

#### The KUFC Coach Pathway



## **KUFC** Coach Description

KUFC soccer coaches live and breathe soccer and they must lead by example, passing their wisdom onto our youth.

You'll need to bring energy, enthusiasm, and the will to develop youth in every training session. You can end up working in a variety of locations, such as Mission, Parkinson, Rutland, and other locations throughout the region on game days.

Sounds great so far, doesn't it? You can take this as a pro or a con - your dedication to this job role might affect your personal life, for example travelling depending on the level that you are coaching and working unsociable hours (evenings and weekends).

It is a very rewarding position; his or her success will become your success and you can take someone from the bottom to the very top and really influence an ambitious person or team.

### Hours of Work



Your hours will be dependent on the age and level that you are coaching. You will be doing "shift work", which could vary from early evenings to late nights and weekends. As soccer is seasonal the Fall/Winter training phase is September to March and the season is April to June. Based on this you may be coaching most of the year. with some times of the year busier than others - attending competitions, travelling and having more frequent and intense sessions.



### Main Responsibilities

• So, what will your main responsibilities be as a KUFC Soccer Coach?

Duties typically include:

- Designing training sessions
- Evaluating performance and giving feedback
- Supporting the team/ individuals
- Coming up with tactics and techniques
- Working alongside other professionals such as nutritionists and physiotherapists
- Working on improving your team/individuals both physically and mentally
- Maintaining records
- Planning training schedules
- Attending coaching education sessions



## What qualifications do you need to get the position?

If you are lucky enough to know which age group you wish to coach, KUFC have a pathway that you will be guided along. As per the Canada Soccer and BC Soccer pathway, KUFC follow the age appropriate certification courses. This would include additional courses like Making Ethical Decisions & the Respect In Sport Activity Leader Program. You will also be required to complete a criminal records check via the local community police detachment.



These are the skills you'll need for the role:

- Physical fitness
- Leadership
- Communication
- Teaching
- Ability to motivate others
- Organizational skills
- Patience
- Supportive
- Determination
- Positivity
- Trustworthy and ability to build relationships
- Team building
- Awareness
- Passion
- Enthusiasm



# Canada Soccer Coach Pathway





| Coach Centre   | Your email: forgot password?   Your email: Log in   Save  |
|--|---|
| Home Page  |   |
| Coach Centre is a system to manage your coaches.<br>The system can be used for:<br>Registration<br>Certification Management<br>Course Management<br>Seminar Management<br>NCCP data transfer | Registration   Are you a coach?   Before you can use Coach Centre, you must create an account. To do so please click on the Register button and follow instructions.   Register |

How do I register for a coaching course?

• So simple ...... go to <u>www.coachcentre.ca</u> create an account and search for the course.



# What Course Should I Register For?

| U-4/U-6  | Active Start    |
|--|-----------------|
| Boys Under 6 – Under 9 & Girls<br>Under 6 – Under 8    | Fundamentals    |
| Boys Under 9 to Under 12 & Girls<br>Under 8 – Under 11 | Learn To Train  |
| Boys Under 13 & Girls Under 12 and older               | Soccer For Life |

# Where are the coaching courses held?

Coaching courses are held in the Kelowna and the Lower Mainland, however Kelow United are consistently active in hosting courses in house.

Check out this link for upcoming courses:

https://www.bcsoccer.net/register-for-acourse

BREAKING NEWS: All community courses, these being Active Start, Fundamentals, Learn To Train and Soccer For Life – all theory components can now be competed in the comfort of your own home. All courses are now ON LINE with a 2,3, or 4 hr field session at a later date.

https://www.bcsoccer.net/register-for-acourse





#### KUFC Staff Coach Application Process Criteria





#### KUFA Volunteer Coach Application Process Criteria





want to be a volunteer coach



I've completed the required community courses, what support does KUFC give me?



On going in-house Canada Soccer / BC Soccer certification courses

On going age appropriate technical lead supported training sessions

On going age appropriate training sessions plans and curricula

On going age appropriate volunteer coach evaluation feedback and improvement opportunities

## **Contact Information**





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