



# Lakeland Code of Conduct

This year as a PARENT / GUARDIAN I agree to...

- 1) Remember that my child plays for their enjoyment, not mine.
- 2) Teach my child to Honor the Game. I will reinforce fair play, respect for the letter and spirit of the rules, respect for the officials and our opponents.
- 3) Never ridicule or yell at my child or his / her teammates for making a mistake or losing a competition.
- 4) Turn defeat into victory by emphasizing the value of honest effort, skill improvement and fair play to my child.
- 5) Never ridicule or yell at the coaches or officials for making a mistake.
- 6) Applaud all good plays for both my child's team and the opponents.
- 7) Let my actions speak louder than words and set a good example of fair play with my behaviour.
- 8) Support all efforts to remove violence from children's sport.
- 9) Show my appreciation of volunteer coaches by allowing them to coach my child without interference (i.e. coaching from the sidelines).
- 10) Get recommendations and a note from a physician or physiotherapist before allowing my child to participate following an extended injury (i.e. any injury that keeps them out for greater than 1 week). I understand that the Head Coach needs a copy of this note before my child may resume participation again in practices or games.
- 11) Provide feedback regarding the community and district programs. I agree to be honest and fair when providing this feedback.
- 12) Resolve conflict by first talking directly to the coach(s) away from the rest of the team. If this does not resolve the conflict, I will schedule a Parent/Coach Meeting with the community association, the district association or District Head Coach where a formal conflict resolution plan will be established.
- 13) Follow the 24 Hour Rule when expressing concerns to any member of the coaching staff, parents on our team, association volunteers or staff. Furthermore, that I will attempt to get both sides of the story before coming to any conclusions associated with the coaching of my child.
- 14) I will strive to avoid making negative comments about my child's coach(s) in front of my child. I understand that this will help to avoid planting seeds in my child's head that may negatively influence their motivation and overall experience.

I understand that by signing this document I agree to all the items above. Furthermore, that I am responsible for ensuring that other family members adhere to the same standards when attending games or practices.

**Player's Name (print)**

\_\_\_\_\_

**Player's Signature**

x \_\_\_\_\_

**Parents Name (print)**

\_\_\_\_\_

**Parents Signature**

x \_\_\_\_\_

**Date**

\_\_\_\_\_

**Date**

\_\_\_\_\_