

Innisfail Minor Lacrosse Association

Board Meeting Minutes, Monday, 2 December 2024 18:30 HRS
Innisfail Arena

Attendees

Kari Flaws, President
Greg Nelson, Vice-President
Meghan Themig, Secretary
Lindsay Taylor, Treasurer
Amber Philip, Registrar
Shelby Mackie (ABSENT), Director of
Scheduling

Ryan Philip, *Director of Discipline*Steve Mackie, *Director of Equipment*Nate Justice, *Director of Player/Coach Development*Stacie Wadin, *Director of Tournaments*Patrick Teskey, *Director of Public Relations & Fundraising*Stacey Mackie, *Mavericks Representative*

1. Call to Order

1.1. Meeting called to order at 6:28 P.M. by Kari Flaws.

2. Reading & Approval of Previous Minutes

Motion to approve previous minutes by Kari Flaws.
Seconded by Ryan Philip. None opposed. Motion carried.

3. Business Arising From Previous Minutes

3.1. Discussions of current IMLA bylaws and regulations and suggestions to change.

4. Additions & Approval of the Agenda

Motion to approve Agenda by Patrick Teskey.

Seconded by Amber Philip. None opposed. Motion carried.

5. Reports of Board Members

5.1. President Report - Kari Flaws

- 5.1.1. CALL Meeting October 27, 2024
 - -Reminder to make sure there aren't any suspensions that carry over for coaches or players. There is a change in the regulation regarding coaches with suspensions being in the stands (please see below)
 - -Reminder to make sure that our AGM approved minutes, societies information and financials are sent in
 - -Increased fees for ALA. Teams registered by May 15th including coaches.
 - -Registrars- assign at ALA level. If multiple, make sure each team is registered and make sure your board members are also registered or there is no insurance for them if a lawsuit
 - -Recommendation- stringing course (I agree that this is a good idea! Many parents don't know how to do it- including myself! Hard for young players to learn if their stick is off.)
 - -Discussion: U7/U9- possibly proposing a team fee to cover call fees, ref fees, floor costs, final festival dog tags (Floor bill gets sent to Angela). Fees are going to have to increase
 - -Refs have to renew every year. Possibility of free clinic 2/3 weeks into the season CALL to go over any concerns for first year refs
 - -U7/U9- to play or not to play during the eye opener- discussion for the upcoming season
 - -U9 if it's in an eye opener. This is an opportunity for the newest refs to learn. (Innisfail, Stettler and then Lacoka/ Sylvan splitting, U9 all one day
 - -Wind up June 8/9th
 - -Expect weeknight games if game changes
 - -Off balls- lacrosse layout form-Nate for coaches
 - -Comp intro course February 8th and 9tth possibly 3rd weekend April
 - -U7/U9 have to attend windups and festivals no game changes.
 - -Registrar/ Coach Manager meeting with CALL, one rep from each team. March 24-April 4th (which a reminder we will need updates to Managers Binders)
 - -U13- 3, 15 minute run time periods
 - April 29th DEADLINE for game changes

CALL Bylaw Changes in pictures

- 7.10 rule change: suspended coaches

a discipline issue made by the committee. If the coach of manager can be chair must contact the president of the affected club. It is then the club's responsibility to inform the team.

7.08 An appeal fee of \$200.00 will be applied to each individual appeal issue.

7.09 ALA Members participating in non-ALA sanctioned events are not covered by ALA insurance.

7.10 A coach, team official or spectator who is suspended for any reason shall not be permitted in the arena where his/her team is playing 1 hour prior, 1 hour after and for the duration of the game. If the suspended individual is in attendance, the game points may be awarded to the non-offending team.

REGULATION 8 - BOX LACROSSE PARITY

8.01 In Box Lacrosse, where a Member Club has more than one (1) team in a Division, that club shall take reasonable steps to ensure that the teams are composed so that there is reasonable parity between the said teams. If this Regulation is breached by any Member then the CALL shall direct that Member to take such steps as are deemed necessary to achieve reasonable parity.

