



JDF Lacrosse News June 2023

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FALL FIELD LACROSSE REGISTRATION OPENING SOON!

Co-ed players born 2008-2019
Female Only League born 2003-2015

New & returning players welcome
Register online jdflacrosse.com
Questions regarding registration, kidsport/sport assist funding please email registrar@jdflacrosse.com
Pre-season practices and evaluations happening in the summer months. Check out our website and social media pages for up to date info.

Teams formed mid-late August, season runs September- December (U7-U11)/January (U13-U15).

U13, U15 and U17 Box Provincials

Good luck to all of our box lacrosse teams heading to play downs and Provincial Championships!

Female Field Lacrosse Coaching Clinics Open for Registration

We are looking for volunteers to take this coaching clinic to help grow the game of female field lacrosse. Coaching can count towards graduation credits for high school students. To register or for more info please email dawn.ranns@jdflacrosse.com

Female Only Field Lacrosse League

New and returning players of all ages encouraged to sign up. Meet some new friends and see what female only league has to offer. Email our female VP Dawn Ranns with questions or for stick loans. dawn.ranns@jdflacrosse.com

