Hi,

My name is Tamra Edwards, and I am thrilled to be the U11 Kanata Rangers DS coach for the 2024-2025 season.

I grew up playing competitive sports and was fortunate to have played competitive hockey throughout my childhood up to U22. I continued to play hockey in my adult life until having kids where I turned my focus to teaching young players to play the great game of hockey. I have coached, managed and on ice helped both my son and daughter throughout their hockey careers.

**Coaching Philosophy**

I am committed to fostering a fun, inclusive, and supportive environment where players can develop both their hockey skills and essential life skills. Team sports provide a unique opportunity to impart valuable lessons through play. Participation in team sports significantly influences players, teaching them how to collaborate towards a common goal and support one another through both successes and challenges.

I strongly advocate for long-term player development, focusing on each individual’s growth to help them reach their potential and fostering a lifelong passion for the game. I believe that success is not solely defined by winning tomorrow’s game, rather, it is about preparing players for long-term success by cultivating a growth mindset and instilling the values of hard work and perseverance. Players will learn that they can achieve more when they work together than when they operate in isolation. This approach emphasizes not just skill development but also teamwork and unity.

**Tournaments**

We will be participating in 2-3 tournaments. Two of the tournaments will be Ottawa (February) and Brampton (April). If player availability allows we will also be participating in Scarborough Jan 3-5 2025.

For more information on the DS program please following the KGHA DS program link <https://kgha.ca/content/development-stream-program-ds>.

If you have any questions please do not hesitate to reach out [tamra@kje.ca](mailto:tamra@kje.ca).  
  
Sincerely,  
Tamra Edwards