8.02 Any complaints about parity shall be directed to the President of CALL who shall form an ad-hoc committee to deal with the issue of parity with no member sitting on the ad-hoc committee belonging to the club involved, which said Committee shall, after considering submissions from the complainant and the Member make a ruling and, in the event that the ruling is that Regulation 7.01 has been breached, make

-12:01 Registration

11.07 All affiliations must be requested via email monrequestion, they will then reach out to the parer head coach. Should the affiliates head coach approve the affiliation, they will then reach out to the parer of said affiliate. It is the responsibility of the affiliates head coach to track the number of affiliations and send each request to their clubs designated board member

REGULATION 12 - REGISTRATION DEADLINES

12.01 (a) No player, coach or trainer is to be on the bench until registered accordingly in the RAMP registration system

(b) Deadline for player, coach and staff registrations is May 15.

I

(cb) Deadline for team registrations is March 25th 20th by 11:59pm for U9- U17 and March 31st at

(de) A team cannot register more than twenty (20) players (18 players and 2 goalies) without CALL approval.

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Splits/ Parity

(cb) Deadline for team registrations is March 25th 26th by 11:59pm for U9- U17 and March 31st at noon for U7 learns. To be reviewed annually.

(de) A team cannot register more than twenty (20) players (18 players and 2 goalles) without CALL and the ALA approval.

(ed) A team cannot register less than twelve (12) players, (excluding U76 Θ) without approval from CALL and the ALA.

(f) All U9, U11 and U13 teams within CALL must split into two teams when they surpass 24 gistrations in that division. Subject to CALL Executive approval

REGULATION 13 - TRAVEL

Teams traveling outside of the ALA boundaries must complete the necessary ebtein a Travel Permit as per the Alberta Lacrosse Association, from the Cheir of the Tournaments, Provincial and National Competition—Committee and the ALA. As per ALA. Regulation 10.

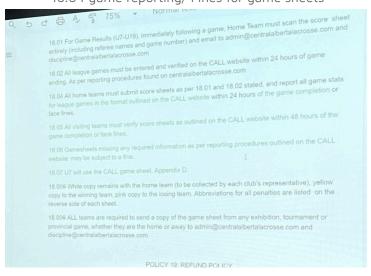
REGULATION 14 - CALL SAFETY AND EQUIPMENT SAFETY POLICY

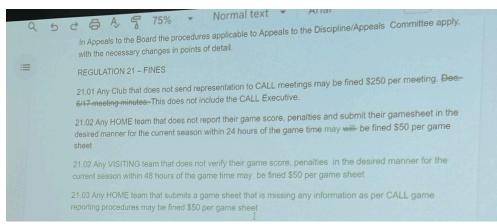
M 01 The fundamental concepts of the safety policy are to establish a standard of care in

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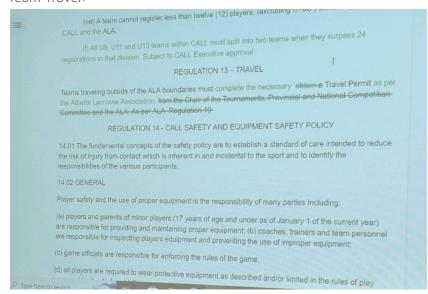
No over or under sized rosters will be considered until division has been attempted

18.04 game reporting/ Fines for game sheets

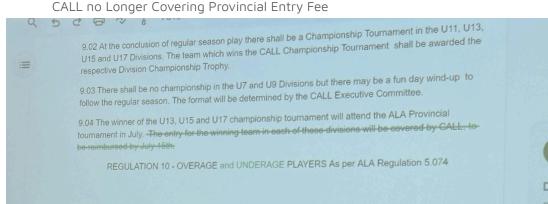




Team Travel:

