Dear Players and Parents,

I am thrilled to introduce myself as the coach of the U15B Kanata Rangers for the 2023/24 season. My name is Nick Summerfield, and I have the honour to be leading this team on and off the ice. I am looking to bring the experience I have gained these last 8 seasons of coaching to this group.

As a coach, my primary goal is to cultivate a positive and competitive environment where each player can develop their skills, athleticism and hockey IQ. But most importantly, grow their confidence and character through the sport they love.

I believe promoting strong team spirit and character that revolves around collective core values is the key to a successful season. As such, I am committed to working closely with each player to provide them optimal tools and environment to help them realize their importance and accountability to the team and to their own development. On that note, this is a competitive team and just as I am committed to helping each individual grow there is also an expectation for each player to show the same commitment.

In terms of commitment we are planning on 5 tournaments, 4 away and 1 home. The ultimate goal is to add a 6th with provincials. Expect to be on the ice 4-5 times per week. U15 is also the recommended age to build speed and strength, with that, our team will enroll with a local gym to help us maximize on this window of development. Team fees are estimated to be between $2000-$2500 but could be lowered with fundraising and sponsorships.

The coming season, KGHA will have 2 teams at the U15B level. Between myself and Coach Nick Farah, we plan on selecting the players who will play at the U15B level. This will be done across 3 evaluation sessions and then a final balancing game will be held to ensure we have 2 equally competitive teams. Note, there is a guarantee of only one tryout at any level.

Together we will work hard, support each other and have a lot of fun working towards a fantastic season full of growth and success.

Nick Summerfield

[summerfieldhockey@gmail.com](mailto:summerfieldhockey@gmail.com)