



JDF Lacrosse Association Executive

Meeting Minutes

1 February, 2024 – 7 pm /JDF Seniors Center 201

Meeting called to order: Moved by Adam 7:00pm, 2nd by Jill, all on favor, carried

Adoption of Agenda: Moved by Niki, 2nd by Brittney, all on favor, carried

Adoption of January Minutes: Moved by Matt T, 2nd by Rochelle, all on favor, carried

Adoption of Reports of Committee Members: Moved by Jesse, 2nd by Dawn, all on favor, carried

Attendance: Adam, Dawn, Jesse, Jill, Niki, Ryan, Jenn, Britt, Rochelle, Ashley, Gina, Matt T, Alicia, Matt M, Kyla, Nic, Rob P, Nikila, Devin, Curt, Jessica

Online: Jean

Non-executive members: Wendy Hall, Riley Lejeune

Reports of Committee Members:

President – Adam Ranns

There are a lot of lacrosse events going on and I will let everyone else update how they are going when they do their position specific updates.

I have a meeting scheduled with MLA Ravi Parmar this Tuesday to see how Langford can help with JDF lacrosse. Please let me know any thoughts or ideas you have that I can bring to this meeting. I will let everyone know how that meeting goes February 1 when we meet.

I met With Lucas McNeil to discuss some issues with parents, players, and other topics and how JDF and Royal Bay can help in these areas. Below are some ideas that we discussed and I want to see what everyone thinks about them. I have another meeting TBD with Wayne Kelly and Lucas to discuss this further.

- A class room session for coaches not just to learn the game but how to handle different difficult situations with parents. We have a lot of new coaches and between the executive at JDF and the coaches at Royal Bay there is a lot of lacrosse experience and we can help coaches new to the game come up with practice plans, game plans and learn the game.
- A class room session for parents. This could include learning the game (more field lacrosse than box). How we are looking to develop kids and not hurt them by putting

them on B teams and the process that we go through looking at that. Also the behind the scenes on how NCAA institutions hand out scholarships, the dollars involved and how each NCAA division manages team size with scholarships. There are lot of parents that do not understand the process and think their kid needs every top opportunity they can get and this causes a ton of issues. In my discussion with Lucas, he was unaware that a lot of division 2 coaches have a roster minimum in their contract and that number is quite high. If a player has good grades, good work ethic, and mediocre skills they will take them in a second to meet that roster minimum without using capped athletic scholarship to get them there. Dawn and I have a ton of experience in the NCAA setting and we can help with that area and hopefully be able to help not only parents but possibly Royal Bay as well. Curt and Nic have a ton of experience in Senior and Junior lacrosse and hearing information on how to get to those levels in box lacrosse would be great also.

- We are going to look at the JDF parent contract and the one at Royal Bay and see where we can strengthen both of ours together
- I would like to discuss with everyone the idea of having a set "motivational" work out in place when players are goofing off, hurting each other and not listening. Royal Bay and JDF have both received complaints from parents saying we are being too harsh in conditioning or disciplinary work outs. For this reason, if the executive agrees this is a good idea I would like to reach out to a friend of mine who is a college strength and conditioning coach to get some set work outs in place from a professional certified coach. He has worked with multiple NCAA lacrosse championship teams, the New Zealand national team, and The Charlotte hounds professional lacrosse team. This is now mandatory in NCAA institutions and could be something good to hand to the coaches.
- Have each coach send an expectations email out to the parents outlining their expectations for the season as well as have a parent meeting outlining these expectations.

I met with the lower island presidents to discuss teams as well as if there was a possibility of re-adding an intermediate level lacrosse for those that don't make any of the junior teams. I agreed that there are a lot of kids who don't make those teams and then have nowhere to play but being newer I have no idea how or if this can be done. The Peninsula President is going to explore this further.

Vice- President Box 1- Niki Williams

A good start to the season so far. Good turn out at our Eagle Ridge sessions. Try lacrosse and bring a buddy sessions are complete.

Healthy numbers at U11 and U13. I'm confident we will have four, maybe five balanced U11 teams and four tiered U13 teams...

A1, A2, B & B. Right now our numbers are tight for 4 teams, but its still early and I'm confident we will get there.

I'm meeting Gina and Jill at the locker tomorrow to do a full inventory of our jersey stock and to load it into a digital database that Jill created. This will streamline the process and set up our jersey coordinators for success moving forward.

I will be attending the VIMLC planning meeting Feb 5th.

Vice-President Box 2 – Nic Collison

Keeping an eye on U15 numbers and will wait lost shortly. If a couple more come in. Will advise. U17- 2 teams and only 1 registered goalie. So a little work around with that. Off to a great start.