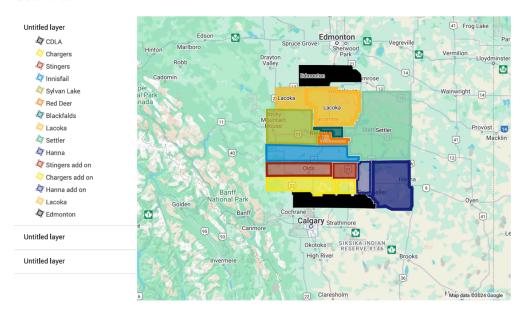


CALL no Longer Covering Provincial Entry Fee



Boundaries- there is a proposed Google map (we should be discussing thisregistrar please check our registrants to see how this would impact us)

Call #2



ALA Meeting November 23 and 24, 2024

Breakout Session Sustainability- *Important information for coaches

- -Jason and Richard Directors of Coach Player Development report/ $\mbox{\sc Gap}$ Analysis on U13
- keep checking the ALA website as they will be posting social media content to share.
- More detailed LTAD coming-power play/ penalty kill position play implemented (needing growth in these skills), feet need to be moving from the bench, recognizing delayed penalties and loose balls, give & go graduating to pick & roll etc
- -lots of resources online at ALA- coach skill self check and audit for development
- Local clubs seeing growth from school visits
- Canada Summer games in Newfoundland Breakout Session Board Health-
- -the discussion was a timely one since we are reviewing our own bylaws and policies. The ALA is encouraging every LGB to review their clubs bylaws, policies and procedures. The director said she will review ours for us prior to our General meeting when we are complete with the review at the board level. Breakout Session- Review of ALA financials
- Fees are increasing (sent to Lindsey) due to trickle down from CLA
- ALA financials show that no money is being used to subsidize Team Alberta
- -They are operating on a very base budget with 5 paid staff and have given up their office so no longer have that expense

All member group sessions:

- -Guest speaker brought in Vivian Forest Paralympic Downhill Skier
- Possibly introduction of a mental health app for players and coaches to have access to. There will be a cost associated with this program.

5.2. Vice-President Report - Greg Nelson

5.2.1. I participated on the subcommittee to review and recommend updates to the Bylaws and regulations/Policies for the club. The results of this review are before the board tonight for their review and comment.

I attended the Alberta Lacrosse Association Annual General Meeting and want to share the following:

We had an interesting presentation from Vivane Forest - a paralympic athlete who competed in Go Ball and Downhill Skiing at the Athens and Vancouver Olympic Games. Her presentation was very much focused on the challenges of overcoming physical and mental adversity to compete at the highest levels in sport. Her story is very inspirational. However, her story comes with a caveat about the problem of head injuries and concussions that I think was completely missed in her presentation, as well as by the ALA. While her presentation focused on overcoming injury to stay in the competition, her experience has resulted in her suffering from 21 concussions. She described how she now struggles with daily routines and requires medical intervention on a weekly basis to manage her symptoms. Lacrosse is a sport where head injuries and concussions are a significant concern. We need to promote the long-term wellbeing of our athletes, as compared to the short-term goal of winning at all cost. For our athletes, their lives continue long after the competition has ended, but some injuries can remain with them, detracting from their quality of life if we fail to protect them.

RAMP is working on the development of electronic game sheets. As they develop this system, they will eventually replace the need for paper game sheets and the manual entry that happens after each game. Real time reporting of game results, penalties and issues in need of disciplinary review will become more readily apparent, and can be moved easily to tournaments from league games, and vice-a-versa. But for now, they are developing the system, and hope to pilot it for some games later this year if things go well. So, it is with a bit of disappointment that I picked up our game sheet supply for the season, but there is hope for a better future for game sheets!

5.3. Treasurer Report - Lindsay Taylor

5.3.1. Income from Mavericks

\$847.50 for us and all Casino reports have been completed - all money is paid to Mavericks.

