



KELOWNA
RINGETTE

Welcome Coaches and Managers!

We are so happy to have you in Kelowna for the Sweetest Tournament around! Please find the information below to make your tournament a success. If there are questions you have that haven't been included below, please email us at KRASweetheart@gmail.com



Tournament Arenas

RUTLAND ARENA

645 Dodd Road, Kelowna

MNP PLACE (formerly CNC)

4105 Gordon Drive, Kelowna

ROYAL LEPAGE & JIM LIND ARENAS

2760 Cameron Road, West Kelowna

WINFIELD ARENA

9830 Bottom Wood Lake Road, Lake Country

Coaches / Managers

Coaches Package Pickup and Registration:

- **Thursday, January 29th at Rutland Arena Hospitality Desk, 6:00 pm – 9:00 pm.**
 - Prior to playing your first game, all coaches (or a team representative) are required to register their team by picking up their coach's package at the Hospitality Desk.
 - All Kelowna teams **must** pick up their coach's package Thursday night.
 - Out-of-town teams unable to pick up Thursday evening, must pick up before their first game on Friday – they will be available at the Hospitality Desk at Rutland Arena.

Check Teamsnap tournaments: Please ensure you check [TeamSnap tournaments](#); we will update the site regularly. You will find the following information: standings, rink locations, schedules, and valued supporters.

Hospitality Tables

Each arena will have a tournament representative onsite to sign in and help teams find their way around. Please turn in your completed game sheets immediately following your game to the hospitality table. We will only have one game sheet, so please **take a photo** after each game if you want a copy.

Tournament Office

The Kelowna Sweetheart Tournament office is located at Rutland Arena (in the lobby, entering through the main doors, second door on the left). At least one member of the KRA board or Sweetheart Committee will always be on-site for the duration of the tournament weekend.

Arena Etiquette

Arena staff have asked that we remind teams that their players will be sharing the arena with many people and to respect common areas. If the arena foyers are crowded, please have your players complete their pre-game warm-up and post-game cool-down outside.

MNP Place Arena (previously CNC): Teams can warm up on the indoor field side at the rear between the two fields. NO WARM-UPS IN THE LOBBY OR MEZZANINE. Please be courteous when playing music (it should not be played in the lobby, where it affects the enjoyment of the space for other patrons).

Dressing Room Schedule & Etiquette

Please dress only in rooms assigned to your team. The weekend schedule will be posted on the arena reader boards. There is usually a designated alternate gender change room for each arena, please inquire at the Hospitality Desk.

Once alternate-gender athletes are dressed, please store bags in your team dressing room. ***DO NOT LEAVE BAGS IN ALTERNATE GENDER DRESSING ROOM OR PLACE A LOCK ON THE DRESSING ROOM DOOR.***

Teams must bring padlocks to use at each arena if wanted. Arena management and tournament organizers will not be held responsible for lost or stolen items.

Remember young players use these rooms as well; please be respectful to all participants in the tournament and clean up before leaving the room.

Game Requirements

| | |
|--------------------------------|--------------------------|
| HOME Team chooses: | JERSEY COLOUR |
| HOME Team provides: | SCOREKEEPER & SHOT CLOCK |
| VISITORS Team provides: | TIMEKEEPER |

Coaches: Please ensure that all volunteers you provide are knowledgeable in the tasks they are asked to perform.

Teams must bring a set of conflict jerseys to use when the VISITING team's jersey colour is similar to the HOME Team's jersey.

The Sweetheart Committee will provide minor officials (scorekeeper/shotclock/timekeeper) for all MEDAL contention games.

Rules can be found here: [Tournament Rules](#)

Team Adjustment Forms

Divisions in U14 and above age groups requiring Team adjustment forms should have been completed by January 15. Team adjustments will **not** be permitted after this deadline.

Game Medals

Participation Medals will be awarded to all FUNdamentals, U10, and U12 participants. These medals will be provided to coaches in their Coach's bag and can be handed out to players following their final game of the tournament.

Bronze, Silver, and Gold medals will be handed out on ice at the end of final games to teams in U14 Club and higher divisions if time permits. If not, medals will be given to coaches to be handed out off-ice.

Sweetheart Heart and Hustle

Heart and Hustle prizes will be available for players in U12 and higher. Your Heart and Hustle prize will be included in your Coach's bag. Each team will receive three to be handed out at the end of the tournament or at three games if you choose. – each team will receive 3 Heart and Hustle items to hand out at your discretion.

This award celebrates players who demonstrate:

Consistent effort - They give 100% at every game

Positive attitude - They bring energy and enthusiasm that lifts the entire team

Determination - They push through challenges and never give up, even when things get tough

Team spirit - They encourage teammates, celebrate others' successes, and put the team first

Work ethic - They're always willing to do the hard work, whether it's battling in the corners or backchecking.

Game Sheets

Please have the coaching staff sign in at the Hospitality table no later than 15 minutes before your game starts. No changes may be made to the game sheets/rosters without permission from one of the tournament directors.

It is your responsibility to ensure the tournament has your correct and most up-to-date roster.

All Final game sheets need to be returned to the Hospitality table and teams can take a photo after each game from the Hospitality table.

Game Scores & Standings

Final game scores and division standings will be updated on the TeamSnap Tournament app.

Silent Auction & 50/50

Silent Auction will be available for viewing on Friday and Saturday at the Rutland Arena near the hospitality table.