Vice-President Box 3- Jennifer Lambert

Huge shout out to all who have helped run our back to the box and bring a buddy sessions. We had some lower numbers on Saturday but have a chance for the coaches to work more on one with new players.

I'll work with Jean to send a reminder to sign up email to the past lower age groups as registration is low for U7 and U9.

Vice-President Field 1 – Matt Towle

Here is the latest information regarding Jamie Boyd's suspension. After careful consideration, it has been decided to reduce the suspension from two games to one, attributing the adjustment to administrative errors on both ends.

Season updates for the following teams:

- Concluding their seasons: U9 Teams, U13 Teams, U15T2, and U17.
- Despite their hard-fought battles this past weekend, both U13T2 and U15T2 unfortunately lost their playdown games.

Best of luck to the U11 teams as they head into their provincial tournament in Nanaimo from Feb 9-11. Additionally, our only competitive team, U15T1, is gearing up for provincials later in February. Wishing them all the best in their quest for a medal!

As the season draws to a close, we have encountered various obstacles and learned valuable lessons. Thank you to everyone for their dedication and hard work.

Vice President Field 2- Devin Johns

With the season starting to close out and some teams continue to provincials I wish them all the luck heading into their respective provincial tournaments.

Nothing to add that Matt has not already touched on with the suspension reduction and teams closing out their seasons.

I am looking forward to planning for the next field season. Joined the executive mid way through the season has given me a lot of perspective of what works, what might not work and how we can continue to provide a positive environment for the players to grow as athletes and individuals.

Vice-President Female – Dawn Ranns

The U11, U13, U15, and U17 female season finished up this week with a final practice and a double header scrimmage against Nanaimo for the U11/13 team. Overall it was a successful year and we are looking forward to growing the rosters on all age groups for the coming season.

Female Box registration is under way and slowly increasing in number. To date we have 6 U13, 4 U15, 3 U17, and 1 U22 registered. We will continue to work with VELA to promote the season and grow the numbers. We have a Female Box session setup for February 8 from 5-6 PM at Eagle Ridge. We will continue to promote the session and work on increasing the number of registered players.

The U11, U13, U15, and U17 female season finished up this week with a final practice and a double header scrimmage against Nanaimo for the U11/13 team. Overall it was a successful year and we are looking forward to growing the rosters on all age groups for the coming season.

Female Box registration is under way and slowly increasing in number. To date we have 6 U13, 4 U15, 3 U17, and 1 U22 registered. With VELA and JDF registration so far we have one team at U13F, U15F, U17F, and U22F. We have half a U11F team so far, but we need more if we are going to declare a team. The season will run April to June. Practices at Bullen and Topaz with occasional practices at JDF boxes. We schedule the female practices a bit later for travel time and rotate indoor practices for U17 and younger. U22 has one standing indoor practice at Archie Browning on Wednesdays. The game schedule is still being sorted by the island commission and Lower mainland commission. We will play Nanaimo and likely have 2 lower mainland home games and

2 lower mainland away games (played on the same day). Should be 12-14 games total. U11F would not play mainland teams. We won't get those details until closer to March.

We have a Female Box session setup for February 8 from 5-6 PM at Eagle Ridge. Blake Moyon (U13F coach) and Dawn Ranns will run the drop in session. We will continue to promote the session and work on increasing the number of registered players.

Secretary – Jessica Lejeune

I have renewed the PO Box at Westshore Mall Shoppers Drug Mart.

Treasurer – Jesse Lawson

Despite some process and administrative delays, we were finally able to transition the banking authorities over. I have been playing some catch up with paying bills and addressing refunds but I am working through it. There is a large volume of movement through our accounts due to registrations coming in and Field teams wrapping up.

I have met with the Administration at Westshore Parks and Recreation and we have started our payment plan to cover the outstanding debt. This will be a monthly expense for the calendar year.

I will be looking to review (and possibly propose a new) process for suppliers such as Kirby's Source for Sports.

Account Balances are as follows:

Box General - \$102,156.11

Field General - \$N/A

Field Gaming - \$10.78

Gaming - \$100.00

Booster - \$1995.78

PayPal - \$27,015.34

Registrar – Jean Gallagher

Registration is going well, we have about 285 registrations so far total, which is about 80% of registrations based on last year's numbers.

Dawn has already provided numbers for female registration. The coed divisions are as follows:

U7-19

U9-46

U11-65

U13-63

U15-37

U17-35

Insisting on payment prior to assessments has definitely helped with chasing down payments now that assessments are underway. There are still a handful outstanding and I will work with VPs to communicate with those families if needed.

