



Red Deer Pond Hockey Rule Book

Event	1 st Occurrence / Player / Game	2 nd Occurrence / Player / Game	3 rd Occurrence / Player / Game
Minor Infraction	Minor Penalty	Minor Penalty	Minor Penalty and Game Misconduct
Scoring more than the maximum number of goals (3 / game)	Minor Penalty, Goal not counted, (treated like icing)	Minor Penalty and Game Misconduct Goal Not Counted	n/a
Intimidation: Slap Shot (stick raised above knee) for any purpose	Minor or Major Penalty at discretion of referee	Game Misconduct	
Body Checking and Boarding	Minor Penalty or at the discretion of the referee a Major Penalty and a Game Misconduct depending on the degree of violence of the impact. If a player is injured a Game Misconduct and an automatic Disciplinary Committee Review required prior to player being able to return.		
Checking from Behind	A Minor Penalty and a Game Misconduct Penalty. If a player is injured a Major Penalty and a Game Misconduct Penalty must be assessed. Where a player is high-sticked, cross-checked, body- checked, pushed, hit or propelled in any manner from behind into the boards or goal net, in such a way that the player is unable to protect or defend herself, a Match Penalty shall be assessed. Disciplinary Committee review required prior to player being able to return. Note: Referees are instructed not to substitute other penalties when a player is checked from behind in any manner. This rule must be strictly enforced.		
Head Contact	<p>Minor Penalty shall be assessed to any player who accidentally contacts an opponent in the head, face or neck with his stick or any part of the player's body or equipment.</p> <p>A double Minor Penalty or a Major and a Game Misconduct, at the discretion of the Referee and based on the degree of violence of impact shall be assessed to any player who intentionally contacts an opponent in the head, face or neck with her stick or any part of the Player's body or equipment.</p> <p>A Major Penalty and a Game Misconduct or a Match Penalty shall be assessed to any player who injures an opponent</p>		

Swearing or derogatory comments while on ice or on bench (by a player or a coach)	Minor Penalty or Game Misconduct at the discretion of the Referee
Abuse of an official, including all off ice officials – Verbal or physical (by a player or coach)	Minor Penalty and Game Misconduct at the discretion of the Referee
Fighting	Major Penalty and Game Misconduct. Disciplinary Committee Review required prior to player being able to return
Infraction with intent to injure	Match Penalty must be assessed and Disciplinary Committee Review required prior to player being able to return to play.
Use of Unregistered Player(s) and/or Suspended Player(s)	Current game cancelled. Team suspended one (1) game for each unregistered player used for first infraction.

Please note, where there is no specific mention of an infraction in the above, the Hockey Canada Rules will apply.

Should there be any discrepancy between the Red Deer Pond Hockey Rules and Hockey Canada Rules, the Red Deer Pond Hockey Rules shall prevail. **The list of penalties and guidelines shown in this document are minimums.**

Length of Penalties:

Minor Penalty: 3 Minutes

Double Minor Penalty: 6 Minutes

Major Penalty: 5 Minutes

Game Misconduct within the last 10 minutes of the third period: 1 game suspension



Rule Book Notes:

When a Game Misconduct/Match Penalty is assessed by the Referee, the Referee shall send a report to the Referee Coordinator. Should the Referee Coordinator, acting within the best interest of the league, feel that the incident warrants a more severe consequence than what the Red Deer Pond Hockey Rule Book and the Hockey Canada Rule Book provides for, the Referee Coordinator shall obtain additional information and provide same to the Disciplinary Committee for review. The additional information shall include coach reports from the teams who were playing at the time of the incident and any non-biased third party(ies). In this event, the Disciplinary Committee will also require the offending player to complete and return a Return Eligibility Form which can be obtained and submitted by emailing to referee@reddeerpondhockey.com.

Upon review of the Return Eligibility Form by the Disciplinary Committee, the Referee Coordinator, acting on behalf of the Disciplinary Committee will contact the applicable Division Coordinator and Coach to confirm the Disciplinary Committee's decision. A formal in person meeting may be arranged at that time and until clear direction is received about returning to participate in Red Deer Pond Hockey the suspension will continue to be in effect.

If the offending Player/Parent/Coach or guardian does not agree with the Disciplinary Committee's decision, the Player/Parent/Coach, as a single cohesive unit, can ask for a second review through the Disciplinary Committee to the Red Deer Pond Hockey Board.

If the Red Deer Pond Hockey Board does not agree with the reasoning provided, the Player/Parent/Coach, as a single cohesive unit, can ask for a final review through the Review Committee to a 3rd party committee composed of:

- Team Sponsor Representative or designate
- Member of Red Deer Kinsmen or designate
- Member of Red Deer Elks or designate
- Player's School Principal or Work Supervisor

If a player's request to continue playing in Red Deer Pond Hockey is denied, all fees are nonrefundable.

Notes

- On a 3rd suspension during a season, a player is not allowed to participate in the Red Deer Pond Hockey for the remainder of the season and will only be allowed to participate in future years at the discretion of the Board. All payments/fees are forfeit to Red Deer Pond Hockey.
- Upon each sixth (6th) penalty in a season, a one (1) game suspension will be applied effective the 2018/19 season.