

HOW DO I BECOME A COACH?

Ringette Canada offers the following NCCP workshops:

U10 AND BELOW

Community Sport – Initiation: First-time coaches and recreational-level ringette coaches will learn to create fun, safe environments while gaining a broader understanding of the game of ringette through this 10 hour in-class and on-ice workshop.

Community Sport Initiation

This workshop will give you all of the tools you need to hit the ice with confidence as a first-time ringette coach.

Over the course of 10 hours, this in-class and on-ice workshop will help you:

- Understand the level of athlete you are coaching (typically children from U9 to U12);
- Equip you with the basic tools to plan safe, fun, and effective practices;
- Show you how to teach basic ringette skills in a fun and inclusive way.

WHO SHOULD TAKE THIS WORKSHOP?

- Anyone with limited or basic ringette experience who wants to get involved at the community level to coach;
- Parents/guardians volunteering with their child's ringette program;
- Coaches of recreational ringette.

WHO WOULD YOU COACH?

You would coach players with little to no previous ringette experience – typically children in the FUNdamentals and/or Learn to Train stages of Long-term Athlete Development (LTAD).

U12 AND ABOVE

Competition – Introduction: Designed for coaches of U12 and higher, this in-class and on-ice workshop will prepare coaches to plan and execute fun and safe practices while introducing them to the technical and tactical elements relevant to ringette. Coaches will learn how to plan an entire season for their players by developing a deeper understanding of the guiding principles of LTAD while continuing to learn more complex technical and tactical skills for the sport.

Competition - Introduction

This two day workshop provides an exceptional foundation for your coaching career and introduces new coaching methods that will enhance both your coaching and your program's effectiveness.

Through a mix of classroom and hands-on learning on the ice, this course focuses on:

- Preparing coaches to plan and execute fun and safe practices for their players;

- Introducing and learning more complex technical and tactical elements relevant to ringette;
- Providing an opportunity for coaches to practise the above elements on the ice;
- Preparing coaches to plan for an entire season of ringette, ensuring their athletes abilities progress over the course of the season;
- Ensuring coaches are aware, and understand the guiding principles of Long-term Athlete Development (LTAD) in order to appropriately plan their seasons.

WHO SHOULD TAKE THIS WORKSHOP?

- Coaches working with competitive youth players in U12 and higher;
- Recreational ringette coaches working with older athletes in the Active for Life stage of Long-term Athlete Development.

[COACH INITIATION IN SPORT EMODULE](#)

Coach Initiation in Sport online module is a first step on your coaching pathway in the NCCP. If you are a new coach or a parent interested in getting involved in coaching, this online module is the perfect way to set yourself up for success.

The Coach Initiation in Sport online module is designed as an important introduction to the key coaching concepts and educational tools that are the foundation of the NCCP. Coaches will learn the fundamentals of coaching as it explores topics including long-term athlete development, ethics, coaching motivation, and athlete safety and wellness. The module remains an excellent informational resource for coaches which they can revisit at any time after successful completion of the module.

Access this fundamental resource, which will take approximately 1 hour to complete. This course costs \$15

Please note: all ringette coaches must complete this module prior to taking any other NCCP community sport-specific workshops.

Where do you start?

It's easy! Use the tool in the link and you're only ***3 clicks away*** from your future as certified coach!

<https://www.coachingringette.ca/index.php?page=325>