



JDF Lacrosse Association Board Meeting Minutes

5 Mar, 2026 – 7 pm JDF Senior Center 201

Meeting called to order: Kyla 7:01 pm

Adoption of Agenda: Moved by Sarah, 2nd by Rob C, all in favor, carried.

Adoption of February Minutes: Moved by Rob P, 2nd by Craig, all in favour, carried.

Adoption of Reports of Committee Members and Committee Reports: Moved by Cass, 2nd by Craig, all in favour, carried.

Attendance: Kyla, Cass, Jessica, Rob C, Nikila, Alicia, Rob P, Jeremy, Craig, Sarah, Jesse, Jill, Wes, Shauna

Non-executive members: None

Elected Directors-

President – Kyla Pedlow

Assessments are officially wrapped up for all divisions!! The only things left to finalize are the U7 and U9 rosters, which will be completed shortly. Huge congratulations and thank you to everyone who helped make assessments happen this year! From everything I've seen and heard, they went really well. I know a number of you have been extremely busy the last couple of months helping organize, evaluate, schedule, and generally keep things running smoothly, and it's very much appreciated.

I attended the VIMLC declaration meeting on Monday, where the Island finalized team declarations for U11 and up. U7 and U9 have been given a bit more time before declarations so the smaller associations have a chance to get a few more registrations. Those divisions don't start games until late April anyway, so there's still time before schedules need to be built.

As many of you know, Lacrosse Canada recently announced several rule changes. Because the announcement came so close to the start of the season, BCLA had to review which changes could realistically be implemented this year and which ones would need to wait until next season.

A few of the bigger items that will wait until next year include:

- U9 moving to 5v5 – this will not happen this season. U9 will remain 3v3 for 2026.
- Game structure – we will continue using regular periods this season, with a likely move to quarters (similar to the NLL) starting next year.
- U17 nets – U17 will continue to use 4x4 nets this season and will transition to Junior size nets next year.

One important note is that Interprovincial and National level play will already be using Junior size nets in U17, so players competing at those levels will need to be aware of that.

Overall things are moving along well as we head into the start of the season. Thanks again to everyone for the time and effort you've been putting in lately, we couldn't do it without you!

Vice President Operations- Nikila Cyr

I'd like to begin by thanking everyone for the time and effort put into tryouts and assessments. The success of this year's process is a direct result of your hard work and commitment.

I've been working closely with Wes on developing the practice schedule for the season. Honestly –this year has been more complex than usual. Consistency and fairness remain our top priorities, but I do want to flag that April may feel a bit uneven as we work to ensure all U11–U17 teams receive two practices per week while rotating between the two boxes. The good news is that we've secured a solid amount of indoor floor time in April, with even more available in May, which will allow for our older divisions to have indoor practice time.

I've also begun planning for our tournaments. I now have the floor time confirmed from WSPR and am currently determining how many teams we can accommodate. More details will follow once the logistics are finalized.

Vice President Box Programs & Development- Curt Morwick

Kyla has mentioned most of the relatable topics for box. U11 wrapped up and teams will be formed Friday! Huge thank you to everyone. It's been very well received and that has everything to do with everyone who's been living at Eagle Ridge and organizing these tryouts/assessments. It felt long but I think we did a great job with everything!

Our focus is now on the U7-U9 and getting those teams formed. There are plenty of coaches with help for those divisions which is great. Want to further discuss U9 in house 5v5.

Waiting on Walt to reply with his availability to run a coaching clinic for us. He just got back from England so I'm giving him a bit of time before I bug him more. Goalie clinics will be on the horizon, whether that is with Crease Camp, or in house? Our focus is to try to make sure we are continuing the previous commitment to developing our goalies.

Undecided on floor time availability, so not a lot of progress on any 'development sessions' for brand new players as discussed last meeting.

Vice President Field Programs & Development - Sarah Nishimura

VP Field - Will be attending the field special session April 11.

Vice-President Female - Craig Patzer

Our U11 (combo), U15 and U18 finished their provincials in February. U11 brought home gold with their Nanaimo counterparts, U18 won silver and our U15 had the unfortunate opportunity for BCLA FD to just decide to... not tier anymore in this Division. Which made things really challenging against some very legit competition from the mainland Tier 1 teams.

