

Lacombe Minor Hockey Association



COVID 19 - Facility Use and Attendance Guidelines

Updated November 19, 2020

The philosophy of the LMH is to provide a hockey program, which encompasses fun, development, competitiveness and challenge for all players. During this COVID-19 crisis, LMHA is aiming to enhance the development of all players while offering a safe return to hockey. These guidelines are meant to provide direction in using facilities used by LMHA.

Please note these guidelines are subject to change based on information from Alberta Health Services, Hockey Alberta, City of Lacombe and Lacombe Minor Hockey Association. Updates will be made on an as needed basis and most current information will be given to your director. These guidelines are only meant as direction, the most current [Alberta Health Services Guidelines](#) should be followed.

General Guidelines for LMHA Facility Users for Lacombe Arena:

- If your event is on Arena #1 please enter and exit through the main lobby doors. If your event is on Arena #2 please enter and exit through the back ice doors
- The two arena surfaces are considered separate facilities. There is no access through the interior doors. Users that want to access the other ice surface must exit the facility through the parking lot and enter the appropriate doors.
- Everyone must use hand sanitizer upon entering and exiting the facility
- Every participant, coach and spectator including siblings are signed in to every session
- Managers or the assigned person must monitor spectator capacity and ensure spectators are only in the assigned area, currently east bleachers on front and the bleachers on back ice.
- The **On-ice Capacity** on each ice surface is **50**. This includes all coaching and on-ice staff.
- The **Facility Capacity** is **100 for the Front Ice** and **75 for the Back Ice**. This includes spectators and timebox officials. Please allow for 50% of the capacity for the visiting team.
- No gathering or waiting anywhere in the facility. After the ice session, spectators must go directly to their vehicles to wait. Do not wait in the lobby, the pool lobby, by the exit doors or the hallways.
- LMHA is responsible for both home and visiting teams, please ensure players/coaches/spectators from both are adhering to the guidelines
- Please do not attend the event if you are ill or show any of the symptoms listed for Covid-19 on the AHS website

Dressing Room/User Responsibilities:

- Users are allowed to enter the dressing rooms **30** minutes prior and must leave within **30** minutes following their scheduled ice time.
- There is no dryland training in the arena facility

- Dressing rooms including their washrooms are only to be used by players and members of the assigned cohort.
- Attendees must refrain from spitting and clearing their nasal passages during activities, in the facility, ice surface, hallways and dressing rooms, there is zero tolerance for this and, may result in fines from the City of Lacombe
- Dressing rooms must remain spotless, no garbage, tape, or personal items are to be left on the floors upon exit. Coaches will be in charge of ensuring the rooms are left spotless. The City of Lacombe is permitted to levy fines for dressing rooms left untidy
- Only one participant may use the dressing room bathroom at one time and one person in the shower area
- There is no limit to dressing room capacity for cohorts or if masks are worn.
- When not in cohort, 13-15 people max in front dressing rooms and 6 people max in back dressing rooms if no masks are worn.
- Bags cannot be left at the facility following morning practices or for children after school, the lobby area is closed
- Water bottles must be clearly marked and cannot be shared
- Water bottle fill stations will be available but water fountains remain closed
- Roller guards are allowed in the facility
- No gathering in lobbies or hallways
- If it is found that the user has not followed these guidelines, those of Alberta Health Services or Hockey Alberta, the user may be fined or may lose their ice times for the rest of the 2020-2021 season.

Spectator/Parent/ Guardian Responsibilities:

- Parents/Guardians/Siblings are allowed to enter the spectator area up to 10 minutes prior to ice time and must leave immediately following the ice time.
- Spectators must be signed in with their teams spectator designate for every ice session. They must list everyone attending with them including other children along with an email address to contact them.
- Children under the age of 12 must be in the company of an adult at all times. Siblings coming in the building must remain with parents at all times. If children under the age of 12 are found around the facility without an adult they will be asked to leave.
- Spectators are encouraged to wear masks
- Cheering and yelling is discouraged at this time
- Only the east bleachers are available for spectators, the remaining bleachers will remain closed to the public
- Unless from the same cohort, spectators must remain 2 metres apart at all times
- Spectators may be asked to leave the facility at any time should the bleacher capacity be reached
- For U11 to U18 cohorts' parents are **not allowed** in dressing rooms unless they are listed as a coach for the cohort/group.
- For U5 to U9 cohorts one parent/guardian is allowed in the dressing room **but must be wearing a mask** and must adhere to the dressing room capacities. Parents are asked to tie skates and leave, do not loiter in the dressing room.
- No other children allowed in the dressing rooms other than the players
- Chairs will be available in the hallway for getting children ready outside the dressing rooms
- Lacombe Minor Hockey Association as the user of the City of Lacombe Facility is responsible to ensure guidelines are followed by all players, coaches, officials and spectators.

- If spectators are not following these guidelines, those of Alberta Health Services or Hockey Alberta, it may result in being expelled for the remainder of the event or all spectators being prohibited from future events.

Head Coach/Assistant Coach/On-Ice Responsibilities

- All coaches must wear a mask at all times in the dressing room
- Coaches should wash their hands thoroughly before and after tying player skates
- Coaches will be in charge of ensuring the rooms are left spotless. Coaches need to be the last to leave and check the room
- Coaches will not be given a separate dressing room and must use the same dressing room as the players. If you are having outside on-ice facilitators attend your session (ie. CrossIce, JB Power Skating, etc) let the rink attendants know and you will be given a second room for them

Prior to attending an ice session/team event:

- Please review the [Hockey Alberta Covid Symptom Flow Chart](#) prior to your ice time and follow its guidelines

What to do if a player does not pass the health check-in or shows symptoms during training session:

- Do not attend the event if you do not pass a health check in, are advised through the HA covid symptom flowchart or advised by Alberta Health not to attend
- If a participant shows symptoms during an event the participant will be masked, person aiding the participant must also mask, they must immediately be separated from the group and parent/guardian will be called for immediate pickup
- Everything touched by the participant must be disinfected
- Participant is to report to Alberta Health and follow their guidelines

Non-compliance

These guidelines are not optional. Suspension or fines from the City of Lacombe, Lacombe Minor Hockey Association and Hockey Alberta may be levied for non-compliance.