

Dear Parents and Guardians,

My name is Louis Charland, and I am excited to be the head coach of the U13A Kanata Rangers for the 2025–26 season.

This will be my fifth year as a head coach, third with KGHA. I coach because I am passionate about creating a positive, rewarding experience for the girls and their families—an environment where the girls can grow, improve, have fun, and feel supported, while parents stay connected and engaged. Each season is also an opportunity for me to continue learning and growing as a coach, father, and person. I am always looking to improve how I lead, communicate, and support the girls and their development—both as athletes and individuals.

The season will be guided by four core pillars that reflect the values I aim to instill in the girls:

1. Respect:

Respect will be the foundation of the team culture. This includes respect for teammates, coaches, officials, opponents, and oneself. I will emphasize the importance of creating an inclusive and supportive environment where every player feels valued, safe, and empowered to contribute. Being a good teammate—encouraging one another, putting the team first, and leading with kindness—will be a key part of what we practice and expect throughout the season.

2. Skill Development:

Practice sessions will be purposeful, high-tempo, and progressive—designed to challenge and engage players. I will focus on reinforcing fundamental skills while advancing tactical understanding and team play. I will prioritize individual development while reinforcing the importance of team success. As skills improve, players will also build self-confidence, which is essential for growth both on and off the ice.

3. Work Ethic and Accountability:

I will work to instill values of discipline, perseverance, and accountability. These principles will support each girl's development as an athlete and offer valuable skills that apply beyond the rink. The girls will be encouraged to set goals and take ownership of their improvement.

4. Passion for the Game:

Creating a positive and enjoyable hockey experience is a top priority. Through engaging practices, competitive games, and memorable team events, I will strive to foster a love for the sport that inspires girls to stay involved in the game for years to come.

Season Commitment and Structure

Families can anticipate approximately four to five team activities per week, including games, practices, and occasional off-ice training sessions. These activities will contribute to both the athletic and social development of the girls. The projected team fee is \$2,100 (in addition to

KGHA registration fees), with at least one fundraising initiative planned. A detailed team budget will be presented at a parent meeting following team selection.

The team is scheduled to participate in four to five tournaments this upcoming season, including the KGHA Tournament and Etobicoke's Pink the Rink. Additional events will be confirmed in the spring. One of the team's goals will be to qualify for and compete in the OWHA Provincial Championships, which would be in addition to the other tournaments mentioned.

Communication and Expectations

I believe that transparent and respectful communication is critical to the success of any team. I am committed to maintaining open lines of communication with both players and parents. Girls will be expected to attend team events, contribute with a strong work ethic, and demonstrate behavior aligned with the values outlined in this letter.

I am grateful for the opportunity to coach again in 2025-26 and look forward to a rewarding season filled with growth, commitment, camaraderie, and fun.

Please consult the KGHA website for tryout information. I hope to see many of you at the rink in the near future.

Sincerely,

Louis Charland

Head Coach, Kanata Rangers U13A

2025-26 Season