Moving forward I have three items I am working on towards next years field season:

1. Season wrap up email to the parents. Pretty simple but I think it's nice for everyone to reset their brains into box and then have something to look forward to afterwards.
2. JDF Girl's Summer Sixes. I'd like to start this a bit earlier this year, so that we can engage registrations prior to families leaving on summer break. Kyla and I have discussed adding on a co-ed Division, so look forward to that. I think we need to have a separate committee / discussion panel on how we manage this, and I would like to convene that relatively soon. Items to discuss:
 - a. Do we have a drop in or prior registration
 - b. Do we charge a fee (girls last year was free)
 - c. Do we offer the chance to pre-build teams, or all free agents sticks in the middle
 - d. Do we try and package on development with companies or individuals in town for the summer.... which leads me to point 3:
3. JDF Development Days. I've recently sent an email to BCLA's staff in charge of development and performance to begin a discussion on how to get our JFD girl's some support. I know we have NCAA / Trained women in town, but none of them seem able to commit time to give back. I'm not too concerned with our higher end / competition girls, but for the ones who are coming in and learning the game, trying to get better, etc. There is some real benefit to having people who actually played the women's game teaching them how things are.

There is also the opportunity to offer something for the co-eds as well, I think. Again, not for the A level kids, but something where we can potentially offer the A2 / B kids access to the coaches who played Pro / NCAA etc so they can potentially take the jump from B to A without needing to travel to the mainland..... as this is definitely outside my wheelhouse, I will focus on the girls and support any action towards the co-ed end.

Vice President Finance- Cass Jutting

-Whaler Wear re-opened in February and sold \$4000. Thanks to Shauna Huva for her help in getting Square up and running and conducting the inventory count with me.

-Team bank accounts will be set up as soon as possible. I've already reached out to coord with Coast Capital and Ashley Petch will assist with supporting team treasurers.

-New assets purchased! We now have Veo cameras for the upper divisions. Jill will be managing the schedule for these assets.

Please see attached financial statements. Overall we are in a strong financial position heading into Box season. Waiting to hear on grant applications/approvals for U11 and U13 tournaments which will further strengthen our ability to have additional services at the tournaments. Funds were received from the City of Langford for the Debbie Cooper Memorial tournament so we could expand this event also.

Secretary – Jessica Lejeune Nothing to report.

Registrar – Jean Gallagher

Closing in on 400 total registrations (including female box players). We have just over 350 coed players at a glance.

U17 - 51

U15 - 43

U13 - 73

U11 - 65

U9 - 71 (includes Sooke)

U7 - 53 (includes Sooke)

Female:

U22 - 4

U17 - 11

U15 - 13

U13 - 4

U11 - 6

I am pleased to say that there are 10 players in U9 and 9 players in U7 who have registered to practice in Sooke, so those teams are a go, pending coaches.

U11A and up teams have been created in Ramp App. Managers (if known) and Coaches have been given access. U11 B teams will be created in ramp as soon as the draft is finalized and U9 and U7 are not far behind.

Chasing down a few final payments. Any families where I feel we may need further intervention I will be notifying Division Directors.

I will (slowly) work on some job aids, including a checklist of what needs to be communicated during assessments for succession planning purposes.

Operations Support Appointed Directors report to President-

Risk Manager- Jeremy Tringham nothing to report.

Director of Admin- Jill Denis

WSPR is in the process of developing a master plan that the 5 member municipalities on the Westshore will use to guide them when making decisions on the expansion of services and the addition of facilities to support the growing Westshore population. They have asked us to provide a report showing our registration numbers and the municipalities that each participant resides in. Jean and I worked together to get this report to Glen, and it was well received! Hopefully this is a small step toward us seeing some upgrades to our local facilities to better support our organization.

As the box season begins, discussions are underway regarding opportunities to further strengthen our relationship and community involvement with the JR Shamrocks. Similar to previous years, our U7 and U9 teams will have the opportunity to sign up to participate in intermission mini-games during JR A and JR B T1 home games. Board members, coaches, team managers & parents are encouraged to share any additional ideas or initiatives that could enhance this partnership, I would be pleased to bring them forward to the JR Shamrocks GM for consideration.

Appointed Directors Box report to VP Box Programs & Development-

Division Director Box-Vacant U7

Division Director Box-Vacant U9

Division Director Box-Rob Ponte U11 & U15

U11- assessments are done, we will be holding the u11 draft this Friday to complete the process.

