

Hello Players and Parents

I am very excited to introduce myself as the Head Coach for U11B Kanata Rangers for the 2024-25 season with KGHA. My name is Josh Foster (Coach Foz) and I have been involved with KGHA as a Head Coach, Assistant Coach and on-ice helper with my three daughters for the past 6 seasons. Last season I was Head Coach for the U13B Rangers. I was a High-Performance Referee for many years and in recent years a coach for Jr. hockey officials.

Tryouts and evaluations of each player begin from the moment they arrive at the arena. Their ability, attitude and sportsmanship will be reviewed before each ice time, on the bench, on the ice and after each ice time.

Three primary goals for the upcoming season are for the players to have fun, compete and learn to respect all aspects of the game. I will promote positive growth for each as an individual and as teammates but more importantly as people in the hockey community. Expectations are for each player to commit to improving, working hard and being exceptional teammates. As this is competitive hockey, I will be looking for full commitment from players and family. Family and school are the only exceptions for missing practices, games and team events.

Hockey is a community where we will ensure the best for all 17 players and will assist each other as needed. The goal is for all these players to continue growing within the KGHA and to prepare them for higher levels going forward.

Plan is to attend and budget for 5 tournaments plus provincials. Three local tournaments, one being our home tournament in Kanata. Two away tournaments, one being Pink the Rink in Etobicoke and planning /budgeting for Provincials in April.

Families can expect team fees of approximately \$2000. A detailed budget will be provided before the start of the season and adjustments made as required. I am a strong believer in fundraising events as it builds a team bond and gets parents together.

Thank you and all the best for the upcoming 2024-25 season.