

Hi,

My name is Tamra Edwards, and I am thrilled to be the U11B Kanata Rangers coach for the 2025-2026 season.

I grew up playing competitive sports and was fortunate to have played competitive hockey throughout my childhood up to U22. I continued to play hockey in my adult life until having kids where I turned my focus to teaching young players to play the great game of hockey. I have coached, and managed both my son and daughter throughout their hockey careers.

### **Coaching Philosophy**

I am committed to fostering a fun, inclusive, and supportive environment where players can develop both their hockey skills and essential life skills. Team sports provide a unique opportunity to impart valuable lessons through play. Participation in team sports significantly influences players, teaching them how to work towards a common goal and support one another through both successes and challenges.

I strongly advocate for long-term player development, focusing on each individual's growth to help them reach their potential and fostering a lifelong passion for the game. I believe that success is not solely defined by winning tomorrow's game, rather, it is about preparing players for long-term success by cultivating a growth mindset and instilling the values of hard work and perseverance. Players will learn that they can achieve more when they work together than when they operate in isolation. This approach emphasizes not just skill development but also teamwork and unity.

### **Tournaments**

This season, we plan to participate in 4 tournaments, in addition to provincials. Two of these tournaments will be local (including Kanata), and two will be out of town (including Pink the Rink in Etobicoke). Tournament play is one of the highlights of the season—an opportunity to challenge ourselves, bond as a team, and represent our association with pride.

### **Commitments**

We are planning for four ice touches per week, including practices, games, and development sessions, as well as two dryland training sessions per month.

While family and academics will always come first, we expect competitive hockey to be the next priority. We understand that life happens, and there will be unavoidable absences throughout the year. All we ask is for honest communication and as much

advance notice as possible. This helps us plan for effective practices and, when necessary, bring in call-ups to ensure development continues for everyone.

Our coaching staff is deeply committed to the players, and we expect the same level of commitment in return.

### **Team Fees**

Team fees for the season will be approximately \$2250 per player, in addition to KGHA registration and tryout fees. A detailed budget will be proposed and agreed upon by the parent group. It will be reviewed and shared throughout the year to ensure transparency and accountability.

### **Miscellaneous**

Player evaluations begin the moment tryouts start—on and off the ice. We assess skill, effort, attitude, and sportsmanship in every setting, from the moment they arrive at the rink and to when they leave, including how players treat coaches, teammates, and opponents. Character matters.

Our team will follow the KGHA's "17 Strong" model. We'll support players who earn opportunities to play up with U11BB and welcome U11C call-ups who show they're ready for this level. Opportunities are earned—through work ethic and mindset.

We believe in an open-door policy and welcome questions or concerns at any time. We ask that the 24-hour rule be respected after games or emotional situations—this allows space for reflection and ensures respectful, productive conversations.

Thank you for trusting us with your child's development. I wish every player the best at tryouts and look forward to a season of hard work, fun, growth, and meaningful moments.

If you have any questions please do not hesitate to reach out [tamra@kje.ca](mailto:tamra@kje.ca).

Sincerely,  
Tamra Edwards