

Lacombe Minor Hockey Association

COVID 19 - Facility Use and Attendance Guidelines



Updated October 13, 2021

The philosophy of the LMHA is to provide a hockey program, which encompasses fun, development, competitiveness and challenge for all players. During this COVID-19 crisis, LMHA is aiming to enhance the development of all players while offering a safe space for our hockey players, coaches, and spectators. These guidelines are meant to provide direction in using facilities used by LMHA.

Please note these guidelines are subject to change based on information from Alberta Health Services, Hockey Alberta, City of Lacombe and Lacombe Minor Hockey Association. Updates will be made on an as needed basis and most current information will be given to your director. These guidelines are only meant as direction, the most current [Alberta Health Services Guidelines](#) should be followed.

Furthermore, while these are the guidelines for the City of Lacombe facilities, our members will be required to follow all the rules, regulations, and guidelines of any facility our teams visit. In many cases, this will include facilities who are following the REP program. Parents and possibly participants will be required to provide vaccination records or a negative COVID-19 PCR test from within the previous 72 hours in order to visit some of these facilities in order to watch or participate in games. These are decisions from the community we visit, and their choices are to be respected.

General Guidelines for LMHA Facility Users for Lacombe Arena

- The direction from The City of Lacombe is to remain within the Capacity restrictions
- Spectator seating is limited to 1/3 the Fire Code Capacity
 - **Front Ice** limited to 500
 - **Back Ice** limited to 100
- Measures for adult (over 18) sport, fitness, and performance activities include:
 - Indoor group classes and activities are **not permitted**
 - Indoor competitions are paused except when vaccine exemptions have been granted
 - Indoor one-on-one training and solo activities are allowed with 3 meters physical distancing

Head Coach/Assistant Coach/On-Ice Responsibilities

- All coaches must wear a mask at all times in the dressing room
- Coaches should wash their hands thoroughly before and after tying player skates
- During games, All coaches must wear a mask on the bench at all times

Prior to attending an ice session/team event:

- Prior to attendance, all players must complete a COVID-19 Symptoms Screening Questionnaire which is found on the RAMP Team app
- Symptom Screening Questionnaires will be monitored by the teams designated coordinator
- Players will not be allowed on the ice without completing the screening questionnaire
- If a player does not pass a health check or are advised by Alberta Health Services not to attend an event, please do not attend the event and follow the steps as laid out by Alberta Health Services

Player/Participant Responsibilities

- All players must wear a mask at all times in the dressing room up until they are to enter the ice surface
- Two (2) meters distance is to be maintained between players except while engaging in Physical Activity
- All players must have their own water bottle marked with their name
- Do not share water bottles
- Spitting is not permitted in any part of the facility
- If you test positive for COVID-19 LMHA asks that you report this to your team right away so actions can be taken to make sure the rest of the team is safe. We are working diligently to make sure we can avoid spread amongst members
- Please follow all isolation guidelines before returning to participation with your team
- If anyone in your home tests positive for COVID-19 you are required to isolate at home and follow any directions from Alberta Health Services before returning to team activities.

Spectator/Parent/ Guardian Responsibilities:

- Spectators are encouraged to complete a [COVID-19 Health Daily Checklist](#) prior to entering any facilities. Please do not attend any LMHA event should you feel unwell at all and follow the steps as per Alberta Health Services and current testing protocols.
- All spectators are expected to sanitize their hands upon entering the facilities
- **Masks are required** in all spaces of the facilities including washrooms, dressing rooms, lobby, and in spectator seating by **all patrons 3 years and older**
 - Exceptions include those under 2 years of age or an individual who qualifies for medical [Mask Exemptions](#). Please follow the link for more information.

- Spectator attendance is restricted to ⅓ the Fire Code Capacity and will be monitored by the designated team coordinator
- Attendees are limited to a single household or two (2) close contacts if living alone in spectator seating
- Two (2) meters physical distancing must be maintained between households in spectator seating
- Masks must be worn at all times in spectator seating.
- Spectators will be given one warning to replace mask if not being worn in any part of the facility, a second offense will result in the spectator and/or spectator group being asked to leave the facility

Dressing Room/User Responsibilities:

- As mentioned above, all players, coaches, and parents must remain masked at all times in the dressing room.
- Players may remove their masks when they put their helmet on, coaches may remove their masks once they step on the ice

If it is found that the user has not followed these guidelines, those of Alberta Health Services or Hockey Alberta, the user may be fined or may lose their ice times for the rest of the 2021-2022 season. **Any fines incurred to Lacombe Minor Hockey Association from a visiting team will be forwarded to the offending party and must be paid before they can return to the facility.**

For any more information or clarifications, please email our Safety Coordinator, Nicole Fauria, at lacombehockeysafety@gmail.com.