11U - Pitch Count

Date:	
Location:	
Home Team:	
Visiting Team:	
Counted by:	

JERSEY #	**HOME** Player NAME	PITCHES THROWN	⇦ HOME AWAY ⇨	JERSEY #	**AWAY** Player NAME	PITCHES THROWN

Maximum DAILY pitches / Nights (sleeps) REST REQUIRED **(11U - formerly Mosquito)**
1-25 pitches = no rest • **26-40** pitches = 2 night rest • **41-55** = 3 nights • **56-65** = 4 nights • **66-75** = 5 nights
PITCHERS MAY NOT EXCEED 75 pitches per day