Mike Spottswood U15 DS - 2024-2025

Welcome DS Program Participants and Families

Background/History

My name is Mike Spottswood, and I am excited and honoured to have been selected as the U15 DS Coach for this upcoming 2024-2025 season. I have been involved with KGHA since 2017 as either a Head Coach or Assistant Coach and been a Coach in soccer for the last three years (2 with WOSC & 1 with OSU). I still play recreational hockey in the Ottawa Traveller’s League.

Goals/Philosophy

The goal is to provide a higher level of skill development, competition and play for house league players looking to move to competitive or looking for more than house league alone offers. We will learn that being a great teammate, hard work, communicating, utilizing the power of positivity and most importantly just enjoy playing this awesome sport are the keys to success.

Expectations

I expect players to always have a positive attitude, respect all coaches and players, bring a strong work ethic, and challenge themselves to learn and improve. Further, I expect that players and parents will always make their best effort to attend all team functions but completely understand that at times, family and school will be priority as they should.

Selection Process

There will be two evaluation ice times (try outs) on either November 2nd, 3rd or 5th. The team will be set by the weekend of Nov 9/10 and the first practice will be shortly thereafter.

Roster

The roster size will be between 22 and 25 players, with 16-17 of those being the core team (15 players plus 1-2 goalies) allowing them to participate in all practices, games, and tournaments. The remaining 5-9 will be alternates, allowing them to participate in all practices and be called upon for games (exhibition and tournament) when needed. Note, the intention is to have 16-17 players at each game and so call-ups are likely.

Fees

Team fees will depend on the number of players but will be in the range of $450-500 for the core team and around $200 for the alternates.

Planned Activities

* Weekly practices on Tuesdays from November to the end of March/early April
* Extra ice when possible
* Two tournaments - Ottawa Family Day weekend (Feb 14-16) and Brampton Easter weekend (Apr 17-20)
* Eight exhibition games - provided we find DS opponents.

If you have any questions or concerns, please do not hesitate to contact me. I look forward to an awesome season. Thank you.



Mike Spottswood

Head Coach U15 DS

mike\_spots@yahoo.com