Please make sure to come on by and check out many of the items in the auction. To place an online bid for the auction, please watch TeamSnap tournament messages for the link, or posters in the arenas.

- The auction bidding will open at 6:00 pm, Thursday, January 29th.
- Silent Auction will close at 7:00 pm on Saturday, January 31st at Rutland Arena.
- All auction guests will be notified by email that the auction has closed.
- Winning bidders will receive a message regarding the items they can claim.
- Auction items must be claimed from the Sweetheart Tournament office at Rutland Arena on Saturday, January 31st, from 8:00 pm - 10:00 pm or Sunday, February 1st, from 9:00 am - 3:00 pm.

50/50 tickets are available online throughout the weekend until Monday, February 2nd, 2025, at 9:00 am. The 50/50 draw will be completed by 12:00 pm PST on February 2nd. We will contact the winner via phone and/or email and announce the winner on our social media pages.

50-50 tickets can be purchased at <https://www.rafflebox.ca/raffle/kelownaringette-sweetheart>

Vendors, Concession & Engagement Activities

APPAREL:

Impressed T-shirts and Designs will be on site at Rutland Arena on Friday and Saturday from 8:00 am - 4:00 pm, and Sunday from 8 am - 12:00 . They will have hoodies, tees, sweats and more! The newest Sweetheart logo will be available, as well as many other Ringette-themed items.

EQUIPMENT:

[Full Circle Sports](#) will be on site at Rutland Arena from 9:00 am - 4:00 pm on Friday and Saturday, offering Athena sticks, new Ring-jets, Pure sticks, Pure gloves, Mosspro pants, cages and stick bags. They will also take orders for items not in stock (e.g., ringette gear and apparel).

PHOTOGRAPHER:

Renegades photography:

For this year's tournament, game action photos are only guaranteed by PRE-ORDER. This means you must fill out the Google form before (or during) the tournament to secure your spot. I predict that we will have very minimal time to shoot single-action photos, resulting in very few action photos available afterwards for purchase. All orders are by pre-pay only. Should there be an issue where we are unable to get quality and quantity of photos (ex, injury, illness, power outage), a full refund will be provided immediately. Please note that our action photo services are fulfilled on a first-come, first-served basis, so the sooner you order, the more likely you are not to be waitlisted.

All our pricing and package information is available [here](https://renegadesphotography.smugmug.com/Tournaments).
(<https://renegadesphotography.smugmug.com/Tournaments>) Please note that all our prices include GST/PST.

Orders can be placed within the Google Form (link below).

https://docs.google.com/forms/d/e/1FAIpQLSf_c39pErYUkbDVT7Vz6rrvB7WfSZ0QFpOheWiHmvmbvQjLuA/viewform

Thanks, and please do not hesitate to reach out if you have any questions. You can also follow us on Instagram for updates @renegadesphotography.

CONCESSION:

Our Sweetheart arenas will have their concessions open during the tournament as follow (but please note hours may change):

- **Rutland Twin Arena:** The concession will be open from 8:00 am - 8:00 pm Friday through Sunday.
- **MNP Place (CNC):** The concession will be open 8:00 am - 8:00 pm Friday through Sunday.
- **Boomers Bar and Grill:** will be open from 11:30 am - 11:00 pm in MNP Place (CNC).
- **Winfield Arena:** The concession will be open (days and times pending).
- **Royal Lepage/Jim Lind:** The concession will be open Friday and Saturday from 8:00 am - 8:00 pm and Sunday from 8:00 am - 4:00 pm.

SCAVENGER HUNT:

- **This is your chance to be the sweetest team at Sweetheart.** The first team that sends us their completed scavenger hunt will receive first prize (it's yummy).
- **Entries are accepted until Saturday at 5:00 pm.** We will then draw team names from any teams that complete it for other prizes.
- Send all photos to krasweetheart@gmail.com
- The Scavenger Hunt information will be included in the Coaches' bags.

ACTIVITY TABLE:

- Will be set up at the Rutland arena on Friday from 10-4 or until supplies last- come decorate a cookie or make a craft.

Skate Sharpening

Rutland Twin Arena: The skate shop hours will be determined asap. Keep an eye on our social media pages as we will confirm the times and post them.

MNP Place (CNC): sharpening services will be available: Friday – 8:00 am -8:00 pm, Saturday – 8:00 am - 4:00 pm and Sunday – 8:00 am - 1:00 pm.

*In addition to the arenas, you can get skates sharpened at a number of locations around Kelowna.

Chevy's Source for Sports: 1876 Cooper Road, Kelowna

Play It Again Sports: 1778 Baron Road, Kelowna

Sport Chek: 2271 Harvey Avenue, Kelowna (Orchard Park Mall)

Spectator Code of Conduct

Please ensure that your families and spectators are aware of the BC Ringette [Spectator Code of Conduct](#).

Inclement Weather Action Plan

As weather can be unpredictable, an Emergency Action Plan Committee will be put in place to ensure the safe arrival of all teams prior to the start of the tournament.

Please ensure we have the most up-to-date and accurate information on file including Manager and Coaching Staff contact information (cellular phone only please) as well as hotel information and mode of transport (include ETA). In the event of inclement weather, all necessary measures will be implemented to ensure the schedule can accommodate to the best of our ability.

Lost & Found

Any items found in the dressing rooms may be dropped off at the Hospitality Tables at each arena for pick up.



Thank you to our many partners and sponsors for their generous contributions and continued support of our tournament!

Yours in Ringette,
Kelowna Sweetheart Committee