



Kamloops Minor Lacrosse Association

PO Box 446, Station Main

Kamloops, B.C. V2C 5L2

www.kamloopsrattlers.com

PLAYER EQUIPMENT - BOX LACROSSE

Notes:

- All equipment listed below is Mandatory, unless otherwise specified.
- As per the CLA, all equipment worn by a player, other than the gloves, kneepads or headgear, shall be worn under the uniform. * *Exemption - Mini Tyke division may wear pinnies for play.*
- Players may not wear any jewelry, such as, but not limited to earrings, necklaces, bracelets, watches or rings. Medical information bracelets are allowed but should be taped securely to the player

Mini Tyke (5 – 6 Years)

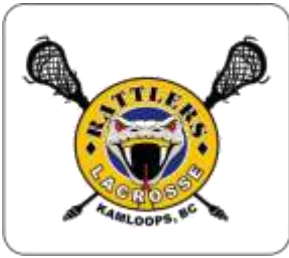
- Helmet with Facemask - both CSA approved. Refer to KMLA's website on Helmets and Facemasks.
- Elbow Pads.
- Mouth guard.
- Gloves - Hockey gloves are okay.
- Athletic Support – ie: 'Protective Cup', "Jock", "Jill".
- Shoulder Pads (optional).
- Arm/Elbow Pads or Guards (optional).
- Kidney/Rib Pads or Guards (optional).
- Knee Pads (optional).
- Athletic Shoes – ie: Running shoes. Box lacrosse is played on outdoor boxes and arena floor.
- Lacrosse Stick - minimum length of 66.04 cm (26 inches) to a maximum of 101.6 cm (40").

Tyke (7 – 8 Years)

- Helmet with Facemask - both CSA approved. Refer to KMLA's website on Helmets and Facemasks.
- Arm/Elbow Pads or Guards.
- Mouth guard.
- Gloves - Hockey gloves are okay. Players may prefer lacrosse gloves for better protection and glove flexibility.
- Athletic Support – ie: 'Protective Cup', "Jock", "Jill".
- Shoulder Pads.
- Kidney/Rib Pads or Guards.
- Knee Pads (optional).
- Athletic Shoes – ie: Running shoes. Box lacrosse is played on outdoor boxes and arena floor.
- Lacrosse Stick - minimum length of 66.04 cm (26 inches) to a maximum of 101.6 cm (40").

Novice (9 – 10 Years)

- Helmet with Facemask - both CSA approved. Refer to KMLA's website on Helmets and Facemasks.
- Shoulder Pads.



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- Gloves - Hockey gloves are okay. Players may prefer lacrosse gloves for better protection and flexibility.
- Athletic Support – ie: ‘Protective Cup’, "Jock", "Jill".
- Mouth guard.
- Elbow Pads.
- Knee Pads (optional).
- Arm/Elbow Pads or Guards. Lacrosse specific ones provide more protection.
- Kidney/Rib Pads or Guards.
- Athletic Shoes – ie: Running shoes. Box lacrosse is played on outdoor boxes and arena floor.
- Lacrosse Stick with a minimum length of 34 inches.

Pewee (11 – 12 Years)

- Helmet with Facemask - both CSA approved. Refer to KMLA’s website on Helmets and Facemasks.
- Shoulder Pads.
- Gloves - Hockey gloves are okay. Players may prefer lacrosse gloves for better protection and flexibility.
- Athletic Support – ie: ‘Protective Cup’, "Jock", "Jill".
- Mouth guard.
- Elbow Pads.
- Knee Pads (optional).
- Arm/Elbow Pads or Guards. Lacrosse specific ones provide more protection.
- Kidney/Rib Pads or Guards.
- Athletic Shoes – ie: Running shoes, box lacrosse specific shoes are optional. Play is on outdoor boxes and arena floor.
- Lacrosse Stick with a minimum length of 34 inches.

Bantam and 16U (13 – 16 Years)

- Helmet with Facemask - both CSA approved. Refer to KMLA’s website on Helmets and Facemasks.
- Shoulder Pads.
- Gloves - Hockey gloves are okay. Players may prefer lacrosse gloves for better protection and flexibility.
- Athletic Support – ie: ‘Protective Cup’, "Jock", "Jill".
- Mouth guard.
- Elbow Pads.
- Knee Pads (optional).
- Arm/Elbow Pads or Guards. Lacrosse specific ones provide more protection.
- Kidney/Rib Pads or Guards.
- Athletic Shoes – ie: Running shoes, box lacrosse specific shoes are optional. Play is on outdoor boxes and arena floor.
- Lacrosse Stick with a minimum length of 40 inches and not more than 46 inches.