



RINGETTE QUESTIONS???? THINGS YOU MAY NEED TO KNOW....

Can my 4 year old play?

Yes 4 & 5 year olds play on our U6 team, where they learn to skate and learn ring control. Practices are usually once per week and there is one jamboree game (fun half ice games) every 2 weeks. This program is intended to teach skills and growth. Practices will be EITHER Tuesday or Thursdays from 3:45 – 4:30pm.

What kind of equipment does my child need to play ringette?

(Please see next page)

What are the registration fees?

Born in...	Level	AGM attendance discount* (July 2021)	Late registration* (after Sept 15 th , 2021)
2017 2016	U6	\$175	N/A
2015 2014 2013 2012	U10* (Step 1, 2 and 3)	\$485	\$585
2011 2010	U12*	\$500	\$600
2009 2008	U14*	\$500	\$600
2007 2006	U16*	\$500	\$600
2005 2004 2003	U19*	\$500	\$600

*First time players receive a discounted rate of \$350 – This means that the first year your player plays ringette with our association (U10 and up), registration fees are discounted for THAT year only.

When would practices be?

For the most part, 7-9 year old players will practice Tuesdays and Thursdays at 3:45 or 4:45pm (alternating 2 practices and then 1 practice per week). U6 will practice on Tuesday OR Thursdays, with a start time of 3:45 or 4:45.

How often would there be games?

U10 and under - Usually one game per weekend, either Saturday or Sunday. The games are played in Lacombe, Blackfalds, Clive or Red Deer. U10-3 and up will travel to Red Deer and Edmonton (and surrounding area)

What other expenses are incurred throughout the season?

Teams may decide to do a couple of Away tournaments. This may involve a one- or two-night stay in a hotel. Registration fees for tournaments are not included in Lacombe Ringette registration fees and are paid by the team, but are often subsidized by team fundraisers. Lacombe Ringette hosts one tournament at which fees are paid by the association.

How much volunteer time/what type of volunteering is expected from parents?

To help offset high ice costs and to keep registration fees low, parents are required to participate in an association-wide fundraiser happening in mid-November. (Details TBD) You may be expected to work a casino shift (once every 2 years). Parents are also asked to take turns scorekeeping/timekeeping for home games and at our Lacombe tournament.

Necessary equipment:

- helmet (with ringette face mask)
- shoulder pads
- elbow pads
- shin pads
- pelvic protection (girdle for girls, jock strap for boys)
- ringette pants (to fit over pelvic protection and shin pads) OR hockey pants (in which case hockey socks are also required)
- neck guard
- gloves
- skates (no picks)
- ringette stick

Where can I get my equipment?

-Red's Sports in Lacombe is EXCELLENT at providing all equipment and skate sharpening!

-Join the Lacombe ringette Facebook page and Buy/Sell group for buying used equipment

Red Deer:

- **Play it Again Sports**, where they sell new and used ringette equipment.
- **Gord's First Line Sports**, Tel: (403) 341-3699
- **Ringette Central**, Tel (403) 358-6508, www.ringettecentral.com

Out of Town:

- The Ringette Store** in **Calgary** has a small selection of used equipment, but also carries new.
- United Cycle in **Edmonton** carries a good selection of new ringette equipment.