



Roster Formation Guideline Rep (U14-U18) April – September 2025

KESA makes every effort to create an environment where as many people as possible play soccer, for as long as possible. As a club that is registered with BC Soccer, we also follow BC Soccer policies and guidelines, including minimum playing time, maximum roster sizes, and the long-term player development pathway, including Training to Train and Training to Compete at the U15 to U18 levels.

See Also:

Playing Up and Down Policy: [Playing Up and Down Policy-.pdf](#)

Playing Time, District Teams and Registration: [Kootenay East Soccer Association : Website by RAMP InterActive](#)

Player Pathway: [Player Pathway | BC Soccer Association](#)

Provincial Cup Regulations: [2024YouthProvincialChampionships Rules and Regulations Updated A2023](#)

For the Spring 2025 Rep season, there are a number of age group categories where we anticipate registration will exceed (or has exceeded) roster size and/or age groups where we cannot field a team due to minimum roster sizes not being met. Due to this, **final roster formations for U14-U18 teams will be determined following the first two weeks of practice.** We will be making every effort to accommodate as many registered players as possible, using a combination of our Play Up/Down play policy, our District teams, and creating flexibility between rosters throughout the season.

The following Roster Formation Procedure will be followed for this season, and reviewed for coming seasons.

Final Roster Formation Procedure

Final roster formations will be determined in accordance with the following procedure, and in consultation with each age group's coach, the Rep/Dev board chairs, and third party evaluators:

- a) Every player in U14-U18 categories whose age group **does not have a registered team**, along with every player **who has not previously been registered with KESA**, will have a field evaluation following our *Playing Up and Down Policy*. These evaluations will take place during the first two weeks of practice.
- b) Based on the recommendations from the field evaluations, the Board will determine which KESA age group roster is most appropriate for each player;
- c) In addition to the Playing Up and Down evaluation placements, if roster sizes EXCEED 20 players, further evaluations will take place within each age group. These evaluations also will take place



the first two weeks of practice, and will be overseen by team coaches. Each roster size will be limited to 20 players, in accordance with BC Provincial Cup Competition policy, and, most importantly, in order to be able to ensure each player assigned to a roster is provided *minimum playing time** while still maintaining a competitive environment.

- d) Based on team evaluations, the board, in consultation with coaches and evaluators, will determine the roster for each of KESA's age group teams. If there are not enough roster spots for all registered players, due to maximum roster sizes, players who are not assigned a roster spot will be offered a practice position with the appropriate age group** and KESA will make every effort to confirm if there is a *district team or other club team available for competition play*.

Because all evaluations need to be completed in the first two weeks of practice in order to confirm final roster formations for all teams **please ensure your player attends the first two weeks of practice.**

Parent Player Contracts will not be completed prior to determination of roster formations.

***Players assigned a roster spot will receive a minimum playing time of 30% averaged over the duration of the season during game play. This means that each player will not necessarily be playing in every game and every tournament. It is expected that the coaches may limit individual game rosters to 18 players and tournament rosters to 20 players. Depending on roster sizes some players may be assigned to a different team/age group for tournament play in order for each KESA team to field a roster with the minimum number of players.**

**** Over-aged players are not eligible to play in Provincial Competitions**