



## Athlete/Parent Level "A" Enhanced Commitment Agreement

The Calgary Hornets Lacrosse Association (Hornets) has determined that to ensure the competitiveness of its "A" level teams, an enhanced level of commitment is required from all athletes and parents throughout the evaluation process, continuing into the season. Lacrosse, being a team sport, requires the commitment of ALL team members, especially at the competitive level.

The following guidelines apply to the enhanced commitment required for "A" level of play:

- Expectation of attendance, 100%
- 3-4 floor times per week
- 20+ practices
- 20+ games
- Willing to attend multiple tournaments, possibly out of province
- Additional expenses: team budget/cash call

All athletes and parents are required to review and sign the Enhanced Commitment Agreement, and present upon check-in at the first tryout session. By signing, athletes and parents acknowledge their understanding of the guidelines of the Enhanced Commitment Agreement, and are agreeing to meet those commitment requirements for the duration of the season, should they be selected to play for an "A" level team.

### **ATHLETES WILL NOT BE PERMITTED TO TRYOUT WITHOUT A SIGNED COMMITMENT AGREEMENT.**

**X**  
\_\_\_\_\_  
Signature – Athlete

\_\_\_\_\_  
Print Name – Athlete

\_\_\_\_\_  
Date

**X**  
\_\_\_\_\_  
Signature – Parent/Guardian

\_\_\_\_\_  
Print Name – Parent/Guardian

**X**  
\_\_\_\_\_  
Witness