

Sam Bhalesar

Building a safer game—where every player feels respected, supported, and heard.

Sam Bhalesar is a dedicated community leader, experienced board member, and passionate advocate for safe, inclusive sport. She is seeking re-election as Director of Risk and Safety, having proudly served in this role for the past two years.

During her time on the board, Sam has focused on building a culture rooted in trust, transparency, and safety. She has connected with families, players, and coaches at the rink, in meetings, and through one-on-one conversations—always working to ensure that everyone feels heard, respected, and supported.

As a hockey parent of two boys who began in house league and have progressed through the system to AA, Sam has experienced the game at multiple levels. This journey has given her a deep appreciation for the challenges, expectations, and pressures that players and families face at every stage of development. She understands both the excitement and the pressures that come with each level of play.

Sam believes that every player deserves a positive and safe experience in hockey. From U7 to U18, she approaches each situation with kindness, empathy, and fairness, understanding that every child and every moment is different. While the role can involve difficult decisions, her priority is always the well-being of the player and the integrity of the game.

She is also committed to supporting coaches by providing a trusted space to talk through challenges and help guide player development in a safe and respectful environment.

Professionally, Sam brings strong experience in risk management, governance, negotiations and leadership, working as a Senior Advisor on complex national and international initiatives and serving on several boards across the community. Her work outside of hockey strengthens her ability to navigate complex situations, make thoughtful decisions, and lead with integrity.

A loving wife and proud mother, Sam's commitment to this role is deeply personal. She believes all children deserve equal opportunity, respect, and encouragement—both on and off the ice.

Sam is seeking another term to continue strengthening a culture where every player feels safe, every family feels confident, and every child can enjoy the game.

