



Innisfail Minor Lacrosse Association

Board Meeting Minutes, Monday, 2 December 2024 18:30 HRS

Innisfail Arena

Attendees

Kari Flaws, *President*
Greg Nelson, *Vice-President*
Meghan Themig, *Secretary*
Lindsay Taylor, *Treasurer*
Amber Philip, *Registrar*
Shelby Mackie (ABSENT), *Director of Scheduling*

Ryan Philip, *Director of Discipline*
Steve Mackie, *Director of Equipment*
Nate Justice, *Director of Player/Coach Development*
Stacie Wadin, *Director of Tournaments*
Patrick Teskey, *Director of Public Relations & Fundraising*
Stacey Mackie, *Mavericks Representative*

1. Call to Order

- 1.1. Meeting called to order at 6:28 P.M. by Kari Flaws.

2. Reading & Approval of Previous Minutes

- ❖ Motion to approve previous minutes by Kari Flaws.

Seconded by Ryan Philip. None opposed. **Motion carried.**

3. Business Arising From Previous Minutes

- 3.1. Discussions of current IMLA bylaws and regulations and suggestions to change.

4. Additions & Approval of the Agenda

- ❖ Motion to approve Agenda by Patrick Teskey.

Seconded by Amber Philip. None opposed. **Motion carried.**

5. Reports of Board Members

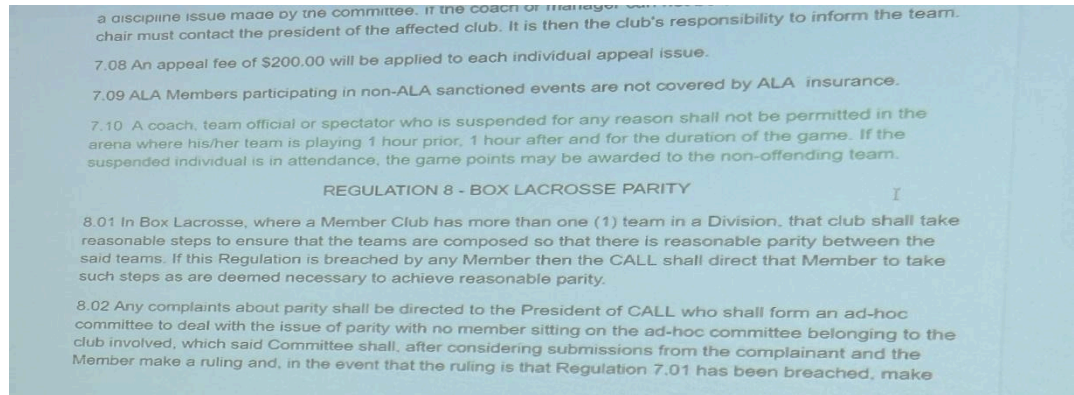
5.1. President Report - Kari Flaws

5.1.1. CALL Meeting October 27, 2024

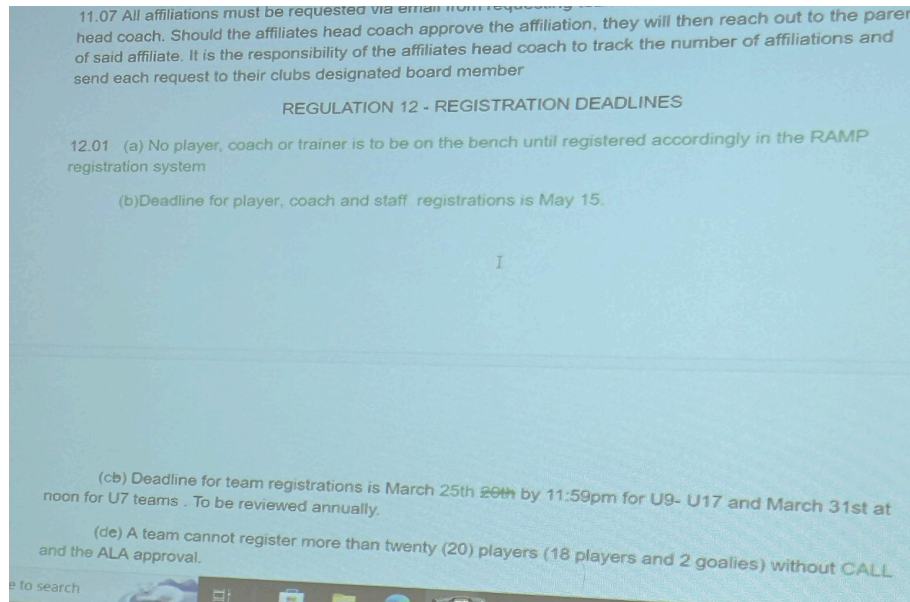
- Reminder to make sure there aren't any suspensions that carry over for coaches or players. There is a change in the regulation regarding coaches with suspensions being in the stands (please see below)
