

## Schedule for Q Centre, Oct 17 to Oct 23

Time	Sat Oct 17	Sun Oct 18	Mon Oct 19	Tue Oct 20	Wed Oct 21	Thu Oct 22	Fri Oct 23
6:00 - 6:30 AM	U7 C1/C2 Practice	(6:00 AM-7:15 AM)	U15 T1 Practice	U18 T2 Practice	U11 C3 Practice	U13 C2 Practice	
6:30 - 7:00 AM		U9 C5/C6 Practice					
7:00 - 7:30 AM	U7 C3/C4 Practice	(7:15 AM-8:30 AM)					
7:30 - 8:00 AM		U9 C7/C8 Practice					
8:00 - 8:30 AM	U7 C5/C6 Practice						
8:30 - 9:00 AM							
9:00 - 9:30 AM							
9:30 - 10:00 AM							
10:00 - 10:30 AM							
10:30 - 11:00 AM							
11:00 - 11:30 AM							
11:30 - 12:00 PM							
12:00 - 12:30 PM							
12:30 - 1:00 PM							
1:00 - 1:30 PM		(1:00 PM-2:15 PM)					
1:30 - 2:00 PM		U9 C1/C2 Practice					
2:00 - 2:30 PM		(2:15 PM-3:30 PM)					
2:30 - 3:00 PM		U9 C3/C4 Practice					
3:00 - 3:30 PM							
3:30 - 4:00 PM		U9 C9/C10 Practice					
4:00 - 4:30 PM				U11 C2 Practice	(4:00 PM-5:15 PM)	U11 C2 Practice	
4:30 - 5:00 PM					U13 C1 Practice		
5:00 - 5:30 PM				(5:00 PM-6:15 PM)		(5:00 PM-6:15 PM)	
5:30 - 6:00 PM				U13 C4 Practice	(5:15 PM-6:30 PM)	U13 C3 Practice	
6:00 - 6:30 PM					U13 T3 Practice		
6:30 - 7:00 PM				(6:15 PM-7:30 PM)		(6:15 PM-7:30 PM)	
7:00 - 7:30 PM	U15 C2 Practice			U18 C1 Practice		U13 T1 Practice	
7:30 - 8:00 PM						U15 C4 Practice	
8:00 - 8:30 PM	U15 C1 Practice						
8:30 - 9:00 PM							
9:00 - 9:30 PM	U18 C3 Practice					U18 C4 Practice	
9:30 - 10:00 PM							
10:00 - 10:30 PM							
10:30 - 11:00 PM							
11:00 - 11:30 PM							