Trying to figure out better systems for tracking things like payment plans, new player's documents and sponsorship player payments. Any ideas are welcome.

Kudos to Kyla for figuring out all those savings on field and floor time! Hoping the savings along with all this revenue generated by registration fees will help us get into the black soon.

A big shout out to the assessment committee and to Jill for keeping us all on track and organized. And to all of the executive, thank you for your hard work. My email was hacked so I will express my thanks here or in person and won't ask you to buy gift cards to this effect!!!!

Head Coach Box – Curt Morwick

Coaching are in place for the upper divisions. The assessments have been running well and we've been getting positive feedback. All in all things are good. I'm working on putting together some practice plans for coaches in if they would like. A few drills and different focuses in case they want some fresh drills or ideas. There was talk about a parent contract for the upcoming season. Following up on our conversations from our previous meetings, I'll reach out to the coaches to recommend they have their own letter as well as our JDF letter for parents to sign. Their letter will state what the coach's progression plans look like, how they will run the team, what to expect to see in certain situations etc etc. more of a personal letter that they can draft up the letter themselves. I don't want to tell them how to run their teams, but I'll provide some key topics we think are necessary to discuss with parents. The aim is to have the parents read it and sign it to keep possible disgruntled behaviour at bay. The lower divisions are coming up next month and, right now, we look good for coaches in those divisions. Thank you guys for dedicating the time for the assessments and assessing.

Head Coach Field – Adam Ranns. See president's report.

Head Referee – Rob Cook

Was just in Vancouver for our learning facilitators clinic. Dates for the island ref clinics are going to be posted on the BCLA Website this week.

I will get them posted on our website when they are posted.

Field season is going well and some of our young officials will be going to Nanaimo for the U11 tournament.

This will be a great opportunity for them.

Referee Allocator box- Cass Jutting

Some changes are being made to update RAMP to include ref allocation in the application. A request was made to all head refs and allocators for business requirements (must haves and nice to haves for the task) for the developers and a meeting was held Sunday 21 Jan. I have no further updates.

Referee Allocator field- Nico Boudoin (acting) Nothing to report.

Equipment Manager – Rob Ponte Working on quotes for new goalie gear that is really needed. Initial prices in the range of \$1500 per full set. The association has minimal amounts of cat 2 gear and needs to buy more. Would like to put a motion forward to purchase new cones as there are none in the locker at this point.

Risk Management – Matt Towle

Injury Reports:

One injury has been reported over the past month, with the following details:

U15 T2: A player sustained a concussion. Accident claim forms initiated.

Gaming – Rochelle McRae

I have requested a license for our association electronic 50/50 . Awaiting for approval.

Jersey Manager box- Gina Lawson

Here's an overview of the jersey inventory:

- 457 sets total, ranging in sizes Youth XS to Adult 2XL.
- 91 single jerseys

Next steps:

- review the single jerseys (in the storage unit), confirm if there are some sets and adjust the final inventory number.
- top up jerseys, and purchase 31 and 2 goalie jerseys, using the grant (approx. 6 weeks order time)*

I'd like to extend my thanks to Jill and Niki for their assistance with the jersey transition and the amazing jersey inventory spreadsheet.

New business*Motion – to spend up to \$2500 to purchase jerseys for the upcoming 2024 box season, using the \$2000 grant already received.

Jersey Manager Field- Matt McRae

Not much to report on my end. Jerseys are slowly trickling in and I'm expecting a big influx soon. Just waiting on manager contacts to collect.

Webmaster – Stephen Laws- Nothing to report

Whaler Wear Coordinator- Ashley Petch

I have met with one of our suppliers and just waiting on quotes and proofs.

I don't know if coaches shirts are feasible at this point but he's going to be putting some ideas on paper and we will discuss when they are back.

Head Manager box – Jill Denis

Try lacrosse and back to the box sessions were a success and are done for now. Assessments are in full swing and so far, things are going well. It has been busy.

I need to work with Kyla to book a location for photo day, I will have details at the meeting on booking the photographer.

Coaches/managers meeting is penciled in for April 4th, the agenda is a work in progress. We will use last years as a template and just update as needed.

If you would like to email the entire executive, please use **executive@jdfllacrosse.com** to ensure it goes to the correct email addresses.

Head Manager field- Alicia Hayes

Some teams are wrapping up their season now. I will be sending managers an email asking for their end of season package and coaches will be asked for their player nominations for the next awards ceremony. Nothing more to report for Field at this time.

