

PARENT/PLAYER COMMITMENT TO TEAMS BY DIVISION AND LEVEL POLICY

Purpose: To ensure that a full range of playing opportunities are provided for athletes registering and playing within the Calgary Hornets Lacrosse Association, and to clarify the commitment required of parents and athletes for each level of play.

Definitions for each level of play are adopted from the "level of development" of the National Coaches Certification Program ("NCCP") and the Canadian Lacrosse Association ("CLA")

Competitive A – a "learn to win" program requiring <u>enhanced</u> commitment on the part of parents and athletes;

Recreational B – a "learn to compete" program requiring <u>moderate to enhanced</u> commitment on the part of parents and athletes;;

Recreational C – a "learn to play" and "learn to compete" program (varies by age group) requiring moderate commitment on the part of parents and athletes;

House League – a "learn to play" program requiring <u>minimal</u> commitment on the part of parents and athletes.

Currently, the levels of play offered by the Hornets by age group are:

MIXED:

Mini-Tyke – House League (girls and boys) Tyke – House League (girls and boys)

BOYS:

Novice – Parity Teams (Refer to Levels B and C above)

Peewee – Level "A" – "competitive" and Levels "B" and "C" – "recreational"

Bantam – Level "A" – "competitive" and Levels "B" and "C" – "recreational"

Midget – Level "A" – "competitive" and Levels "B" and "C" – recreational

The following provides guidelines on the commitment required for each level of play.

- 1. Competitive "A" Enhanced Commitment
 - A" level teams require the most commitment of all our programs.
 - Commitment to attend all games (at least 100%)
 - Commitment to attend all practices (3 4 per week)
 - Commitment to attend all scheduled practices and games (at least 95%)
 - Expect additional team practices and games (80% commitment for attendance)
 - Commitment to more than one tournament chosen by the team
 - Commitment to participate in Provincial Playoffs
 - ** NOTE athletes participating in Nationals are bound to the guidelines set by that program
- 2. Recreational "Level B" Moderate to Enhanced Commitment
 - "B" level teams require a moderate amount of commitment from parents and athletes
 - Commitment to 75% of all games
 - Commitment to 75% of all regular scheduled practices
 - Commitment to 50% of any additionally scheduled practices
 - Commitment to at least one tournament chosen by the team
 - Commitment to participate in Provincial Playoffs

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- 3. Recreations "Level C" Moderate Commitment
 - Commitment to 50% of all games
 - Commitment to 50% of all regular scheduled practices
 - Commitment to 50% of any additionally scheduled practices
 - Commitment to 50% of possibly one tournament chosen by the team
- 4. House League Minimal Commitment
 - Minimal commitment is required (50% of all games and practices)
 - Schedules will be circulated for practices and games and parent and athletes will be asked to make every effort to attend, but full commitment to the schedule is not required.
- ** Because of the enhanced commitments that come with the Competitive "A" programs, parents of the athletes participating in those programs will be asked to sign a letter agreeing to the commitment of that program.

Dec/2018