Will be doing at least 2 more 50/50s for the Mavericks this month as they are still working on AGLC license.

RAMP Credit Card payments and charge fees to family if they want to pay by Credit Card

-will start setting up with board approval

A few outstanding bills

- Kari Flaws and Greg Nelson hotels \$348.04 x 2
- Goalie equipment cleaning \$277.16

Etransfers sent

- Game sheets \$258.75

Proof of filing complete and sent to CALL

Motion to accept 2025 IMLA budget shared by Lindsay Taylor.

Seconded by Steve Mackie. None opposed. Motion carried.

Motion to set up credit card payment option in RAMP with the additional fees being charged back to the registrant by Lindsay Taylor.

Seconded by Stacie Wadin. None opposed. Motion carried.

5.4. Secretary Report - Meghan Themig

5.4.1. No report.

5.5. Registrar Report - Amber Philip

5.5.1. Discussed boundary map given by CALL in President's report. Inquired about upcoming Registrar meeting. No report.

5.6. Director of Scheduling Report - Shelby Mackie (absent from meeting)

5.6.1. Good evening,

This past weekend I booked floor for both tournaments; U15/U17 (SOS) and U11/U13 (Gauntlet at the Grove), and Kristy confirmed they are booked. We are still waiting for Terror of the Tyke date to be able to book floor time and will need to get that booked before the dry floor user meeting. Regarding floor time for practice, it has been difficult finding a place that has time to such a large request, Springbrook only has floor time available Monday, Tuesday and Wednesday from 5:00 P.M.-6:00 P.M., and Penhold Multiplex has no openings, while other facilities such as Bowden and Spruce View don't take ice out until the middle of April. I have an email into the Innisfail and Bowden schools to see if we could book their gym for practice, but I have not heard back as of today. Patrick is looking into St. Marguerites for me, and I will continue to look other places.

Note: Patrick was able to lock in practice facility within the St. Marguerites school gym while IMLA waits for ice to come off at Innisfail Arena. Will fill out necessary forms and submit to them ASAP.

Motion to start our IMLA season the week of March 3, 2025 by Ryan Philip,

Seconded by Stacie Wadin. None opposed. Motion Carried.

5.7. Director of Player/Coach Development Report - Nate Justice

5.7.1. No report.

5.8. Director of Discipline Report - Ryan Philip

5.8.1. No report.

5.9. Director of Equipment Report - Steve Mackie

5.9.1. No report.

5.10. Director of Public Relations & Fundraising's Report - Patrick Teskey

5.10.1. January 15, 2025 try it night confirmed with a couple Roughnecks to join. Ticket giveaway and swag giveaway by Roughnecks.

Attending Innisfail town council meeting Monday the 9th at 3:00 P.M.

5.11. Director of Tournaments Report - Stacie Wadin

5.11.1. Approved for the following tournaments:
Spirit of the Sticks U15-U17 April 25-27, 2025
Gauntlet at the Grove U11-U13 May 30-June 1, 2025
Terror of the Tykes U7-U9 May 9-11, 2025

5.12. Concession - Mackies

5.12.1. No report.

5.13. Mavericks - Stacey Mackie

5.13.1. No report.

6. New Business

- 6.1. Further review and discussions of bylaws, policies and procedures (ie. registration fees and volunteer bond/hours).
- 6.2. Discussions of Kari Flaws' findings at the CALL Meeting along with the ALA Meeting (Greg Nelson also in attendance at ALA Meeting).

7. Conclusion

7.1. Next Board Meeting Date:

January 6, 2025, 6:30 P.M., at the Innisfail Arena.

Special Resolution Meeting Date:

January 22, 2025, 6:30 P.M., at the Innisfail Arena.

8. Adjournment

8.1. Motion to adjourn meeting at 8:04 P.M. by Ryan Philip, seconded by Lindsay Taylor.