



LMHA Junior Coach Policy -February 2024

Junior Coaches are defined as any on ice helper or coach under the age of 18 that helps with any LMHA team.

To become a junior coach you must first register as a coach with LMHA. Once registered your application will be sent to the directors for the level which you have applied for. The head coach of a team must reach out and invite you to help with the team. The head coach is to notify LMHA registrar. The registrar will notify the coach once you have completed any required courses and are properly registered to the team. Once this is complete you may participate in practices with the team. Junior coaches with Respect in Sport coach may help out on the bench for games.

Hockey Alberta requires any coach, including those under 16 years of age and minor hockey players, to take Respect in Sport Activity Leader (RIS-AL) or wear full equipment.

1) Any on ice helper without RIS-AL will need to wear full equipment.

2) On Ice Helpers under 12 years of age as of Dec 31 of the current hockey season will need to wear full equipment regardless of RIS.

3) On Ice Helpers that play for Lacombe Minor Hockey and are over the age of 12 but under the age of 16 can take RIS-AL or wear full equipment. On-Ice helpers are to notify the Registrar of their choice.

4) All on ice helpers over 16 years of age as of Dec 31 of the current hockey season must take RIS-AL

5) All on ice helpers that do not currently play for Lacombe Minor Hockey or CAS must take RIS-AL whether or not they wear full equipment.

Once a coach has RIS-AL, and is over the age of 12, they are only required to wear a helmet, gloves and skates.

Lacombe Minor Hockey will reimburse junior coaches for the cost of Respect in Sport Activity leader.