- Reminder to make sure that our AGM approved minutes, societies information and financials are sent in
- Increased fees for ALA. Teams registered by May 15th including coaches.
- Registrars- assign at ALA level. If multiple, make sure each team is registered and make sure your board members are also registered or there is no insurance for them if a lawsuit
- Recommendation- stringing course (I agree that this is a good idea! Many parents don't know how to do it- including myself! Hard for young players to learn if their stick is off.)
- Discussion: U7/U9- possibly proposing a team fee to cover call fees, ref fees, floor costs, final festival dog tags (Floor bill gets sent to Angela). Fees are going to have to increase
- Refs have to renew every year. Possibility of free clinic 2/3 weeks into the season CALL to go over any concerns for first year refs
- U7/U9- to play or not to play during the eye opener- discussion for the upcoming season
- U9 if it's in an eye opener. This is an opportunity for the newest refs to learn. (Innisfail, Stettler and then Lacoka/ Sylvan splitting, U9 all one day
- Wind up June 8/9th
- Expect weeknight games if game changes
- Off balls- lacrosse layout form-Nate for coaches
- Comp intro course February 8th and 9th possibly 3rd weekend April
- U7/U9 have to attend windups and festivals no game changes.
- Registrar/ Coach Manager meeting with CALL, one rep from each team. March 24-April 4th (which a reminder we will need updates to Managers Binders)
- U13- 3, 15 minute run time periods
- April 29th DEADLINE for game changes

