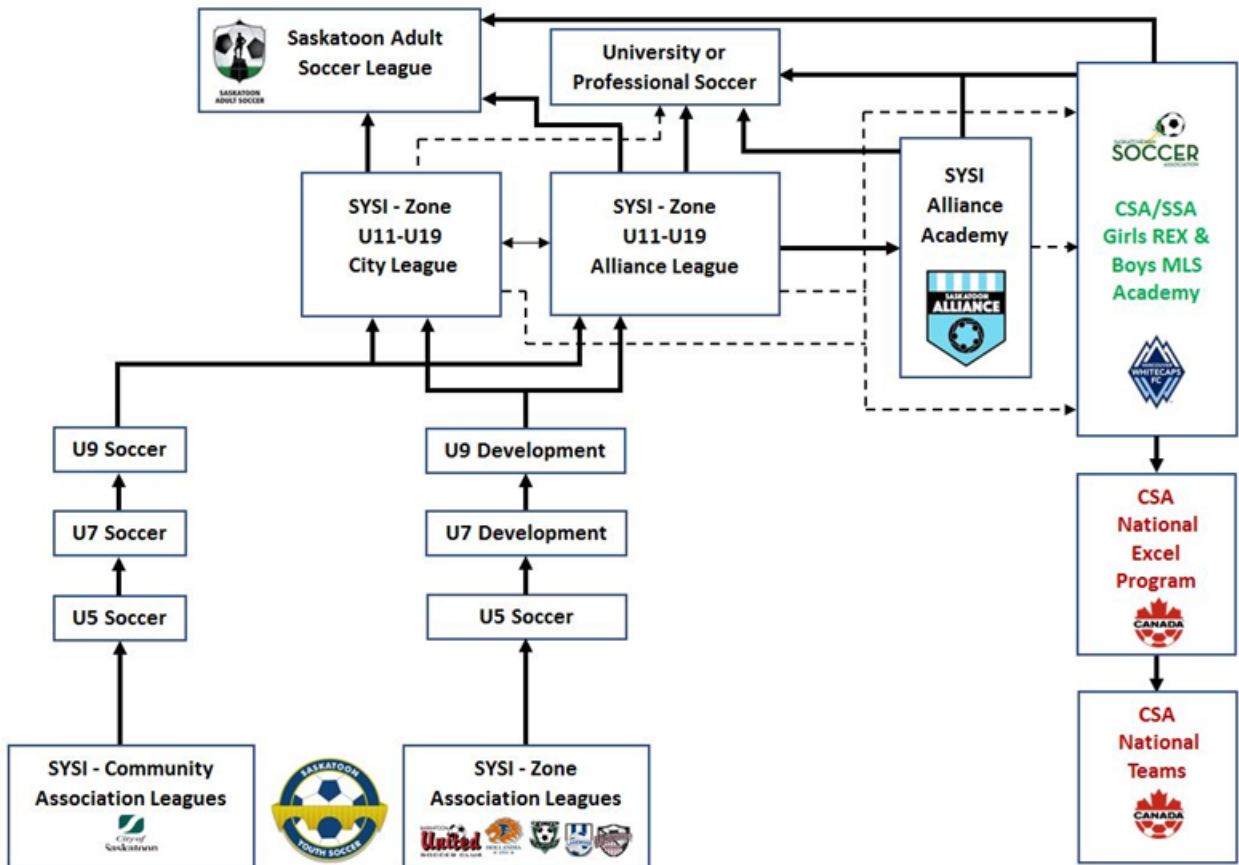




# Hollandia Soccer Club

## Program Outline

### Saskatoon Youth Soccer Inc. Player Pathways



## Group: Under 11 City League

Season: **Outdoor 2024**

### OVERVIEW:

Designing a soccer development program for 10 to 11-year-old players with a focus on social enjoyment and low levels of fundamental skills requires a nurturing and inclusive approach. Here's a broad outline of key principles for such a program:

1. **Fun and Inclusive Environment:** Prioritize creating a fun and inclusive atmosphere where players feel comfortable and motivated to participate. Incorporate enjoyable activities, games, and challenges that promote social interaction and teamwork.
2. **Fundamental Skill Development:** Begin with basic fundamental skills such as dribbling, passing, shooting, and ball control. Break down these skills into simple, manageable steps and provide ample opportunities for practice and reinforcement.
3. **Progressive Learning Structure:** Implement a progressive learning structure that gradually builds upon players' existing skills and abilities. Start with simple drills and activities and gradually increase the complexity as players become more comfortable and proficient.
4. **Small-Sided Games:** Utilize small-sided games (e.g., 3v3 or 4v4) as the primary mode of play to maximize participation, touches on the ball, and opportunities for skill development. Emphasize the importance of teamwork, cooperation, and sportsmanship during game play.
5. **Positive Reinforcement:** Provide positive reinforcement and encouragement to all players, regardless of skill level or performance. Celebrate small victories, effort, and improvement to boost players' confidence and motivation.
6. **Individual Attention and Support:** Offer individualized attention and support to players who may struggle with certain skills or aspects of the game. Provide additional coaching, guidance, and encouragement to help them progress at their own pace.
7. **Variety of Activities:** Incorporate a variety of activities and exercises to keep players engaged and interested. Include drills, games, challenges, and scrimmage sessions to cater to different interests and learning styles.
8. **Social Development:** Foster social development by promoting teamwork, communication, and collaboration among players. Encourage players to support and encourage each other, both on and off the field, and create opportunities for team bonding and camaraderie.
9. **Player-Centered Approach:** Adopt a player-centered approach that prioritizes the individual needs, interests, and preferences of each player. Allow players to express themselves creatively and make decisions about their own development within a supportive framework.
10. **Parental Involvement:** Engage parents as partners in the development process by providing clear communication, feedback, and support. Encourage parents to participate in

practices, games, and events and educate them about the importance of fostering a positive and supportive environment for their child's soccer experience.

11. **Long-Term Development Focus:** Keep the long-term development of players in mind, recognizing that progress may be gradual and uneven. Emphasize the importance of patience, persistence, and perseverance in the journey of skill development and growth.