



Cochrane Minor Hockey Association

Box 1033 Cochrane, Alberta

Email: tournaments@cochraneminorhockey.com

Website: www.cochraneminorhockey.com

Hockey in the Rockies Tournament Rules

1. Fun First

- This tournament is all about the kids—let's ensure they have as much fun as possible!

2. Rules of Play

- Canadian Hockey and Alberta Hockey rules will apply.
- This tournament is non-checking.

3. Game Time Rules

- No timeouts are allowed.
- **Round Robin Games:**
 - Duration: 90 minutes (3 minutes for warm-up, three 20-minute stop-time periods).
 - If the 3rd period runs long, the clock will be reduced to 2 minutes with 5 minutes remaining to allow for handshakes and awards.
 - The tournament committee reserves the right to adjust game formats.

4. Mercy Rule

- If a team leads by 5 or more goals, the goals will stop being put up on the scoreboard

5. Points System (Round Robin Games)

- Win: **2 points**
- Tie: **1 point**
- Loss: **0 points**

6. Tie-Breaking Criteria (Round Robin)

- Head-to-head game results
- Point differential (maximum of +5 or -5 per game)
- Lowest penalty minutes
- Coin toss

7. Finals Games

- Duration: 105 minutes (3 minutes for warm-up, three 20-minute stop-time periods).
- **Tiebreaker:**
 - A shootout will determine the winner if the game is tied after 3 periods.
 - The home team will choose which team shoots first.
 - Shootout format: 3 skaters per team. If still tied, sudden death shootout will follow.
 - No skater may shoot a second time until all players have had a turn.



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8. Tournament Adjustments

- The tournament committee reserves the right to modify the tournament and game formats as needed.

9. MVP/Heart and Hustle Selection

- Each team will select their own MVP and H&H for every game, including finals.
- Teams will line up on the blue line after handshakes, and coaches will present the MVP and H&H awards to their players.

10. Team Rosters

- Only players listed on the submitted team rosters are eligible to participate.
- Substitutions or additions require prior approval from the tournament committee.

11. Referee Decisions

- Referee decisions regarding rule interpretations, penalties, goals, and assists are final.

12. Disciplinary Actions

- Players or coaches receiving a referee write-up cannot participate in further games until a ruling is received from Hockey Alberta.
- Any fighting or gross misconduct penalties will result in immediate suspension from the tournament.

13. Team Conduct

- Team officials are responsible for ensuring their players behave in a sportsmanlike manner both on and off the ice.

14. Code of Conduct

- All parents, players, and coaches must adhere to the Hockey Canada Code of Conduct.
- Verbal, mental, or physical abuse will not be tolerated.

15. Dressing Rooms

- Dressing rooms must be left clean after each game.

By following these guidelines, we'll ensure a smooth and enjoyable tournament for everyone. Thank you!