Floor Allocator – Kyla Pedlow

WSPR is now accepting requests for Spring/Summer. Below you will find the requests that I have submitted. I have also created a draft practice schedule for the upcoming box season. I don't anticipate a lot of movement or changes to this schedule. Having it set now allows me to be able to better request floortime from WSPR, schedule game slots that will be given to the Island, and give Jean days of the week that U7 and U9 will be practicing so that parents can schedule other activities for their kids.

One major item to note is the amount of money we saved on field rental this season. Our original contract for use of the Velodrome for the season was \$49,513.76. The most recent update I've seen is that we were able to reduce that down to \$29,393.02. So we were able to save \$20,000 by sharing practices, and slashing the amount of weekend time booked. For Royal Bay, our original contract was \$19,203.72 for the season. With our field time there being cut in December, that contract went down to \$6,753.15, which is a difference of \$12,450.57. So, in total we saved **\$32,571.31**. I'm hoping this makes a massive difference to our debt with WSPR. We should also still be receiving credits for the days that the fields were closed due to snow.

JDF Lacrosse Floor Time Request 2024

JDF Box (April 1 - July 23)

M - F 5:00pm - 9:00pm

S - Su 10:00am - 4:00pm (No weekends after June 24)

John Stubbs Lacrosse Box

April 1 - June 28

Monday - Friday 5:00pm - 7:30pm

JDF Arena (April 1 - June 30)

M-F 6:00pm 9:30pm

S - Sun 9:00am - 4:30pm

Tournaments

Travis Bateman U11 Tournament

May 24-26

JDF Arena

Friday & Saturday 9:00am - 9:00pm

Sunday 9:00am - 4:30pm

The Q Centre

Friday & Saturday 9:00am - 9:00pm

Sunday 9:00am - 4:30pm

Rumble on the Rock U13 Tournament

June 7 - 9

JDF Arena

Friday & Saturday 9:00am - 9:00pm

Sunday 9:00am - 4:30pm

The Q Centre

Friday & Saturday 9:00am - 9:00pm

Sunday 9:00am - 4:30pm

Field Allocator- Nikila Cyr- Nothing to report

Tournament Coordinator - Brittney Corkery

I have applied for our U11 and U13 tournaments. I believe they go live for applications March 29th. We can usually fit about 10 teams for the U11 and 10-12 for U13, all depending on how much time in the Q centre we can get.

I will slowly start the behind the scenes planning (MVP/DIGGER awards, shirt designs, drawing up letters for donations for food and silent auction mock schedules to see how many teams we can accept) and work with Rochelle on securing our gaming licenses for toonie stick and 50/50. Once teams are formed, it's nice to have a point of contact from each of our JDF teams attending the tournaments to talk with them about volunteers and team responsibilities and I will also be looking for a couple people willing to take on treasurer duties for each tournament.

Marketing Manager- Jessica Lejeune

Marketing Report: Continuing to run digital ads at City Center and JDF. Social media posts for assessments, back to the box, try for free events and to promote registration. I have emailed the SD62 bulletin and local daycares our pdf newsletter for January, will send a new one for February. I was hoping to run some lacrosse sessions in schools before the season starts. I have SD 62 teacher friends at Crystal View, Savory, Sangster, Hans Helgesen, Dunsmuir and Spencer

who can get us directly into schools at anytime. If anyone with coaching credentials and criminal record check can take a weekday off to help run a couple sessions, please let me know. We could send some Royal Bay kids to help if timing worked too. I have a ton of JDF little paper flyers that we could hand out as well. If there is not enough notice, we should plan ahead for next year please.

Past President- Ryan Hyland. Nothing to report.

Agenda

Review of Old Business: None

New Business

Topic	Action Item	Responsible
Ryan: Executive positions and job descriptions / duties.	All positions are in bylaws and policy. Chain of command. President forms committees if needed. Stick to your lane and all will go well. Point people with questions to the right executive members.	All executive
Gina- Jerseys Jersey locker organized, found more than we thought we had. \$70 per jersey order from xtreme threads. Will use the grant from City of Langford to order single jersey replacements to make complete sets. Booster can order the right C and A letters that won't Shorts- move to booster for ordering	Gina motioned – to spend up to \$2500 to purchase jerseys for the upcoming 2024 box season, using the \$2000 grant already received. Niki 2 nd , all in favor, carried. Sell individually if needed. Fulfill pre-orders. Jean to give list of player orders, plus some extras. Females would like female fit if possible moving forward.	Gina Niki Jean Ashley Jesse
Brittney- ref travel fees. Will there be more notice ahead of time? Teams are often not prepared to have correct fees ready for them. No communication to team managers if refs are travelling. Jill- field games information is not coming from the island ahead of	Matt will seek out clarification at island level, female teams included.	Matt will report back

