



JDF Lacrosse News March 2023

jdflacrosse.com



Register for box lacrosse before March 31st to avoid late fees!

Co-ed players born 2007-2018
 Female Only League born 2002-2014
 New & returning players welcome
 Register online jdflacrosse.com
 Questions regarding registration, kidsport/sport assist funding please email registrar@jdflacrosse.com
 More pre-season practices and assessments happening soon.
 Teams formed mid-late March, season runs April-end of June.

Female Only Box Lacrosse League

New and returning players of all ages encouraged to sign up. Meet some new friends and see what female only league has to offer.
 Email victoriawomensboxlacrosse@gmail.com with questions or for stick loans.

U11, U13, U15 and Female Field Provincials

Congrats to all of our teams who participated in the BCLA Field Lacrosse Provincials.
 JDF U11 won bronze medals
 JDF U15 T2 won gold medals

Come try
FEMALE BOX LACROSSE
For free

DON'T BE A LADY. BE A LEGEND.

AGES 9 & UP
 OAK BAY REC
 MAR 4, 11, 18, 25
 3-4PM
 BRING A FRIEND

Referees needed, Clinics Open

We are looking for anyone 13+ including adults to become referees. You decide how many games in a week to ref, pays more than minimum wage.
 Please contact Rob Cook:
headref@jdflacrosse.com
 Victoria clinic dates: March 12, 18 (entry, level 1/2)