CALL Bylaw Changes in pictures

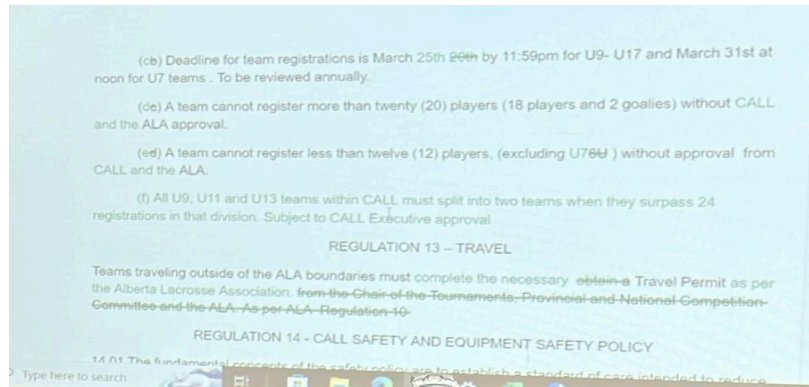
- 7.10 rule change: suspended coaches



-12:01 Registration

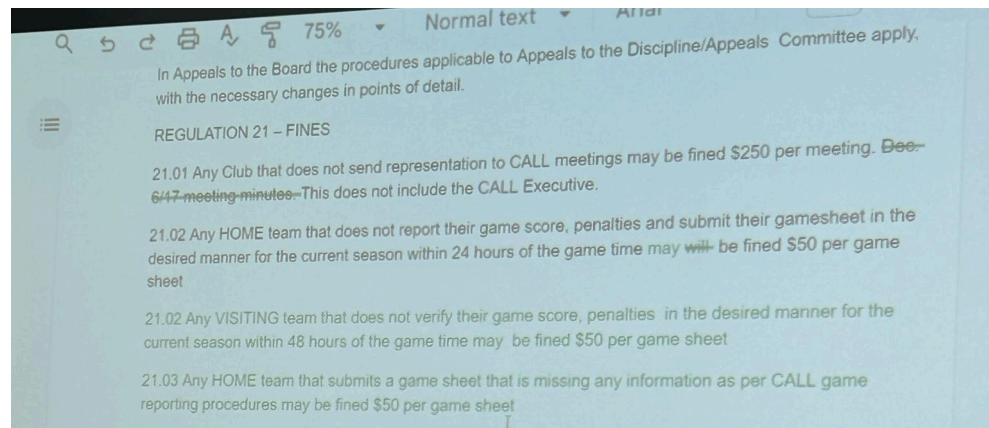
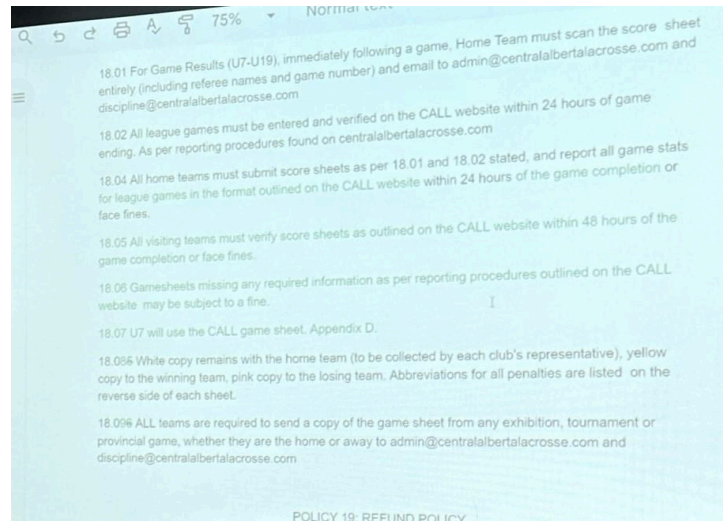


Splits/ Parity



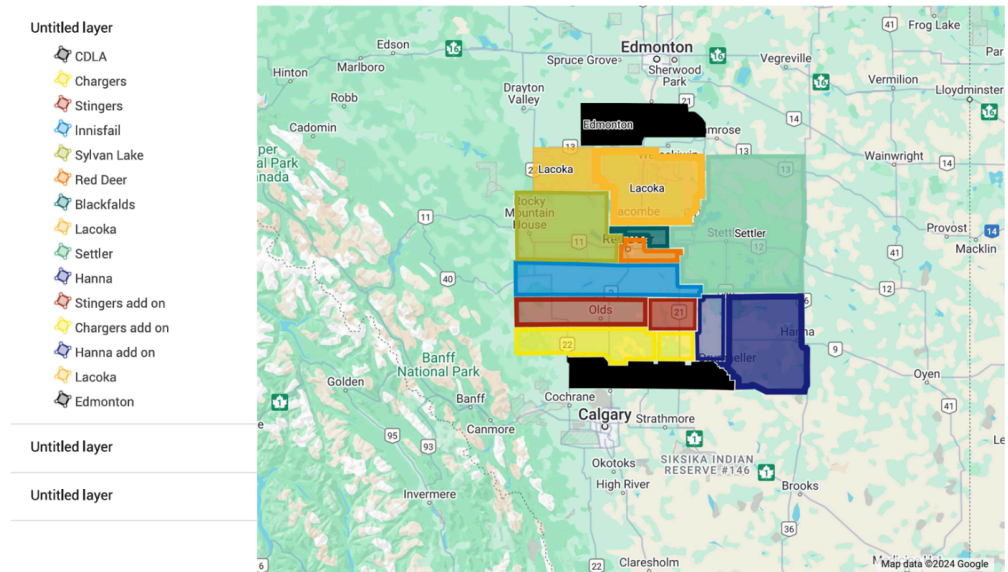
No over or under sized rosters will be considered until division has been attempted

