



Martin Savard U13 AA 2024-2025

My name is Martin Savard and I am thrilled to be coaching the U13 AA Rangers for the upcoming 2024-2025 season. I have grown up playing high level minor hockey up to college. I have been a coach in various capacities from IP onwards and within the KGHA since 2016 including Head Coach and Assistant Coach at various levels.

My Coaching Philosophy:

We will be looking for the girls to collaborate with their teammates, have the confidence to push themselves individually, and not be afraid to try things and learn from their mistakes. We want to ensure that the girls continue to develop and close the gap between their best attributes and their weaknesses. By developing their individual and collective skills, as well as how they apply to tactical gameplay, we will put each player in the best position to succeed.

This year will be the introduction to our high-performance program, Lady Sens, which starts at U15 AA. This means we will start implementing approaches and more advanced concepts to accelerate the athlete's development. The girls have to come to the rink ready to work on ice and off ice as this will be high pace environment. We will ask a lot of the girls and hold them accountable to their personal and team goals. We will be fair and consistent, and expectations will be well-defined at the beginning of the season. We will focus on creating positive peer relationships in a competitive environment. We want the girls to feel safe, motivated, and empowered beyond the rink.

All players will be able to play in every situation and showcase themselves throughout the first block of the season. At the same time, this is the year with an increased focus on special teams and situational hockey. Our role is always to put the athlete in the best position to succeed as it relates to the whole team's benefit.

The coaching staff will be built after tryouts. The collection of coaches will be a complement to myself and bring different voices to ensure the girls stay motivated. The meaning of team is not only for players, but for the coaching staff as well.

Commitment:

Based on past seasons you can expect 4 - 6 on-ice and off-ice activities per week. Games at AA are 90 minutes, so a greater focus will be on fitness outside the rink. Those are mandatory.

The priority is family, school, and hockey. The commitment to the team should supersede other sports and activities. Black-outs dates are listed and are good opportunities for other activities and holidays.

The expectation is that every player and family are fully committed to bring a positive attitude, strong work ethic, and a high level of compete.

Tournaments:

We will be looking to participate in 5-6 tournaments, including 1 USA tournament. The number of tournaments will vary based on provincials and the ability to participate in them.

Team Fees:

The expectation for team fees will be between \$2,250 to \$2,500 depending on tournaments and the possibility of making the Provincials. These fees are in addition to the KGHA registration fees. The team budget will be determined at the beginning of the season and discussed at the parent meeting.

Tryouts:

To familiarize myself with each athlete, I watch the games and practices of their current teams to have a greater sample size of their ability, attitude, and progression.

Specific to tryouts, it will start when players get to the rink (pre-practice, bench, post-practice sportsmanship, body language). For ice performance, we are looking for hard-working (elite compete) players with speed and who can move the puck. We are looking at the best collection of attributes to build the best possible roster, and each athlete's role and contribution to the team are critical parts of the evaluation. It is likely that we will move players' positions around during tryouts.

Release feedback will only be provided for the last-day releases. Nobody will be called.

I look forward to the opportunity to work with your daughter.
If you have any questions or concerns, please feel free to reach out at any time.

Regards,

Martin Savard
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