

# Return to Baseball Plan

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As per the announcement on June 10<sup>th</sup>, 2021, the Alberta Government has updated Covid-19 restrictions province wide. Baseball Alberta will update further details as they continue to be made available.

## Stage 2 Restrictions for Youth + Adult Sport

*Restrictions coming into effect on June 10th*

Eligible participants include:

- Youth 18 years old and under
- Adults 19 years old and older.
- Members of a collegiate or university athletic program, if over 18 years old
- Coaches or trainers
- Officials

**All indoor and outdoor sport and recreation activities are permitted provincewide, including:**

- Team sports
- Group practices or training
- Games, competitions and league play

**Gameplay + Practices will be played without any modifications**

- Physical distancing is not required during game play or a sport practice, but is required outside of play/practice area. Participants must maintain 2 metres of physical distancing when outside of the play/practice area

## Additional Baseball Alberta Gameplay + Practice Safety Recommendations

- Masking is strongly recommended for:
  - Coaches
    - If you cannot maintain physical distancing of up to 2m (eg. In the dugout)
    - When engaging with players or umpires
  - Umpires
    - If you are an official working behind home plate
    - When engaging with coaches or players
  - Players
    - When you are in the dugout
- Coaches must be in possession of a mask at all times. Umpires may insist that coaches have a mask on when approaching them.



## Spectators

- Spectators can attend indoor and outdoor physical activities and performances:
  - 1/3 venue capacity for indoor activities (arenas, theatres) and for outdoor fixed-seated (grandstand) events
  - 150 people maximum for non-fixed seated events (this limit includes spectators, athletes/performers, production teams, referees and coaches)
  - 2 metres of physical distancing must be maintained at all times between different households

## Equipment

- Organizers should ask participants to bring their own equipment/materials, where feasible.
- If the organizer is providing equipment or materials, they should minimize the shared use of equipment/materials, and, if possible, assign specific equipment/materials to each attendee.
- For sports/activities that require shared equipment to be handled (e.g., shared baseballs), participants need to perform hand hygiene before and after the activity.

## Indoor fitness and recreation facilities

- Indoor recreation facilities (such as arenas, indoor wave pools, children play centres, bowling alleys and rec centres) can open at 1/3 of fire code occupancy.
  - Check with your local facility for these numbers
- Gyms and fitness studios can open for solo and drop-in activities, one-on-one training, and indoor fitness classes.
- Additional safety measures include:
  - Trainers and instructors may be able to come within 3 metres distance of a client/participant for brief moments to correct form or help demonstrate. However, they must be masked during the interaction and sanitize hands before and after.
  - Masking is still required when not engaging in the fitness activity

## Youth day and overnight camps

- Camps can operate with cohorts of 50 or fewer participants.
  - Cohort is a group of participants and staff who stay together for duration of camp
  - Camps can have multiple cohorts (no capacity limit) but cohorts must be separated at all times

**What to do if you have a positive COVID-19 case or are a close contact of a positive case?**

**CONTACT 811 IF YOU HAVE A POSITIVE COVID-19 CASE OR ARE A CLOSE CONTACT FOR FURTHER DIRECTION AND NEXT STEPS FOR YOUR TEAM.**



**\*Please note: Baseball Alberta insurance will only be valid for all baseball activities that follow the current public health measures and for participants who are registered with their local Baseball Alberta Association. The required waiver forms for players are included in the RAMP registration set up. For Associations not using RAMP as their main registration platform, please download the appropriate waivers from the Baseball Alberta website.**

**ALL participants (coaches & players) must sign:**

- Return to Baseball Questionnaire and Attestation
- Waiver / Acknowledgement of Risk (17 & Under) to be signed by parent or legal guardian
- Waiver / Acknowledgement of Risk (18 & Older) to be signed by player or coach
- Individual Contract Tracing Log – to be completed within 4 hours of start of session.
- Association Contract Tracing Log – to be completed by responsible adult for each session.

**Associations must collect and store all forms as well as track all individual and group sessions using the Contract Tracing Logs.**

For further details regarding the new stronger public health measures please visit:

<https://www.alberta.ca/enhanced-public-health-measures.aspx>

