

**1. Are face coverings mandatory?**

- Yes, for every player, coach, spectator, ref and timekeeper
- Players/coaches/refs must wear face coverings when they enter the facility, while in the dressing room and while participating on the ice

**2. What happens if a parent/spectator/coach/official/timekeeper refuses to wear a face covering?**

They may be subject to potential disciplinary action from Hockey Regina and/or the Saskatchewan Hockey Association, as well as the Government of Saskatchewan.

**3. At this time, how many players are allowed on the ice for skill development?**

1-3 groups of 8 players. Groups must remain a minimum of 5 meters apart from other groups at all times, and each participant is to remain a minimum of 3 meters away from the other participants in their own group.

**4. Does this number of 8 include the coaches?**

No, it does not.

Each group of 8 players can have a maximum of 2 instructors (U7 can have up to 4 per group.)

**5. Is game play of any type allowed?**

No, not at this time.

<https://sha.sk.ca/news/archives/ban-on-competition-reminder>

**6. Who do we contact if our child has any of the following symptoms and we are not sure if they are COVID related?**

Fever

Cough

Headache

Muscle and/or joint aches and pains

Sore throat

Chills

Runny nose

Nasal congestion

Conjunctivitis (commonly know as pink eye)

Dizziness

Fatigue

Nausea/vomiting

Diarrhea

Loss of appetite (difficulty feeding for children)

Loss of sense of taste or smell

Shortness of breath

Difficulty breathing

Use the **Self-Assessment Tool** and follow the instructions at the end, or call 811.

<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-self-assessment>

You must then follow the direction given by Sask Health and advise your COVID Team Representative as to what you were told by Sask Health, either through the self-assessment tool or through conversation with HealthLine 811.

- 7. If one of our team members tests positive for Covid-19 what does this mean for our team?**  
Saskatchewan Health will advise your team as to how they are to proceed. Cases/situations vary so there is not one standard answer to this question.  
Hockey Regina and/or the Saskatchewan Hockey Association may also potentially look at suspending team activities for a period of time.
- 8. What time does a Health Check need to be completed?**  
No sooner than 8 hours before an activity and no later than 1 hour before start time.
- 9. Do parents need to complete a Health Check for taking their children to the on/off ice activity?**  
No, not unless that parent is also participating in the activity (coach, volunteer etc.)
- 10. What happens if a player/coach does not complete a 'Health Check' at all?**  
That individual will not be allowed to participate.  
Their COVID Team Representative and Head Coach will advise them of this.
- 11. What happens if a player/coach does not pass the 'Health Check'?**  
They are not allowed to participate.  
If there is an extenuating circumstance you must discuss it with your COVID Team Representative and they will advise you on how to proceed.
- 12. What happens if someone does not truthfully answer the 'Health Check' just so that they can participate?**  
They may be subject to potential disciplinary action.  
That individual will potentially be putting at risk the health of their whole team, other teams, spectators, officials etc.
- 13. If a player/coach will not be attending will they still need to complete a 'Health Check'?**  
No.
- 14. Our child is not feeling well and has been instructed not to attend school, can he/she still come to hockey?**  
No.  
Any player/coach/spectator/ref/timekeeper etc. who is not feeling well should NOT come to hockey.
- 15. How long after a positive COVID test result does a player/coach have to wait before they can participate?**
- They need to wait until Sask Health clears them for participation. These times may vary depending on the case. **Individuals absolutely MUST follow Sask Health guidelines.**
  - Once they have been cleared by Sask Health they should also wait until they are personally feeling ready to return
- 16. How long after a negative COVID test result does a player/coach have to wait before they can participate?**  
Sask Health will advise the individual of the time frame.  
Hockey Regina follows Sask Health's guidelines.
- 17. Do teams need to do contact tracing?**  
Yes.  
All attendees (players, spectators, coaches) must be tracked for all on/off ice team events.  
The team will need the attendees name and a contact phone number and/or email address.

**18. Can a player who is registered as a player on one team help out on another?**

No.

Not at this time.

**19. There are spectator limits at the facilities, what defines a 'Spectator'?**

Any person who is not actively participating in the activity is a spectator.

Spectators include:

- children who are not in a car seat/stroller
- coaches who are not participating that day
- parents, grandparents, friends etc.
- hockey scouts
- team volunteers who are not actively participating in the activity
- etc.

**20. Does every team have a COVID Team Representative?**

Yes.

This person is the team's liaison between Hockey Regina and their team regarding COVID related issues. This person is also responsible for Health Check tracking, contact tracing, ensuring the team is adhering to facility guidelines etc.

**If you are unsure about symptoms, travel or participation  
Hockey Regina follows Sask Health's guidelines.  
Please call Health Line 811.**