U15 - nothing to report.

I have started attending parent meetings for both divisions to outline the expectation of the executive when it comes to dressing room conduct, parent conduct when in the stands. And process to include executive members when there are issues that can't be resolved between teams and parents.

Again, just want to thank everyone for their hard work and time spent making the assessment run smoothly.

Division Director Box- Jessica Lejeune U13

All 4 teams have been finalized for A1, A2 and 2 balanced B teams.

Thanks to the coaches, assessors and volunteers for their work with this group. I will be attending each team's parent meeting to introduce myself, go over expectations for communication and chain of command through JDF. How to handle issues that may come up with 24 hour rule and board members roles to contact if coaches and

managers need support. No cell phones or parents at all in dressing rooms before, during or after games and player behavior expectations.

Division Director Box–Craig Patzer U17 Nothing to report.

Coaching Director Box – Curt Morwick See VP report

Officials Director Box- Rob Cook

I attended the Facilitator meeting in Vancouver this past Saturday.

Well it was an interesting meeting and this season is going to be a real challenge for everyone on the new rules.

I don't want to get into the particulars here but I would like to have this topic added to the agenda so we can come up with a plan.

Clinics start this coming weekend and run till the end of March.

Appointed Directors Female report to VP Female-

Coaching Director Female –vacant

Officials Director Female- vacant

Head Manager Female-vacant

Appointed Directors Field report to VP Field Programs and Development-

Division Director Field-vacant

Division Director Field-vacant

Coaching Director Field –vacant

Officials Director Field-Rob Cook see box report

Operations Support Appointed Directors report to VP Operations-

Head Manager box & field – Alicia Hayes

Field- I have sent out award nomination emails to all coaches and have already received some back!

Box- I have managers for all the teams that are formed so far between U11A-U17. I have sent the welcome emails. I've been working closely with a few teams so far as they are navigating the beginning of their season.

Almost have treasures for all teams as well.

I sent all Head Coach/Manager contact information to the commissioners for divisions U13-U17. Once teams are formed from the other divisions I will send the contact information for those teams.

Working on the agenda for the upcoming CMT meeting, I have sent out speaking notes to all directors, who usually speak at this meeting. I have received some changes back

they would like and I have added/ removed their edits. Once I have the agenda/notes fully updated. I will send out to all for final review.

Now that I have an idea of how many teams we will have altogether, I'm going to get the folders all finalized with all paperwork in them and ready for the meeting.

Floor & field Allocator – Wes Roberts

Hello everyone,

It's been a whirlwind month of moving parts, but I'm happy to report that the schedules are finally starting to take shape. Here is the breakdown of where we stand:

Floor time update;

The heavy lifting is officially done—floor allocations have been approved by WSPR. Nikila and I have successfully separated the available game times and sent them off to VILA for their scheduling magic. It's a bit like playing a high-stakes game of Tetris, but the pieces are finally falling into place.

Communication & Logistics

For the most part, communications regarding room and floor bookings have been well received, and I appreciate everyone's patience as we get synchronized.

I've had a few instances where last-minute changes were necessary, and I'm aware these aren't always ideal for everyone involved. I am currently deep in the learning process regarding the specific requirements and strict timelines of our various facilities. As I get a better handle on each location's unique "rhythm," I'll be working hard to mitigate those shifts on our end. With so many moving parts this early in the season, things can change unexpectedly, but my goal is to provide as much stability as possible moving forward.

U11 Evaluations

On a personal note, I thought the U11 A-team tryouts and U11 B assessments went great. It was fantastic to see the kids back out there with such high energy. A massive thank-you to all the volunteers who stepped up to help—these evaluations are a massive undertaking and couldn't happen without you.

Looking Ahead

March Box Schedules: These are officially in place.

April & Beyond: I am currently finalizing the long-term schedules and expect to have them out to you very soon.

Thanks for the patience and the support as we get this season off the ground!

Equipment Manager – Rob Ponte- nothing to report

Jersey Manager box & field- Jesse Henwood

Association jerseys have been ordered thanks to our wonderful sponsor *Island Junk Solutions* which are to arrive sometime between March 25th - April 1st. I will distribute

them as they come in. I have started to receive teams sizing requests and will start putting together bins for teams.

Officials Allocator Box & Field-Sarah Nishimura

Field: nothing to report

Box: 21 officials signed up for clinics.

