

**COVID-19 RELATED USER GUIDELINES**  
Lacombe Ringette Association  
Gary Moe Auto Group Sportsplex  
Echo Energy Arena 1 & Echo Internet Arena 2  
Effective October 13, 2020

---

In addition to the facility's regular user guidelines, the following guidelines have been developed to reduce the risk of transmission of COVID-19 among recreational organizations and user groups, and will be in effect until further notice.

It is the organization/user group's responsibility to ensure you are meeting or exceeding provincial requirements before and during use of the facility. For more information on provincial guidelines please visit [www.alberta.ca/guidance-documents.aspx](http://www.alberta.ca/guidance-documents.aspx).

In addition to following the Government of Alberta's guidance, if your activities are sanctioned by, or affiliated with, a provincial or national organization, you also need to ensure you are complying with your governing body's guidelines.

**General Guidelines & Considerations:**

**Points of Entry & Controlling Access**

- Use hand sanitizer or wash hands upon entering and leaving the facility.
- Participants may arrive no more than 30 minutes prior to booking and leave within 30 minutes after booking and required to maintain physical distancing.
- No gathering in arena lobby or hallways.
- Arena Entrance and Exit: Main doors or back arena #2 doors
- The User must provide a list of the Cohort groups to the City
  - a) The User must follow all the guidelines of a cohort as per AHS.
  - b) If it is found that the user has not followed the AHS guidelines for a cohort, the user may lose their ice times for the rest of the 2020-21 season and beyond.

## **Dressing Rooms**

- It is recommended that participants come dressed if possible, but not mandatory.
- Dressing rooms will be available 30 minutes prior and 30 minutes after ice time. Please do not arrive at the facility any earlier than times allotted.
- Showers are available in dressing rooms, max 1 person at a time in shower area.
- Only coaches and players (members of the cohort) are permitted in the dressing rooms.
- Room capacity – no limit in rooms for members of a cohort.
- If user group is not cohorted, 13-15 people max in each front dressing room 6 people max in each back dressing room if no masks are worn.
- Maintain a minimum of two-metre distancing from one another where possible or wear a mask if not possible.

## **Spectators**

- Spectators are encouraged to wear masks.
- Only East arena bleachers are available for spectators. The remainder of the bleachers will remain closed to public.
- Unless from the same household or cohort, spectators must maintain a minimum of two-metre distance from one another at all times.
- Cheering and yelling is discouraged at this time.
- Limit spectators to one per player if possible, limit siblings and extra spectators.
- Spectators may be asked to leave the facility if at any time if bleacher capacity is reached.
- Organizations are responsible to ensure guidelines are followed by players, coaches, officials and spectators.

## **General**

- Water fountains will not be available; however, water bottle fillers are available in hall way.
- Warm up space is **NOT** available in the facility.
- Limit the use of shared equipment. Equipment should be cleaned regularly.
- Participants should not share any personal items.
- Cleaning of the facility is done frequently and between bookings.

### **Participants, Coaches, Instructors, Staff, Volunteers, Officials**

- Participants must proactively and regularly monitor for symptoms. Symptomatic individuals are prohibited from participating.
- No more than 50 people are permitted on the ice surface at the same time including referees and coaches.
- No handshakes, high fives, fist bumps, chest bumps, or any celebratory activity that brings participants within two-metres or promotes contact.
- Water bottles must be labelled with the name of the owner. Do not share water bottles.
- Spitting is prohibited.

### **Communications**

- Communicate to all participants (coaches/staff, instructors, officials, participants and guardians, volunteers) about the risk of COVID-19 and practices that should be undertaken to mitigate risk.
- Organizations must provide first aid response to their participants along with the appropriate personal protective equipment, including mask and gloves. If someone from your association becomes symptomatic, a Rapid Response Form must be filled out and process followed (located in the isolation room).
- Should there be an outbreak in the Facility; the facility may close with less than 24hrs notice. Every attempt will be made to notify the User with as much time as possible in regards to a closure.
- At any time, City guidelines can change depending on Alberta Government Protocols. Any changes will be communicated promptly.
- Non-compliance to AHS guidelines will result in first a verbal warning, second written warning, and lastly cancelation of ice times.

### **Public Health Recommendations**

- Participants, coaches, instructors, officials or volunteers who become symptomatic during an activity are required to isolate from others and must return home immediately.
- Organizers must have and submit to the City of Lacombe, Recreation Department their rapid response plan in place to manage symptomatic participants, spectators and staff/coaches/officials.
- To support public health contact tracing efforts in the event that an attendee tests positive, organizations should consider collection the names and contact information attendees and must notify the City of Lacombe immediately.