18.04 game reporting/ Fines for game sheets



Boundaries- there is a proposed Google map (we should be discussing this- registrar please check our registrants to see how this would impact us)

Call #2



ALA Meeting November 23 and 24, 2024

Breakout Session Sustainability- *Important information for coaches

-Jason and Richard Directors of Coach Player Development report/ Gap Analysis on U13

- keep checking the ALA website as they will be posting social media content to share.

- More detailed LTAD coming-power play/ penalty kill position play implemented (needing growth in these skills), feet need to be moving from the bench, recognizing delayed penalties and loose balls, give & go graduating to pick & roll etc

- -lots of resources online at ALA- coach skill self check and audit for development

- Local clubs seeing growth from school visits

- Canada Summer games in Newfoundland

Breakout Session Board Health-

-the discussion was a timely one since we are reviewing our own bylaws and policies. The ALA is encouraging every LGB to review their clubs bylaws, policies and procedures. The director said she will review ours for us prior to our General meeting when we are complete with the review at the board level.

Breakout Session- Review of ALA financials

- Fees are increasing (sent to Lindsey) due to trickle down from CLA

- ALA financials show that no money is being used to subsidize Team Alberta

-They are operating on a very base budget with 5 paid staff and have given up their office so no longer have that expense

All member group sessions:

- Guest speaker brought in Vivian Forest Paralympic Downhill Skier
- Possibly introduction of a mental health app for players and coaches to have access to. There will be a cost associated with this program.

5.2. Vice-President Report - Greg Nelson

- 5.2.1. I participated on the subcommittee to review and recommend updates to the Bylaws and regulations/Policies for the club. The results of this review are before the board tonight for their review and comment.

I attended the Alberta Lacrosse Association Annual General Meeting and want to share the following:

We had an interesting presentation from Vivane Forest - a paralympic athlete - who competed in Go Ball and Downhill Skiing at the Athens and Vancouver Olympic Games. Her presentation was very much focused on the challenges of overcoming physical and mental adversity to compete at the highest levels in sport. Her story is very inspirational. However, her story comes with a caveat about the problem of head injuries and concussions that I think was completely missed in her presentation, as well as by the ALA. While her presentation focused on overcoming injury to stay in the competition, her experience has resulted in her suffering from 21 concussions. She described how she now struggles with daily routines and requires medical intervention on a weekly basis to manage her symptoms. Lacrosse is a sport where head injuries and concussions are a significant concern. We need to promote the long-term wellbeing of our athletes, as compared to the short-term goal of winning at all cost. For our athletes, their lives continue long after the competition has ended, but some injuries can remain with them, detracting from their quality of life if we fail to protect them.

RAMP is working on the development of electronic game sheets. As they develop this system, they will eventually replace the need for paper game sheets and the manual entry that happens after each game. Real time reporting of game results, penalties and issues in need of disciplinary review will become more readily apparent, and can be moved easily to tournaments from league games, and vice-a-versa. But for now, they are developing the system, and hope to pilot it for some games later this year if things go well. So, it is with a bit of disappointment that I picked up our game sheet supply for the season, but there is hope for a better future for game sheets! There are other things I could update on, but these two items stood out to me.

5.3. Treasurer Report - Lindsay Taylor

- 5.3.1. Income from Mavericks
\$847.50 for us and all Casino reports have been completed - all money is paid to Mavericks.
Will be doing at least 2 more 50/50s for the Mavericks this month as they are still working on AGLC license.