Capped entry level officials at 11.

I will be reaching out to officials who have not yet registered for clinics.

Hoping to arrange a half day of u11 scrimmages pre-season to allow the officials to get on floor for the first time in a low stakes environment.

Event Coordinator- vacant.

Operations Support Appointed Directors report to VP Female-

Head Manager Female -vacant

Officials Allocator Female-vacant

Finance Support Appointed Directors report to VP Finance-

Assistant Treasurer- Ashley Petch

Whaler Wear- Shauna Huva

Marketing-Nikila Cyr Nothing to report.

Policy Committee-

Assessment Committee-

Finance Committee-

Sponsorship Committee-

Agenda

Review of Old Business: Belmont Box clean up

New Business

Topic	Action Item	Responsible
Rob P- Buddy requests for U11 and above. Too difficult to accommodate requests when teams are tiered. U11 now has A team.	Previous motion rescinded. Discussion- Too difficult to accommodate requests when teams now have try outs and tiering.	Jean Jill

	<p>U11 A team makes it too difficult to honour requests. Remaining balanced teams can take requests, but note in registration we will only consider 1 buddy per player that must be reciprocated and follow policy manual.</p> <p>U13 if balanced B teams still not ideal to take requests. Remove option to even make request for U13. Will not take them at all for next year.</p>	
<p>Cass- *current policy, board decisions and conflicts of interest</p> <p>*policy review plan (governance committee)</p> <p>-new asset management</p> <p>-disciplinary policy review and set pre-season</p> <p>-jersey deposits policy review and set pre-season</p> <p>- coaches/managers/treasurers meeting items?</p> <p>-Ratify Shauna Huva as whaler wear coord</p> <p>-Bank signing authorities</p>	<p>2 Veo cameras have been purchased- up to 5 teams each new to JDFLA. Discuss training, who uses when, damage/replacement policy</p> <p>-disciplinary policy to be discussed this season</p> <p>-jerseys no longer require deposit cheque. If not returned, added to player's ramp account and then family becomes "not in good standing"</p> <p>-Apr 8th coaches/managers meeting. Everyone go through topics before end of March and make sure all info is covered. Discuss at Apr 2 meeting.</p> <p>Motion- Cass nominates Shauna Huva to Whaler Wear appointed position 1 year term.</p> <p>2nd by Sarah</p> <p>Discussion- Shae unfortunately belongs to Saanich association, need position filled. Cass believes Shauna will be a good fit.</p> <p>Vote: All in favor</p> <p>Motion carried</p> <p>-Add Shauna, take Ashley off whaler wear. Add Kyla as 3rd signor. Cass, Jill and Jean are current signers.</p>	<p>Cass</p> <p>All directors going to coaches/mangers meeting</p> <p>Cass Kula Jill Jean</p>

	<p>know. Don't have to pass exam but see what they do know.</p> <p>Net sizes, quarter times, stop times, stick sizes, lines on floor will not be adapted for this year, but will be for 2027.</p> <p>All JDF volunteers needs to be up to date on changes to help support the officials.</p> <p>Will ramp have new penalties in it??</p> <p>Info on Lacrosse Canada website</p>	
<p>Nikila- U9 development</p> <p>-Weekly skills and drills</p>	<p>Use floor time available to train u9's for full floor 5 v5 for next season. Great idea! Debbie Cooper run full floor. One day U7, other day U9. 2nd year U7's can be "call ups" in later season to help them develop for next season too.</p> <p>Weekly sessions- has to be for specific ages U11 and U13. Sundays 3-4pm. Need rotating coach schedule. Split sessions A / B team kids. Need player boot camp style commitment. Want to learn and get better, focused style drills, not just a shoot around. No cost to participate as a trial.</p>	<p>Nikila Curt</p> <p>Nikila Curt Craig</p>
<p>Craig- female devlopment</p>	<p>Wanting to find more coaches for player development. Most on mainland. Need to entice them to help with specialty sessions.</p> <p>Jessica to send contacts she knows.</p>	<p>Craig Jessica</p>
<p>Jill- coaches/managers feedback form</p>	<p>Last year we had a gift card prize for feedback forms, do the same for this year? Look into budget and see what can be done.</p>	<p>Jill Cass</p>

Next Meeting: April 2 7pm

Meeting Adjourned: 8:25 moved by Nikila