique but will not stop there. It teaches students of all skill levels to break down their skating, stick handling, passing and shooting into crucial components. The students are shown how to strengthen weak areas, so they can continue to grow and develop their skills and move onto more advanced abilities. The overall program has been designed to stretch and develop the ability of the player. This is a program for serious hockey players and is not a learn to skate program.

All sessions will be high tempo but allow each player to be challenged and develop at their own individual pace. The program will not only improve the student's skills but equip them with the tools for MAXIMUM PERFORMANCE ON ICE.

#### ELEVATE YOUR SKATING- GET FASTER

Featuring:

- Specialized skating instruction for hockey
- Positive and productive learning environment
- Excellent experienced instruction

S4 instructors have a very high commitment to excellence. They expect the best from their players and are dedicated to providing the best developmental experience for every athlete. Our program is designed to take players to another level of learning, to inspire and instruct them to their best performances ever.

Space is limited, register now to avoid disappointment.

OPEN TO ALL REGISTERED HOCKEY PLAYERS.

SPACE LIMITED/ALL APPLICANTS WILL BE SCREENED FOR ELIGIBILITY/PARTICIPANTS MUST HAVE A STRONG BASE OF FUNDAMENTAL SKILLS IN PLACE, THIS IS NOT A LEARN TO SKATE PROGRAM & IS BEST FOR SERIOUS PLAYERS Wanting to be their best!