RAMP Credit Card payments and charge fees to family if they want to pay by Credit Card

-will start setting up with board approval

A few outstanding bills

- Kari Flaws and Greg Nelson hotels \$348.04 x 2

- Goalie equipment cleaning \$277.16

Etransfers sent

- Game sheets \$258.75

Proof of filing complete and sent to CALL

- ❖ Motion to accept 2025 IMLA budget shared by Lindsay Taylor.

Seconded by Steve Mackie. None opposed. **Motion carried.**

- ❖ Motion to set up credit card payment option in RAMP with the additional fees being charged back to the registrant by Lindsay Taylor.

Seconded by Stacie Wadin. None opposed. **Motion carried.**

5.4. Secretary Report - Meghan Themig

5.4.1. No report.

5.5. Registrar Report - Amber Philip

5.5.1. Discussed boundary map given by CALL in President's report.

Inquired about upcoming Registrar meeting.

No report.

5.6. Director of Scheduling Report - Shelby Mackie (absent from meeting)

5.6.1. Good evening,

This past weekend I booked floor for both tournaments; U15/U17 (SOS) and U11/U13 (Gauntlet at the Grove), and Kristy confirmed they are booked. We are still waiting for Terror of the Tyke date to be able to book floor time and will need to get that booked before the dry floor user meeting. Regarding floor time for practice, it has been difficult finding a place that has time to such a large request, Springbrook only has floor time available Monday, Tuesday and Wednesday from 5:00 P.M.-6:00 P.M., and Penhold Multiplex has no openings, while other facilities such as Bowden and Spruce View don't take ice out until the middle of April. I have an email into the Innisfail and Bowden schools to see if we could book their gym for practice, but I have not heard back as of today. Patrick is looking into St. Marguerites for me, and I will continue to look other places.

Note: Patrick was able to lock in practice facility within the St. Marguerites school gym while IMLA waits for ice to come off at Innisfail Arena. Will fill out necessary forms and submit to them ASAP.

- ❖ Motion to start our IMLA season the week of March 3, 2025 by Ryan Philip,
Seconded by Stacie Wadin. None opposed. **Motion Carried.**

5.7. Director of Player/Coach Development Report - Nate Justice

5.7.1. No report.

5.8. Director of Discipline Report - Ryan Philip

5.8.1. No report.

5.9. Director of Equipment Report - Steve Mackie

5.9.1. No report.

5.10. Director of Public Relations & Fundraising's Report - Patrick Teskey

5.10.1. January 15, 2025 try it night confirmed with a couple Roughnecks to join.
Ticket giveaway and swag giveaway by Roughnecks.
Attending Innisfail town council meeting Monday the 9th at 3:00 P.M.

5.11. Director of Tournaments Report - Stacie Wadin

5.11.1. Approved for the following tournaments:
Spirit of the Sticks U15-U17 April 25-27, 2025
Gauntlet at the Grove U11-U13 May 30-June 1, 2025
Terror of the Tykes U7-U9 May 9-11, 2025

5.12. Concession - Mackies

5.12.1. No report.

5.13. Mavericks - Stacey Mackie

5.13.1. No report.

6. New Business

- 6.1. Further review and discussions of bylaws, policies and procedures (ie. registration fees and volunteer bond/hours).
- 6.2. Discussions of Kari Flaws' findings at the CALL Meeting along with the ALA Meeting (Greg Nelson also in attendance at ALA Meeting).

7. Conclusion

7.1. Next Board Meeting Date:

January 6, 2025, 6:30 P.M., at the Innisfail Arena.

Special Resolution Meeting Date:

January 22, 2025, 6:30 P.M., at the Innisfail Arena.

8. Adjournment

- 8.1. Motion to adjourn meeting at 8:04 P.M. by Ryan Philip, seconded by Lindsay Taylor.