<p>time at all. Some pay \$20, some pay \$40 some pay \$60. Very unorganized</p>		
<p>Adam- meeting with Ravi Parmar</p> <p>-Operating policy changes for next field season, form due Feb 21st</p>	<p>Asked about parent problems. Sending him our parent contracts. Covered box and new facility not under his control. He says to go to local government. Project for sixes sooner than later. Adam will meet with Wayne Kelly to move things along with SD62 as well.</p> <p>Adam and Dawn attending minor directorate meeting in Vancouver. Send policy changes ideas before Feb 18th. Eg cross over play, cancelled games, scrimmages.</p>	<p>Adam to reach out and make push out for community connections.</p>
<p>Dawn- summer camp, fall female field tournament JDF hosted</p>	<p>At least 1 week of female field lacrosse summer camp. All planned, need to set date. Possibly 2 weeks if enough interest: 1 for older, 1 for younger kids. 9am-1pm younger kids. 9am-330pm for older.</p> <p>Nikila to look for field times, costs. Velodrome is ideal</p> <p>Jessica to make advertisements and promote on socials and newsletters to SD Schools.</p> <p>Fall female tournament: potential dates October/November, 2 days- last weekend of October 3 games on 1 turf field at a time. JDF grass typically booked fully by soccer. Kyla to look at facilities: PFC indoor turf, Royal Bay, back side of Belmont, North Langford. Dawn to reach out to see which associations from mainland would be interested. Or make it a sixes tournament? Or hybrid?</p> <p>Sub committee: Brittney, Niki, Jessica, Rochelle. Many will help out where needed. Have to apply to host through BCLA, find out application deadline. Need refs- Angie could help out. Run a session to train. Academy kids, others.</p> <p>Need specific female lines- conversation to have with municipalities. JDF flat out said no to painting lines on velodrome.</p>	<p>Dawn Nikila search field availability Brittney- tournaments</p>

<p>Jill- Picture Day Photographer</p>	<p>Kyle Robinson from grizzlies Jr A sent email asking to be considered as this year's photographer. Kyle: \$10 per player includes 8x10. \$12 5x7 player beside team photo option as well. Offers extras like magnets, player cards, etc.</p>	<p>Jill will book him</p>
<p>Niki- Crosby Try outs</p>	<p>Suggest official try outs. \$20 cost? to cover floor times. Make very clear it is a "select all star team to travel". Cuts made as needed. More transparent and more inclusive than previous years. Give all a chance to try out. Follow assessment policy. Any coach could also take their B team to go if they wanted. \$40 for those who make it to cover floor times? Tabled for further discussion. Crosby Committee: Matt T, Curt, Nic, Niki, Jenn</p>	<p>Niki: Chair committee</p>
<p>Adam- awards display case</p>	<p>Adam: 2x2 whalers logo plaque, with removable stickers for winners for each year. Niki: collage poster of all teams would be nice to add in the display case Ryan: all past winners on website. QR code in the display case takes you to the link</p>	<p>Adam</p>
<p>Rob- Goalie gear/ coaching supplies</p>	<p>Need more cat 2 goalie gear, Sherri Dixon has a set of cat 2 gear. Rob to reach out to her. Ryan: previously \$10,000 equipment budget for gear, coaching supplies. Gaming: funds for this, Rochelle checked for box season: \$40,000. Balls, equipment, refs, jerseys Ryan Hyland makes a motion for the Gear Manager to spend up to \$10,000 for goalie/ coaching supplies. Jessica 2nd, all in favor, carried Rob to reach out to other companies for costs. Jesse to help Rob to budget. Fundraising online 50/50, raffle, other ideas to help gets funds coming in.</p>	<p>Rob Rochelle Jesse Adam Niki Jean</p>

	<p>Online 50/50 happening this spring. Every team needs an email to link to 50/50. Rochelle to coordinate. Niki and Jill to give # of teams.</p> <p>\$50 deposit cheque required now for each coach for supplies: balls, cones and buckets, etc.</p>	
Ashley- coaches shirts & whaler wear budget	<p>Coaches shirts? We ordered in previous years. Will hold off this year. Teams can order their own.</p> <p>Jesse and Ashley to make budget for whaler wear gear. Offer pre-sales of whaler specific gear to get a base of funds to then buy more gear. Generic lax stuff for tournaments.</p> <p>Online store? Passion sports. Pre sale items through Out of the Blue?</p> <p>Jessica to make poll for whaler wear needs.</p>	Ashley Jessica Jesse

Next Meeting: March 7 7pm JDF Seniors Center

Meeting Adjourned: Adam: 8:55pm