



JDF Lacrosse News February 2024

jdflacrosse.com



Coaching and Officiating Clinics Opening soon

We are looking for dedicated volunteers to take these clinics. Coaching and officiating can count towards graduation credits for high school students. Information on our website.

New referees email Rob Cook
headref@jdflacrosse.com
Returning refs sign up for clinics on BCLA website.

*Entry Level, 1 & 2 March 9th
Landsdowne Camosun
*Entry and level 1 March 17th
Landsdowne Camosun

Co-Ed coaching clinics email Curt Morwick
curt.morwick@jdflacrosse.com
Level 1 April 13th @ peninsula
Level 2 Feb 24th @peninsula

Female division coaches and officials
info email Dawn Ranns
dawn.ranns@jdflacrosse.com

Box Lacrosse REGISTRATION Open

Co-ed teams for players born 2008-2019, female only teams 2008-2015. Register early to avoid waitlists. Season runs April-June.

New & returning players welcome
Register online jdflacrosse.com
Questions regarding registration, kidsport/sport assist funding please email registrar@jdflacrosse.com

Back to the box practices and assessments continuing this month. All players must be registered and paid to attend these sessions. Up to date schedule on our website.

Female Only Box Lacrosse Division

New and returning players of all ages encouraged to sign up. Meet some new friends and see what female only league has to offer.

Email our female VP Dawn Ranns with questions or for stick loans.
dawn.ranns@jdflacrosse.com

